November/December 2026

Senior Notes

A bimonthly publication for members of the Yellow Springs Senior Center

Yellow Springs Senior Center

Volunteer service and financial contributions are vital to the operation of the Senior Center

227 Xenia Avenue, Yellow Springs, OH 45387 • 937-767-5751 • ysseniors.org

Director's Comments

Gratitude and kindness season is here…does it sometimes feel that way? Suddenly the days get shorter and colder, there are imminent holidays and a ridiculous amount of consumerism encouraged. While we strive to show our appreciation for the work of volunteers and generosity of donors all year long, we do enjoy this annual opportunity to brag on the kindness of our YSSC supporters.

Please take a moment to look over the list on page 10 of the many kind people who have helped this year in more ways than we can list. Almost everything YSSC does is aided by volunteers, and about half of our funding comes from generous donations. This year was a landmark for both. We have already set new records in 2026 for the number of volunteers, hours of volunteer service, number of members, and how many rides we provided.

Our reliance on the community's financial support of our operations (staffing, equipment, utilities, etc.…) is something we never take for granted. Response to our Annual Appeal is humbling every year, but especially this year as we know the cost of living has been getting tough. Thank you to each person who has helped to fund our services and programs. We do our best with those funds to improve the quality of life and health for as many people as we can.

Beyond the general operating support, though, has been a new landmark: we have purchased 108 Cliff Street and at last have a location that will serve the next several generations of seniors. There were many challenges along the way, requiring energies of dynamic and enthusiastic volunteers and donations from almost 100 people who share our vision for the building YSSC has needed for over 20 years.

The next few years will require even more – we'll be starting the much larger fundraising process to develop the plans and property. More volunteers, more hours, more donations. We won't necessarily get to see the gratitude of the people who benefit from our time and treasure, but we're going to keep building on the legacy provided by others who helped YSSC get to where we are now.

On that note, a heaping amount of gratitude is owed to Andree Bognar. Her vision for services for seniors helped to create much of what benefits the community and region today. She helped to form the Greene County Council on Aging, and later created the "Home Assistance Program" which continues today as YSSC's Supportive Services. Andree passed away in August, just shy of her 97th birthday. The programs and services she developed will continue to serve countless others for generations to come. Thank you, Andree.

Thank you to everyone who helps each other, regardless of the season.

– Caroline Mullin, Executive Director
937-767-5751 x 101, cmullin@ysseniors.org

Thank You

To our Square Dance sponsors: **Shelly Blackman Group Realtors/Plum Tree Real Estate Marketing, Conroy Funeral Home, Springs Market,** and **Reichley Insurance Agency/One Digital.** Thanks also to the band The Corndrinkers and square dance caller Ceal Turnbull!

CLASSES & GROUPS

Exercise, Movement, & Yoga

Gentle Movement & Stretch, ***Mon. 11 am,*** *Great Room*

Rock Steady Boxing*, *Mon. 12 noon*
For people with PD. *Great Room & Zoom*

Yoga*, *Mon. & Thurs. 1:30 pm,* *Great Room & Zoom*
Meditation and restorative practices as well as gentle yoga flows. All levels welcome.

Line Dancing, ***Mon. 5:30–6:30 pm,*** *Great Room*

Cardio & Strength, ***Tues. & Thurs. 11 am–12 noon***
At the John Bryan Center Community Gym, free for YSSC and SilverSneakers™ members.

Qi Gong, ***Tues. 1–1:45 pm & Fri. 1:30–2:15 pm***
Video used for instruction. *Great Room*

Dancing with Parkinson's*, *Wed. 2–3:15 pm*
For people with PD. *Great Room & Zoom*

Learn a Language

Advanced Beginner Spanish, *Mon. 4–5 pm,* *Zoom*

In Person Beginner Spanish, ***Tue. 4–5 pm***
To join class, contact JudithSkillings17@gmail.com. *Great Room*

Spanish, *Wed. noon–1 pm,* *Zoom*

Intermediate Spanish with Josefina, *Thurs. 4 pm*
Zoom, Contact JudithSkillings17@gmail.com.

