July/August 2026

Senior Notes

A bimonthly publication for members of the Yellow Springs Senior Center

Yellow Springs Senior Center

Volunteer service and financial contributions are vital to the operation of the Senior Center.
227 Xenia Avenue, Yellow Springs, OH 45387 • 937-767-5751 • ysseniors.org

Director's Comments

My sister has parachuted out of an airplane. I have not, but maybe after I'm 90, I'll be ready to give it a try. I've been saying that for a while. Will I be braver at that age? Will I feel more invincible? Certainly, my bones will be more fragile. Perhaps I will feel I have something left to prove, that I'm not done making memories yet.

Enclosed with this edition of the newsletter, you will find the 2026 edition of "Ripples" which includes stories, poems and perspectives of people you probably (or would like to) know. Many contributions tell of experiences of the authors, from childhood memories, through their youth and into their elder years.

We keep making memories together at YSSC, regardless of age. During the Annual Meeting in June, I asked members to describe YSSC in one word. Here are some of the suggestions: Fun, Inclusive, Fitness, Kind, Synergistic, Supportive, Authentic, Activities, Engaged, Good Food, Optimistic, Resourceful, Welcoming, Genuine, and Community. The essence of all of this is a group of people working together to make it happen. Our Center is just a building without all the people that work collaboratively to make the magic happen.

I wrote in the last newsletter that we were **optimistic** (see paragraph above) about being able to complete the purchase of 108 Cliff St during May. There have been some roadblocks in our way, the sale of the Livermore property became complicated, but we now have a buyer lined up. The Capital Campaign Committee is making connections with **community** members to help pull together the **supportive** donations to make this happen. There is an absolute deadline of Sept. 1 to complete the purchase or we lose the opportunity. If you would like to contribute to the Capital Campaign fund for this purchase, you can contact me or see the website for more info. We're getting closer each day…key word "**resourceful**" but need **genuine, kind, synergistic** collaboration to take us all the way.

My predecessors at YSSC knew that there would be a time we'd have to take the leap and leave 227 Xenia. There were concerns to postpone – were we strong enough (in funding, community support and membership)? Did we have the right plan? Did we explore every possible option? The building is loaded past capacity, and we can't push this plan off until later. We're packing the parachute and preparing to land in greener pastures.

I'm hoping that by the time I get to 90 I'm wise enough to know that jumping out of an airplane will not make my life any more meaningful. But if it just sounds like fun, I might go ahead and try it.

– Caroline Mullin, Executive Director
937-767-5751 x 101, cmullin@ysseniors.org

Thank you to 100+ Women of Greene County Making a Difference for selecting YSSC as the beneficiaries of their April contributions. Pictured are Jerry Sutton, Betty Ross, Caroline Mullin, Sandy McHugh, and Rebecca Morgann being presented with checks totaling over $14,700 which pays for most of the cost of the main building air conditioner replacement.

CLASSES & GROUPS

Exercise, Movement, & Yoga

Seated Exercise, ***Mon. 11 am,*** *Great Room*

Rock Steady Boxing*, *Mon. 12 noon*
For people with PD. *Great Room & Zoom*

Yoga*, *Mon. & Thurs. 1:30 pm**, *Great Room & Zoom***
Meditation and restorative practices as well as gentle yoga flows. All levels welcome.

Line Dancing, ***Mon. 5:30–6:30 pm,*** *Great Room*

Cardio & Strength, ***Tues. & Thurs. 11 am–12 noon***
At the John Bryan Center Community Gym, free for YSSC and SilverSneakers™ members.

Qi Gong, ***Tues. 1–1:45 pm & Fri. 1:30–2:15 pm***
Great Room

Dancing with Parkinson's*, *Wed. 2–3 pm*
For people with PD. *Great Room & Zoom*

Tai Chi/Qi Gong, ***Sun. 10 am*** **/Kung Fu,** ***Sun. 11 am***
$7.50 for members/$15 for non-member, per class. To register email master.gao@yahoo.com. *Great Room*

Learn a Language

Advanced Beginner Spanish, ***Mon. 4–5 pm,*** *Zoom*

In Person Beginner Spanish, ***Tue. 4–5 pm,*** *Great Rm*
To join class, contact JudithSkillings17@gmail.com