All Level Spanish Class, ***Fri. 10 am,*** *Great Room*

German in Review, ***Tues. 3:30 pm,*** *Fireplace Room*

French Conversation, ***Wed. 3:30 pm,*** *In person*

Card & Strategy Games

Euchre Online, *Mon. & Wed. 1:30 pm*
Call Susan, 937-760-5925 for information. *Online.*

Community Games, ***Mon. 1:30–3 pm,*** *Fireplace Room*

Ping Pong, ***Mon. 3:30–5:25 pm,*** *Great Room*

Scrabble, ***Wed. 12:30–3:30 pm,*** *Fireplace Room*

Bridge, ***Wed. 6:30–9 pm,*** *Great Room*

Mahjong, ***Thurs. & Sat. 12:30–4 pm***
Thurs. is for experienced players and takes place in the Fireplace Room (tutorship available, contact Maggie); Sat. is in the Great Room.

Other Social Activities

Ukulele Club, ***2nd Mon. 7–9 pm,*** *Great Room*
Enter at the red door by the carport.

Explore YS on Foot, ***Tues., Nov. 3, 9 am***
Amy Harper's walking group will meet on the first Tuesday in November at Mary's Way.

Ukulele Group, ***Tues. 10–11:30 am,*** *Great Room*

Knitting & Crochet, ***Wed. 10 am–noon,*** *Great Room*

Feedback Group, ***3rd Wed. 4 pm,*** *Fireplace Room*

Golden Morning Walkers, ***Thurs. 9–10 am***
Meet at the Vernet building in Glen Helen.

Trader Joe's Trip, ***2nd Thursdays, 10 am–12:30 pm***
Ride in the Transit Van for a shopping trip to Trader Joe's. Minimum of 5; max of 11, $5 suggested donation. Register with Maggie.

Friday Lunch, ***Fri. 12 noon (arrive by 12:15 pm)***
From local chefs & restaurants. Free but donations are appreciated; registration ***not*** required. *Great Room*

Drawing Practice Group, ***Fri. 1–2 pm,*** *Fireplace Room*

Tech Help, ***Fri. 2:30-3:30 pm,*** *Fireplace Room*
Bring your passwords and devices.

Zen Friday, ***3rd Fri., 2:30 pm,*** *Great Room*
$15 per class, register to dione.greenberg@gmail.com.

Bingo, ***Last Friday of the month, 4–5:30 pm***
25¢ per card, must be 21. *Great Room*

UPCOMING EVENTS & NEW ACTIVITIES

Village Voices, ***3rd Thursday, 7 pm***

Nov 15: Linda Parsons, professional art appraiser, will discuss "Downsizing at Any Age." She'll cover what to consider when disposing of your tangible assets, or those of a loved one; what to look for and questions to ask when negotiating with professional disposal agents, including auction houses, galleries, consignment shops, and other venues; and how to avoid scams and rip-offs.

Village Voices is taking a break in December.

Programs meet in the Great Room and on Zoom. To get the Zoom link, register on MyActiveCenter.com, call 937-767-5751, or email info@ysseniors.org.

Lunch Bunch, ***1st Wednesday, 12 noon–2 pm***

The Lunch Bunch meets on the first Wednesday of the month from 12 noon–2 pm. RSVP to Maggie one week prior so group reservations can be made.

Nov 4: Piccolo Orsetto (Little Bear in Italian), a new breakfast, brunch, and lunch concept from the chefs of Meadowlark and Wheat Penny. Meet at 11:30 am at the John Bryan Center parking lot if you wish to carpool; otherwise meet at the location at noon. $5 suggested donation for use of van.

Dec 2: The Sunrise Café in Yellow Springs. Maggie will not be there and no need to RSVP.

Events

YS Brewery Community Cheers

Wednesdays in Nov. & Dec., 5–7 pm, starts Nov. 4

Join us at the Yellow Springs Brewery for Community Cheers. $1 from every full beer pour goes to YSSC.

Daytrip: Mr. Mac's Discount Grocery Outlet

Wednesday, Nov 11, 10 am–12 noon

Meet at the John Bryan Center parking lot on at 9:30 am to carpool to Mr. Mac's grocery. At least one hour will be given to shopping in this discount store, owned and operated by a YS family. Plus, Wednesday mornings are senior discount day!

Fall Prevention

Thursday, November 12, 3:30–4:30 pm, Great Room

Lynn Hardman will educate on fall prevention and floor safety with chair-based activities and Q&A.

Quarterly Dorothy Lane Market Trip

Wednesday, November 18, 10 am–12:30 pm

Ride in the Transit Van. Minimum of 5; max of 11, $5 suggested donation. Register with Maggie.

Ukulele Christmas Singalong

Sunday, December 6, 2–3:30 pm

Lyrics will be projected so everyone can join the singing, or just listen. Cookies and good company will be provided. Enter at the red door by the carport.

Holly Days at the Dayton Arcade

Wednesday, December 9, 3:30–8 pm

Let's keep the holiday tradition alive and head back to Holly Days at the Dayton Arcade followed by dinner at Wheat Penny. Meet at John Bryan parking lot at 3:30 if you wish to carpool to the Arcade. Reservations at Wheat Penny will be made for 6 pm; must RSVP to Maggie no later than Dec 1.

Classes & Workshops

Chronic Illness Support Group

Wednesdays in November, 10–11:30 am, starts Nov. 4

This group is intended to create a place where people can all come together, share what it is like to live with illness, and build a community to support each other. ***This is not a medical or treatment group*** and there will be no lectures or medical advice. Facilitator Chris Knotts brings more than 40 years' experience as a social worker and knows firsthand about living with illness. In the Fireplace Room; registration not required.

Movement Therapy

Wednesdays in November, 1–1:40 pm, starts Nov. 4

Debra Schoepflin leads this 4-class series, a form of activity and exercise that incorporates nervous system regulation, posture and movement architecture, somatic awareness, expressive movement, dance therapy, and more. In the Great Room. $8 per session; 25% to YSSC. Registration not required.

Let's Face It

Thursdays, 10–11:30 am, starts Nov. 5

Don Sak leads this 6-week portrait-drawing class in the Great Room. Max of 10; register with Maggie.

Phonophobia

Thursdays, 10–11:30 am, starts Nov. 12

4-week class led by Debra Williamson in the Fireplace Room. $10 suggested per class; 25% goes to YSSC.

Rides to the Polls on Tuesday, November 3 – If you need transportation to the YS precinct site on Enon Rd., contact us at 937-767-5751.

Greene County Council on Aging

Brain Blast

Greene County Council on Aging presents a fun afternoon for Greene County adults with prizes, appetizers, and drinks, along with brain stretching activities on the theme of "Comfort Food" on Wed., Nov. 4 from 2–4 pm. Cost to participate is a food pantry item and reservations required by Oct. 29.

Holiday Open House & Gift Shoppe

The Greene County Council on Aging's Holiday Gift Soiree will be held on Wed., Dec. 9 from 2–6 pm and Thurs., Dec. 10 from 11 am–4 pm at the GCCOA offices, 1195 W. 2nd St. in Xenia. Meet the staff and purchase unique handcrafted items and homemade treats. Free admission and no reservations needed.

Other GCCOA Events

- **Caregiver Support Group:** Mondays, Nov. 2 and Dec. 7 (first Mondays) from 4–5:30 pm at the First Presbyterian Church in Yellow Springs.
- **Grief & Loss Group:** Mondays, Nov. 9 and Dec. 8 (second Mondays) from 10 am–noon at Peace Lutheran Church in Beavercreek.
- **Memory Loss, Dementia & Alzheimer's Disease:** Wednesday, Nov. 11 from 2:30–4:30 pm at the Xenia Community Center (XCC) next door to the GCCOA Office.
- **Medicare 101:** Wednesday, Dec. 16, 2:30–4:30 pm at the Xenia Community Center (XCC) next door to the GCCOA Office.
- **Legal Chat:** Thursday, Nov. 19 and Dec. 17 (third Thursdays) at 2:30 pm at Peace Lutheran Church, 3530 Dayton-Xenia Road, Beavercreek. Enter at lower level door with awning.

Contact GCCOA with questions or to register for these events at 937-376-5486.

Grocery Delivery

The Senior Center shops for groceries weekly from Springs Market for anyone homebound due to transportation, mobility, or health issues.

Deliveries are on **Fridays** and **orders are due by 11 am on Thursdays.** Orders are accepted by:

- e-mail to info@ysseniors.org
- ysseniors.org/grocery-delivery-program
- calling 937-767-5751 Mon.–Fri. 9:30 am–4 pm

A credit card/debit card/EBT card is used. This is a free service; donations gratefully accepted.