Spanish, ***Wed. noon–1 pm,*** *Zoom*

Intermediate Spanish with Josefina, ***Thurs. 4 pm***
Zoom, Contact JudithSkillings17@gmail.com

All Level Spanish Class, ***Fri. 10 am,*** *Great Room*

German in Review, ***Tues. 3:30 pm,*** *Fireplace Room*

French Conversation*, *Wed. 3:30 pm,* *in person & Zoom*

Card & Strategy Games

Euchre Online, ***Mon. & Wed. 1:30 pm***
Call Susan, 937-760-5925 for information. *Online.*

Community Games, ***Mon. 1:30–3 pm,*** *Fireplace Room*

Ping Pong, ***Mon. 3:30–5:25 pm,*** *Great Room*

Scrabble, ***Wed. 12:30–3:30 pm,*** *Fireplace Room*

Bridge, ***Wed. 6:30–9 pm,*** *Great Room*

Mahjong, ***Thurs. (Advanced) & Sat. 12:30–4 pm***
Thurs. in the Fireplace Room; Sat. in the Great Room.

Other Social Activities

Ukulele Club, ***2nd Mon. 7–9 pm,*** *Great Room*
Enter at the red door by the carport.

Ukulele Group, ***Tues. 10–11:30 am,*** *Great Room*

Knitting & Crochet, ***Wed. 10 am–noon,*** *Great Room*

Big Talk, ***Wed. 10:30–noon,*** *Fireplace Room*
The intimacy of listening and speaking.

Feedback Group, ***3rd Wed. 4 pm,*** *Fireplace Room*

Golden Morning Walkers, ***Thurs. 9–10 am***
Meet at the Vernet building in Glen Helen.

Friday Lunch, ***Fri. 12 noon (arrive by 12:15 pm)***
From local chefs & restaurants. Free but donations are appreciated; registration ***not*** required. *Great Room*

Drawing Practice Group, ***Fri. 1–2 pm,*** *Fireplace Room*

Tech Help, ***Fri. 2:30-3:30 pm,*** *Fireplace Room*
Bring your passwords and devices.

Zen Friday, ***3rd Fri., 2:30 pm,*** *Great Room*
$15 per class, to register send an email to dione.greenberg@gmail.com

Bingo, ***Last Friday of the month, 4–5:30 pm***
25¢ per card, must be 21. *Great Room*

Ethical Wills with Artie Isaac on Zoom
Thursday, July 23 at 11 am. Register with Maggie and zoom link will be emailed.

Village Voices, ***3rd Thursday, 7 pm, Great Room***

Jul 16: Rubin Battino will present stories and images of the history of Glen Helen over the past 60 years organized by seasons and locations. Poetry of Helen Birch Bartlett, for whom the Glen is named, will be incorporated into the presentation. To get the Zoom link, register on MyActiveCenter.com, call 937-767-5751, or email info@ysseniors.org.

Lunch Bunch, ***1st Wednesday, 12 noon–2 pm***

The Lunch Bunch meets on the first Wednesday of the month from 12 noon–2 pm.

July 1: Golden Lamb, 27 S. Broadway in Lebanon. Caroline will accompany the group for lunch then shopping at Peddler's Mall. Meet at 11 am at the John Bryan Center parking lot to carpool. Minimum of 6; max of 11. Register with Maggie, $10 suggested donation for use of van.

Aug 5: Dine locally at Ha Ha Pizza. Meet there at noon. Maggie will not be there for this one; no need to register in advance, just show up!

Events

Trader Joe's Trip

Second Thursdays, July 9 & Aug. 13, 10 am–12:30 pm

Ride the Transit Van for a shopping trip to Trader Joe's. Minimum of 5; max of 11, $5 suggested donation. Register with Maggie.

Cincinnati Art Museum, ***Thursday, July 16, 9:30 am–3 pm***

The Senior Center will take a trip to the Cincinnati Art Museum for a one-hour guided tour of special exhibit: *Elizabeth Hawes: Radical American Fashion.* Meet at the John Bryan Center parking lot promptly at 9:30 am so we can arrive in time for the 11 am tour. Lunch will be at the museum café. Max of 11 can ride in the Transit Van ($10 suggested donation). Register with Maggie by July 2.