"Embroidery Through Time" Fiber Art by Bette Kelley

November 5–December 28, 2026
Reception: Fri., Nov. 20, 5–7 pm

The YS Senior Center is featuring Embroidery Through Time" on display from November 5–December 28, 2026 in the Fireplace Room with a reception on Friday, November 20 from 5–7 pm.

Bette Kelley has been a lifelong artist and dancer. She comes from a family of artists and storytellers and has had a number of careers that include teaching. Her arts oriented careers have been doing stained glass, beadwork, and costuming. She's currently focused on textile art with an embroidery emphasis. Her inspirations come from nature and a fascination and love of color.

The show can be viewed during the Center's open hours Monday–Friday from 9:30 am–4 pm, unless there is a class in the Fireplace Room.

The Member's Show will be in March and April of 2027. More information about participating in that show will be in next month's newsletter.

The Ageless Art Auction will be held in early March. If you have art pieces you'd like to donate to the auction, contact Pam at 937-767-5751 or pgeisel@ysseniors.org.

NOVEMBER 2026

THURSDAY	FRIDAY	SATURDAY
5 9:00 — Golden Morning Walkers **10:00 — Let's Face It, p. 3** 10:00 — Poetry Writing† 12:30 — Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**6** 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help	**7** 12:30 — Mahjong **8**
12 9:00 — Golden Morning Walkers 10:00 — Let's Face It **10:00 — Phonophobia, p. 3** **10:00 — Trader Joe's, p. 2** 11:00 — Cardio & Strength (JBC) 12:30 — Mahjong 1:30 — Yoga* **3:30 — Fall Prevention, p. 3** 4:00 — Intermediate Spanish	**13** 10:00 — All Level Spanish Class 12:00 — Lunch & Birthday Celebration 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help	**14** 12:30 — Mahjong **15**
19 9:00 — Golden Morning Walkers 10:00 — Let's Face It 10:00 — Phonophobia 11:00 — Cardio & Strength (JBC) 12:30 — Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish **7:00 — Village Voices, p. 3**	**20** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help 2:30 — Zen Friday **4:00 — Bingo** **5:00 — Art Reception, p. 4**	**21** 12:30 — Mahjong **22**
26 **CLOSED for Thanksgiving**	**27** **CLOSED for Thanksgiving**	**28** **29**

- See page 2 for class descriptions
- Titles in Red are on Zoom
- Titles underlined* & with an * are both in person and on Zoom
- Zoom links are emailed one hour prior to participants registered through their account on **MyActiveCenter.com**
- Check for updates on **ysseniors.org/calendar** or **MyActiveCenter.com**

Turn over for the December calendar

DECEMBER 2026

MONDAY	TUESDAY	WEDNESDAY
Turn over for the November calendar	**1** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**2** 10:00 — Knitting & Crochet **12:00 — Lunch Bunch, p. 3** 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation 6:30 — Bridge
7 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**8** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**9** 10:00 — Knitting & Crochet 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* **3:30 — Daytrip: Holly Days, p. 3** 3:30 — French Conversation 6:30 — Bridge
14 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing 7:00 — Ukulele Club	**15** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**16** 10:00 — Knitting & Crochet 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation 4:00 — Feedback Group 6:30 — Bridge
21 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**22** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**23** 10:00 — Knitting & Crochet 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation 5:00 — YSSC Board Meeting 6:30 — Bridge
28 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**29** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**30** 10:00 — Knitting & Crochet 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation 6:30 — Bridge

DECEMBER 2026

THURSDAY	FRIDAY	SATURDAY
3 9:00 — Golden Morning Walkers 10:00 — Let's Face It 10:00 — Phonophobia 11:00 — Cardio & Strength (JBC) 12:30 — Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**4** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help	**5** 12:30 — Mahjong **2:00 — Ukulele Singalong, p. 3** **6**
10 9:00 — Golden Morning Walkers 10:00 — Let's Face It 10:00 — Phonophobia **10:00 — Trader Joe's, p. 2** 11:00 — Cardio & Strength (JBC) 12:30 — Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**11** 10:00 — All Level Spanish Class 12:00 — Lunch & Birthday Celebration 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help	**12** 12:30 — Mahjong **4:00 — Heartstrings Concert, p. 12** **13**
17 9:00 — Golden Morning Walkers 10:00 — Let's Face It 11:00 — Cardio & Strength (JBC) 12:30 — Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**18** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help 2:30 — Zen Friday **4:00 — Bingo**	**19** 12:30 — Mahjong **20**
24 9:00 — Golden Morning Walkers 11:00 — Cardio & Strength (JBC) **12:00 — CLOSING EARLY**	**25** **CLOSED for Christmas**	**26** **27**
31 9:00 — Golden Morning Walkers 11:00 — Cardio & Strength (JBC) **12:00 — CLOSING EARLY**		