YS History Tour, ***Wednesday, July 22, 10 am–noon***

Join Dr. Kevin McGruder for a driving tour in the Transit Van to learn about the history of the village. Max of 10. $20/person (split between YSSC and The 365 Project). Arrive by 9:45 am at the John Bryan Center parking lot. Register with Maggie.

Astrology Focused Mindfulness Game

Thursday, July 30, 10–11:30 am, Great Room

Tania Sci leads this group exploring how to consciously leverage the game everyone is already playing in this mindfulness game modeled on Kemetic-centric Astrology. The game does not teach astrology, instead participants embody it, while reaping the neuroplastic benefits such as: improved mood, connectivity and presence. Max of 12, register with Maggie.

Happy Hour at Yellow Springs Brewery

Tuesday, August 11, 4–6 pm

Join us for Happy Hour on the patio at Yellow Springs Brewery overlooking the bike path and YSSC's future home at 108 Cliff St. Register with Maggie so we can reserve a table for our group.

Daytrip: Siebenthaler Fen

Wednesday, August 19, 10 am

Siebenthaler Fen offers an accessible 1-mile trail with many opportunities for wildlife viewing. The newly reopened boardwalk is made from recycled plastic and fiberglass and includes an observation tower for a birds-eye view. Meet at the John Bryan Center lot at 9:30 am to ride in the transit van ($5 suggested donation). Max of 11, register with Maggie.

Classes & Workshops

Cultivating Compassion

Thursdays, 10–noon, Fireplace Room, starts July 2

This nine-week course led by Debra Williamson uses Pema Chodron's *Start Where You Are* as a guide to befriending ourselves, opening our hearts, and cultivating compassion. Participants will learn techniques to bring challenging experiences and emotions into our path and work with loving-

continued on next page

Thanks to everyone who came to May's Flash Mob and to Lynn Hardman for coordinating the event which featured music provided by the Yellow Springs Ukulele Club, the Senior Center's Ukulele Class, and local drummers. *Photo by Ben Guenther.*

kindness towards ourselves and others using weekly readings, journaling, and quiet reflection to open more fully and authentically. Suggested donation of $10 class with 25% to YSSC. Register with Maggie.

Taking Better Photographs
Thursday in July, 10–11 am, Great Room, starts July 2
Keith Longstreth leads this class on the first four Thursdays in July (2, 9, 16, and 23) and will explore the difference between a photograph and a snapshot which is "a photograph taken without preparation." Participants will learn the fundamentals of preparation by understanding how to capture, store, and present your images. Students must have their own camera with standalone cameras preferred (not phone). Max of 8, register with Maggie.

Seated Yoga
Thursdays in Aug., 10–11 am, Great Room, starts Aug. 6
This class is led by Lina Landess.

Travel Club
First Thursdays, 12–1 pm, Great Room, starting July 2
Join the Senior Center for a fun and engaging monthly social gathering where participants explore all things travel! Whether your adventures have been for leisure, business, family visits, or lifelong dream destinations, this is a great opportunity to share stories, memories, tips, and travel experiences with others. The long-term goal is to organize a future YSSC overnight group trip, but for now the focus is on connecting through conversation, exchanging ideas, and learning from each other's journeys. Meetings will begin monthly with additional gatherings and activities added as interest grows. Come travel the world through stories, friendships, and future possibilities! Register with Maggie.

Folk Dancing
First Tuesdays, 2–3 pm, Great Room, starting July 7
Jay Williams leads Folk Dancing on the first Tuesday of the month. Registration is not required.

Grocery Delivery

The Senior Center shops for groceries weekly from Tom's Market for anyone homebound due to transportation, mobility, or health issues.

Deliveries are on **Fridays** and **orders are due by 11 am on Thursdays**. Orders are accepted by:

- e-mail to info@ysseniors.org
- ysseniors.org/grocery-delivery-program
- calling 937-767-5751 Mon.–Fri. 9:30 am–4 pm

A credit card/debit card/EBT card is used. This is a free service; donations gratefully accepted.

"Into the Light" by Liz Mersky

July 2–August 31, 2026
Reception: Thu., July 2, 5–7 pm

The Yellow Springs Senior Center is featuring "Into the Light" a bit of retrospective of pastels and paintings by Liz Mersky on display from July 2–August 31, 2026 in the Fireplace Room with a reception on Thursday, July 2 from 5–7 pm.

"Into the Light" is a bit of retrospect, a small selection from a large and older body of work too long stored in the dark. Over the past 45 years of life and stewardship on a magical piece of ground just outside of Yellow Springs, her eyes are never short on beauty. These drawings and paintings are infused with the natural world within and around her. They are of the home front.

Proceeds from the sale of art will be donated to the local non-profit of the buyer's choice, with a suggested list of: the Yellow Springs Senior Center, Tecumseh Land Trust, World House Choir, the 365 Project, and Who's Hungry?

The show can be viewed during the Center's open hours Monday–Friday from 9:30 am–4 pm, unless there is a class in the Fireplace Room.

THURSDAY	FRIDAY	SAT / SUN
2 9:00 — Golden Morning Walkers **10:00 — Cultivating Compassion, p.3** **10:00 — Taking Better Photos, p.4** 11:00 — Cardio & Strength (JBC) **12:00 — Travel Club, p.3** 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish **5:00 — Art Reception, p.4**	**3** **CLOSED for Independence Day**	**4** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **5**
9 9:00 — Golden Morning Walkers **10:00 — Trader Joe's, p.3** 10:00 — Cultivating Compassion 10:00 — Taking Better Photos 11:00 — Cardio & Strength (JBC) 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**10** 10:00 — All Level Spanish Class 12:00 — Lunch & Birthday Celebration 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help	**11** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **12**
16 **9:00 — Cincy Art Museum, p.3** 9:00 — Golden Morning Walkers 10:00 — Cultivating Compassion 10:00 — Taking Better Photos 11:00 — Cardio & Strength (JBC) 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish **7:00 — Village Voices, p.3**	**17** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help 2:30 — Zen Friday	**18** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **19**
23 9:00 — Golden Morning Walkers 10:00 — Cultivating Compassion 10:00 — Taking Better Photos **11:00 — Ethical Wills, p.2** 11:00 — Cardio & Strength (JBC) 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**24** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help	**25** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **26**
30 9:00 — Golden Morning Walkers 10:00 — Cultivating Compassion **10:00 — Astrology Game, p.3** 11:00 — Cardio & Strength (JBC) 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**31** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help **4:00 — Bingo, p.2**	**AUG 1** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **AUG 2**

AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY
3 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**4** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong **2:00 — Folk Dancing, p.4** 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**5** 10:00 — Knitting & Crochet 10:30 — Big Talk **12:00 — Lunch Bunch, p.3** 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 6:30 — Bridge
10 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing 7:00 — Ukulele Club	**11** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish **4:00 — Happy Hour at YSB, p.3** 7:00 — YS Strings Rehearsal	**12** 10:00 — Knitting & Crochet 10:30 — Big Talk 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 6:30 — Bridge
17 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**18** 10:00 — Ukulele Group 11:00 — Cardio & Strength 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**19** **9:30 — Daytrip: Sieb. Fen, p.3** 10:00 — Knitting & Crochet 10:30 — Big Talk 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 4:00 — Feedback Group 6:30 — Bridge
24 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**25** 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**26** 10:00 — Knitting & Crochet 10:30 — Big Talk 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 5:00 — YSSC Board Meeting 6:30 — Bridge
31 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing		

THURSDAY	FRIDAY	SAT / SUN
6 9:00 — Golden Morning Walkers 10:00 — Cultivating Compassion **10:00 — Seated Yoga, p.4** 11:00 — Cardio & Strength (JBC) **12:00 — Travel Club, p.3** 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**7** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help	**8** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **9**
13 9:00 — Golden Morning Walkers **10:00— Trader Joe's, p.3** 10:00 — Cultivating Compassion 10:00 — Seated Yoga 11:00 — Cardio & Strength (JBC) 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**14** 10:00 — All Level Spanish Class 12:00 — Lunch & Birthday Celebration 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help	**15** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **16**
20 9:00 — Golden Morning Walkers 10:00 — Cultivating Compassion 10:00 — Seated Yoga 11:00 — Cardio & Strength (JBC) 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**21** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help 2:30 — Zen Friday	**22** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **23**
27 9:00 — Golden Morning Walkers 10:00 — Cultivating Compassion 10:00 — Seated Yoga 11:00 — Cardio & Strength (JBC) 12:30 — Advanced Mahjong 1:30 — Yoga* 4:00 — Intermediate Spanish	**28** 10:00 — All Level Spanish Class 12:00 — Lunch 1:00 — Drawing Practice Group 1:30 — Qi Gong 2:30 — Tech Help **4:00 — Bingo, p.2**	**29** 12:30 — Mahjong 10:00 — Tai Chi/Qi Gong 11:00 — Kung Fu **30**