- See page 2 for class descriptions
- Titles in Red are on Zoom
- Titles underlined* & with an * are both in person and on Zoom
- Zoom links are emailed one hour prior to participants registered through their account on **MyActiveCenter.com**
- Check for updates on **yssseniors.org/calendar** or **MyActiveCenter.com**

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY
2 9:00 — Daily Sketchbook† 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**3** ELECTION DAY **9:00 — Explore YS On Foot, p. 2** 10:00 — Ukulele Group 10:00 — Memoir Writing† 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal †*continuing class from Sept/Oct*	**4** **10:00 — Chronic Illness Group, p. 3** 10:00 — Knitting & Crochet **12:00 — Lunch Bunch, p. 3** 12:30 — Scrabble **1:00 — Movement Therapy, p. 3** 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation 6:30 — Bridge
9 9:00 — Daily Sketchbook† 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing 7:00 — Ukulele Club	**10** 10:00 — Ukulele Group 10:00 — Memoir Writing† 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**11** **10:00 — Daytrip: Mr. Mac's, p. 3** 10:00 — Chronic Illness Group 10:00 — Knitting & Crochet 12:00 — Spanish 12:30 — Scrabble 1:00 — Movement Therapy 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation 6:30 — Bridge
16 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**17** 10:00 — Ukulele Group 10:00 — Memoir Writing† 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**18** **10:00 — Dorothy Lane Trip, p. 3** 10:00 — Chronic Illness Group 10:00 — Knitting & Crochet 12:00 — Spanish 12:30 — Scrabble 1:00 — Movement Therapy 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation 4:00 — Feedback Group 5:00 — YSSC Board Meeting 6:30 — Bridge
23 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**24** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**25** 10:00 — Chronic Illness Group 10:00 — Knitting & Crochet 12:00 — Spanish 12:30 — Scrabble 1:00 — Movement Therapy 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation 6:30 — Bridge
30 11:00 — Gentle Movement/Stretch 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing		There's a large selection of Holiday cards available near the front desk from November 1–December 31. Other cards (birthday, get well, etc.) are available year-round for a nominal suggested donation.

†*continuing class from Sept/Oct*

The Pursuit of Peace

"We pray, not / for new earth or heaven, but to be quiet in heart, and in eye, / clear. What we need is here."

"Wild Geese," by Wendell Berry
From Selected Poems of Wendell Berry (1999)

The six-week window spanning late autumn to early winter holds a unique position on the calendar, hosting a number of deeply connected holidays connected by a single, evolving theme: the pursuit of peace.

The journey begins November 11 with Armistice Day, a solemn commemoration born from the silence that fell over the battlefields of World War I. At its core, this day represents a political truce – the physical laying down of weapons and the cessation of conflict. Armistice Day – now Veterans Day – brings to mind the "empty chair at the table" – offering to all a time of quiet reflection and remembrance, honoring the immense sacrifices required to halt violence and establishing a baseline for peace.

As November progresses, this political peace transitions into a social awareness of peace. Thanksgiving offers a "cri de coeur" – a cry from the heart – that communities and families reunite, gather and celebrate through acts of shared gratitude and resources. The focus shifts - transforming the quiet relief of a truce into the vibrant warmth of human connection. It reminds us that true peace does not – cannot – exist in isolation; it requires a welcoming table where we acknowledge our shared humanity.

Finally, the season culminates in December with many religious and cultural celebrations that elevate the concept of peace to a spiritual and universal ideal. Moving past signed treaties and festive tables, these voices champion the ultimate message of "peace on earth, good will toward men." These celebrations call for an internal transformation of the human heart, rooted in unconditional love, generosity, and hope for a harmonious world.