- See page 2 for class descriptions
- Titles in Red are on Zoom
- Titles underlined* & with an * are both in person and on Zoom
- Zoom links are emailed one hour prior to participants registered through their account on **MyActiveCenter.com**
- Check for updates on **ysseniors.org/calendar** or **MyActiveCenter.com**

Turn over for the July calendar

JULY 2026

- See page 2 for class descriptions
- Titles in Red are on Zoom
- Titles underlined* & with an * are both in person and on Zoom
- Zoom links are emailed one hour prior to participants registered through their account on **MyActiveCenter.com**
- Check for updates on **ysseniors.org/calendar** or **MyActiveCenter.com**

MONDAY	TUESDAY	WEDNESDAY
		1 10:00 — Knitting & Crochet 10:30 — Big Talk **12:00 — Lunch Bunch, p.3** (11 for bus) 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 6:30 — Bridge
6 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**7** 10:00 — It's Never Too Late... 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong **2:00 — Folk Dancing, p.4** 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**8** 10:00 — Knitting & Crochet 10:30 — Big Talk 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 6:30 — Bridge
13 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing 7:00 — Ukulele Club	**14** 10:00 — It's Never Too Late... 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**15** 10:00 — Knitting & Crochet 10:30 — Big Talk 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 4:00 — Feedback Group 6:30 — Bridge
20 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**21** 10:00 — It's Never Too Late... 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**22** 10:00 — Knitting & Crochet **10:00 — YS History Tour, p.3** 10:30 — Big Talk 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 5:00 — YSSC Board Meeting 6:30 — Bridge
27 11:00 — Seated Exercise 12:00 — Rock Steady Boxing* 1:30 — Community Games 1:30 — Yoga* 1:30 — Euchre Online 3:30 — Ping Pong 4:00 — Adv. Beginner Spanish 5:30 — Line Dancing	**28** 10:00 — It's Never Too Late... 10:00 — Ukulele Group 11:00 — Cardio & Strength (JBC) 1:00 — Qi Gong 3:30 — German in Review 4:00 — In Person Beginning Spanish 7:00 — YS Strings Rehearsal	**29** 10:00 — Knitting & Crochet 10:30 — Big Talk 12:00 — Spanish 12:30 — Scrabble 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:30 — French Conversation* 6:30 — Bridge

A Stronger Community? Let's 'Spring' it On!

Webster got it wrong!

The word, "community," isn't just a noun!

Oh, sure, the O.E.D. identifies its first use as a noun at the end of the 14th century. And, too, Jeremy Bentham, the English philosopher and social radical, some 300 years later, defined "community" as an aggregation of individuals in a civic body. (You might remember him as the proponent of the felicific calculus axiom – i.e., "it is the greatest happiness of the greatest number that is the measure of right and wrong"). His Greatest Happiness Principle influenced and shaped early concepts of welfarism, individual and economic freedoms, equal rights for women and so much more.

But I digress… Let me push 'reset' to establish my argument regarding "community."

Our everyday deployment of the word "community" typically refers to a geographically-bound space or a group of peoples with shared interests or activities. Seems a perfectly fine description for years past when lives were more provincial, when folks lived and worked in place, families regularly attended church on Sundays, travelled sparingly, and friends and neighbors lolled in porch swings or lingered at the hardware counter to catch up with the news of the town.

But, let me ask you. Does the same word "community" feel adequate to depict our day-to-day lives filled with routine work commutes, regional shopping venues and hours of Tik Tok reels, social media and other digital streams of distraction? And, there are fewer porches to offer a safe and welcoming haven.