Our Festive Season offers not just a series of isolated holidays – but the gravitas of profound sequential steps toward an understanding of peace. Veterans Day secures the quiet safety of the home, Thanksgiving fills the home with gratitude and family, and Christmas – in accord with Hanukah, Laylat al-Raghaib and Kwanzaa – fills our dwellings with universal love. Together, they remind us that peace is a continuous journey and – as singer-songwriter Carrie Newcomer sings – *"Here and now we can be the beloved community. There is room at the table for everyone."*

– Robert Libecap, Transportation Manager
937-767-5751 x104, rlibecap@ysseniors.org

Medicare and Housing

We are still in Open Enrollment season and you have until December 7 to review your prescription drug plan or Medicare Advantage plan and make changes if needed. It is important to review your plan, because coverages may change from year to year. I am available to assist you in reviewing your current plan, comparing options and signing up for a new plan. There is a form to fill out, prior to your appointment, that can be found at ysseniors.org/medicare by scrolling to the bottom of the page. If you don't have access to a printer, you can stop by the Center and pick up a paper form.

The help you receive from the Senior Center is provided by OSHIIP volunteers and is unbiased, free, and not based on a commission. Please be very wary of advertisements on the television, insurance mail you receive that appears to be from Medicare and unsolicited phone calls from people claiming to be from Medicare. All of these may actually be marketing ploys trying to get a commission, and Medicare ***will not*** call you on the phone.

The Homestead Exemption Program provides seniors, surviving spouses, and disabled persons who meet certain criteria a reduction in their real estate taxes. Information about this program and an application can be found at the Greene County Ohio government website at greenecountyohio.gov/388/Homestead-Exemption.

– Stephanie Lawson, RN, Support Services Manager
937-767-5751, ext. 108, slawson@ysseniors.org

Slips, Trips, and FALL!

Climate changes have made huge and vastly different circumstances across the world. Torrential rain led to catastrophic landslides in Nepal. The lack of rain in numerous areas has caused the loss of miles and miles of acreage due to fires. Those are drastic events, however there are less dramatic results that affected us, for instance the rain left us Midwesterners with green grass throughout the summer and the promise of a majestic color display and an abundant amount of leaves this fall.

But beware. These leaves are a slipping hazard on sidewalks and driveways, both inside and outside of our homes. Help with sweeping the porch and the inside the home is an easy task our homemakers would love to take on; call us – we will help.

–Teresa Bondurant, Homemaker Program Manager
937-767-5751 x107, tbondurant@ysseniors.org

A BIG THANK YOU!

End of year thanks to volunteers – some work in the building, some lead classes, others drive passengers or make grocery deliveries. The over 5000 hours of unpaid labor provide much of the service of our organization. We apologize to anyone whose name was accidentally omitted.

Ven Adkins
Susan Alberter
Katherine Anderson
Catherine Annis
Joyce Reena Appell
Julie Arias
Diana Atkins
Sue Augustus
Brianna Ayers
Jim Bailey
Jill Becker
Angela Beltran
Amy Bennett
Shelly Blackman
Jane Blakelock
Dale Blanchard
Michael Blevins
Sherry Borke-Harding
Susan Bothwell
Karla Bristow
Andrew Brody
Kathleen Buck
Steve Bujenovic
Arati Cacciolfi
Mary Cargan
Berch Carpenter
Dawn Clark
Dianne Collinson
Robert Conard
Glen Courtright
Sarah Courtright
Linda Cox
Mark Crawford
Ed Davis
Emberlee Deal
Shiloh Deal
Steven Deal
Tom Degenhart
Bren DeLacy-Egan
Mark Delozier
Simone Demarzi
Susan Doubt
Deborah Downey
Margaret Dunn
Arida Emrys
Scott Fife
Judith Fors
Simon Freeman
Larry Gerthoffer
Alan Gilbert
Teresa Gill
Valerie Gomez
Theresa Graham
Dione Greenberg
Cammy Grote
Wayne Gulden
Gayle Gyure
Lynn Hardman
Lynda Hardman
Amy Harper
David Heckler
Erin Heilman
Luan Heit
Melissa Heston
Anacel Hidalgo
Kristine Hofstra
Anna Hogarty
Andy Holyoke
Beth Holyoke
Angie Hsu
Lee Huntington
Robert Huston
Chara Hutchinson
Kim Iconis
Artie Isaac
Francis Jennings
Jim Johnson
Kathy Johnson
Charles Keller
Bette Kelley
Jo Ann Kiser
Michael Kittles
Barbara Klopp
Mia Knight
Chris Knotts
Deborah Kociszewski
Melissa Kuhns
Lina Landess
Doug Lantry
Moira Laughlin
Pegeen Laughlin
Gabriele Leventhal
Todd Leventhal
Kathryn LeVesconte
Scott Lindberg
Peggy Lindsey
Brock Lubbers
Molly Lunde
Farzaneh Mader
Barbara Mann
Rebecca Mark
Ellen Marshall
Sara Martin
Aimee Maruyama
Linda Mates
Steve McColaugh
Kevin McGruder
Lawrence McKever
Nancy Mellon
Joyce Morrissey
Maxwell Mullin
Paul Mullin
Chris Murphy
Susan Neff
Sharen Neuhardt
Desiree Nickell
Paulette Olson
Harvey Paige
Gerald Papania
Laura Pardo
Linda Parsons
Cynthia Pauwels
Diana Quirk
Macy Reynolds
Roger Reynolds
Dorothy Rike
Patricia Robinow
Elizabeth Ross
Libby Rudolf
Donald Sak
Jane Sak
Albert Schlueter
Tania Sci
Jalyn Scott
Linda Scutt
Cynthia Shaw
Judith Skillings
Michael Slaughter
Mary Kay Smith
William Spohn
Marcia Sutherland
Jerry Sutton
Barbara Treadwell
James Treadwell
David Turner
Holly Underwood
Elizabeth Valenti
Pamela von Matthiessen
Malte von Matthiessen
Aamil Wagner
Ahmad Wagner
Amani Wagner
Pete Wehner
David Welsh
Maddie Welsh
Elizabeth Wiley
Jacinta Williams
Debra Williamson
Matthew Willis
Susan Wolf
Sam Young
Richard Zopf

Membership Dues

Fees are increasing in January 2027 to $40 annual membership and $20 for each additional household member. Anyone with difficulty paying may speak with Stephanie Lawson about available discounts.
Make check payable to YSSC.
Drop in door slot or mail to:
YSSC, 227 Xenia Ave., Yellow Springs, OH, 45387
Or pay online at: ysseniors.org/membership

Welcome NEW Members!

Corrine Bayraktaroylu • Susan Bules
Mary Dahl • Carol Eubanks
Jane Hockensmith-Reich • Anita Holihan
Robin Hull • Johnetta Kitzmiller
Tucker Malishenko • Michael McGue • Jim Orme
Pan Reich • Cleo Reporter • Catherine Reynolds
Michael Reynolds • Debbie Walters

Yellow Springs Senior Center

227 Xenia Avenue
Yellow Springs OH
45387

937-767-5751

www.ysseniors.org

Nonprofit
Organization
US Postage
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Permit No. 281
Xenia, OH 45385

Nov/Dec 2026

YSSC Services

- Transportation
- Support Services
- Homemaker Program
- Activities Program

CURRENT RESIDENT OR:

Senior Center Hours

Mon.–Fri. 9:30 am–4:00 pm

Closed: *New Year's Day, Martin Luther King, Jr. Day, Presidents' Day, Memorial Day, Juneteenth, Independence Day, Labor Day, Thanksgiving Day, Day after Thanksgiving, & Christmas Day. Closing at noon on Christmas Eve and New Year's Eve*

DONATE!

Mission: To enhance the dignity and quality of life of seniors in Yellow Springs and Miami Township and to foster interaction among them and with the community.

Heartstrings & Friends Holiday Concert

The musical group Heartstrings will present a holiday season concert at the Senior Center on Saturday, December 12 at 4 pm. The musicians, Mary Beth Burkholder, Linda Scutt and Carol VanAusdal perform instrumental and vocal music from the Celtic, Appalachian and Scandinavian traditions. Joining them will be guest musicians Mark Delozier, Asa Duffee, Cammy Grote, and Paul VanAusdal. Complimentary refreshments will be provided. Suggested donation of $20 benefits the Senior Center.