Let me propose a lexical reclassification of "community" to that of a verb. In this application one might utilize community as a state of action (e.g., communitizing). Such a verbification would emphasize that community does not simply exist in a passive, static state. Rather, for it to exist requires growth, action and intention. "We" and "Us" are the predicates, the builders – to birth, nurture, guide and protect its élan vital.

I say, let's learn to "communitize together!" We've already taken the first step – choosing to live HERE!

There are more verbs to employ to accomplish this goal. First ones that come to mind are "welcome," "include," "weave," "engage," "participate," and "volunteer" but, alas, I've run out of space and time. More to follow in the next newsletter!

– Robert Libecap, Transportation Manager
937-767-5751 x104, rlibecap@ysseniors.org

Happy Summer!

If you need assistance with utility costs, there are programs available to those who qualify. The Village offers assistance to residents who are at risk of disconnection of utility services. Info can be found on their website at yellowsprings.gov/topic/index.php?topicid=39&structureid=20 or by calling 937-767-7202, ext. 2.

There are also other assistance programs available through the Ohio Department of Development at development.ohio.gov/individual/energy-assistance/energy-assistance.

Please contact me if you have any questions or would like some help with the applications. I am also available to discuss Medicare, Medicaid, and food or housing assistance.

– Stephanie Lawson, RN, Support Services Manager
937-767-5751, ext. 108, slawson@ysseniors.org

Perspective

As a noun, perspective means point of view. It is interesting how many different opinions can be observed from the same thing. For example to kids, summer break may mean summer fun at the pool, dreamy Disney vacations and of course those lazy days doing nothing. This same summer break for parents may mean "OH NO" there is no school to provide a safe environment while I am at work, no hot lunch provided, and no monitored playground. Same summer break but two different perspectives.

Many seniors find it to be their perspective to do all of their house work, cooking and errands themselves as the only right way to keep a proper house. Perhaps a different perspective would be to allow the homemakers from the Yellow Springs Senior Center to be a fine alternative to reduce the workload. This same homemaker program can be just the right job for an individual who wants to earn money and help seniors remain in their homes. Either perspective can be a winner. Please contact me to become a homemaker or if you are in need of a homemaker.

–Teresa Bondurant, Homemaker Program Manager
937-767-5751 x107, tbondurant@ysseniors.org

2026 Art Shows

The art committee is looking for artists who would like to be considered for a show in 2026. Interested artists can find an application at ysseniors.org/art.

GREENE COUNTY COUNCIL ON AGING

Brain Blast

Greene County Council on Aging presents a fun afternoon for Greene County adults (50 and better) to enjoy a bit of food and drink, and some socializing and a light-hearted but educational brain workout with the theme of Mystery.

The event is at the Xenia Community Center, 1265 W. Second Street on Wednesday, July 8 from 2–4 pm with doors open to register starting at 1:30. There will be door prizes, appetizers, and beverages. The cost to participate is an item for the food pantry.

Reservations required by July 6, call 937-376-5486 or email YourFriends@gccoa.org.

Puzzle Party

The Greene County Council on Aging is hosting a Puzzle Party on Wednesday, August 12 from 12:30 to 3:30 pm at the Xenia Community Center, 1265 W. Second Street. Come for some competitive fun and socializing. For more info visit gccoa.org.

Other GCCOA Events

- **Caregiver Support Group:** Mondays, July 6 and Aug. 3 (first Mondays) from 4–5:30 pm at the First Presbyterian Church in Yellow Springs.
- **Grief & Loss Group:** Mondays, July 13 and Aug. 10 (second Mondays) from 10 am–noon at Peace Lutheran Church in Beavercreek.
- **Memory Loss, Dementia & Alzheimer's Disease:** Wednesday, July 15 from 2:30–4:30 pm at the Xenia Community Center (XCC) next door to the GCCOA Office.
- **Medicare 101:** Wednesday, Aug. 12, 2:30–4:30 pm at the Xenia Community Center (XCC) next door to the GCCOA Office.
- **Legal Chat:** Thursday, July 16 and Aug. 20 (third Thursdays) at 2:30 pm at Peace Lutheran Church, 3530 Dayton-Xenia Road, Beavercreek. Enter at lower level door with awning.

Contact GCCOA with questions or to register for these events at 937-376-5486.

At the YS Library

Get Lit @ Your Community Library!

The Yellow Springs Library is starting a monthly book discussion. Come share your opinions, insights, and humor in a guided discussion of modern and contemporary authors. All are welcome; older adults are especially encouraged.

The first meeting is on Friday, August 14 from 2–3 pm and the book for the month is *Project Hail Mary*. Copies of the book will be available in mid-July. Register in person, at 937-352-4003, or email sgourlie@gcpl.lib.oh.us.

Garden Dinner Party Recap

The Garden Dinner Party on June 27 raised over $9,300 to support YSSC's daily operations. Thank you to all the attendees, hosts, donors, and also to the wonderful sponsors: Coldwell Banker – Sam Eckenrode, Eco Pro Termite & Pest, and Village Solar Co.

Welcome NEW Members!

Noreda Alexander • Modesta Barraza

Alexandra Hunt • Tracy Hunt

Charles Jenkins • Llyn McCoy

Noeleen McIlvenna • Ron Napoli

Mary Beth Natarajan • Muni Natarajan

Rhonda Niggle • Leslie Robey • Sharon Sherlock

Deb Strain • Scott Strain

Brenda Thornburg • River Yasko

Membership Dues

$25 annual membership,
$15 for each additional household member.
Make check payable to
Yellow Springs Senior Center
and drop in door slot or mail to:
YSSC, 227 Xenia Ave., Yellow Springs, OH, 45387
Or pay online at:
ysseniors.org/membership

July Birthdays

07/01 Alan Raney
07/01 Albert Schlueter
07/02 Dorothee Bouquet
07/02 Mary Petkoff
07/03 Margaret Lamb
07/04 Keith Crompton
07/05 Jan Holbrook
07/05 Susan Freeman
07/07 Anne Randolph
07/08 Helen Filler
07/09 Mark Smith
07/10 Annette Valey Newman
07/10 Kathryn Van der Heiden
07/10 Joann Chamberlin
07/11 Ellen Bierhorst
07/12 Vicki Williamson
07/14 Sonia Kiser
07/14 Keith GunderKline
07/15 Donna Denman
07/15 Patricia Oberg
07/17 Mary Barton
07/18 Patricia Robinow
07/18 Joyce McDonald
07/18 Maura Taaffe
07/19 Margaret Veenstra
07/19 John Day
07/19 Panna Flower
07/20 Karen Nelson
07/21 Joyce Robinson
07/21 Patty Tindall
07/23 Lee Robinson
07/23 Steve Piatt
07/24 Kim Carlson
07/24 Karen Ehman
07/25 Teresa Virgint
07/26 Lidia Stone
07/26 Charles Pryor
07/27 Maria Whittaker
07/28 Steve Payne
07/29 Carolyn Cordova
07/29 Denise Robinow
07/29 Melva Knemeyer
07/29 Rachel Roebuck-Howard
07/30 James Tetz
07/31 Kathleen Carr

The Birthday Event in honor of those with birthdays each month is held at the Weekly Lunch on the 2nd Friday.

August Birthdays

08/01 John Atkins
08/01 Kathleen Hennessy
08/02 Susan Bothwell
08/03 Holly Keil
08/03 Joysan Edwards
08/03 Clarice Sanders
08/04 Amy Crawford
08/04 Niki Foor
08/05 Susan Doubt
08/05 Ruth Myers
08/06 Angela Day
08/07 Brian Gaughan
08/07 Jenny Ruka Cowperthwaite
08/07 Carol Kneisley
08/08 Karen Hoelle
08/09 Steve Martin
08/10 Christiane Zurbuchen
08/11 Marianne Moseman
08/11 Leon Anderson
08/12 Diana Quirk
08/12 Laura McCaffrey
08/14 Judy James
08/16 Heather Neill
08/16 Kari Tulecke
08/18 Elizabeth Wiley
08/19 Joyce Fishbain
08/21 Pete Wehner
08/21 Antonia Dosik
08/21 Terri Victoria
08/22 Beth Knepper
08/23 Joan Chappelle
08/24 Marianna Stewart
08/24 Sue Parker
08/24 Dave Anderson
08/25 Tom Malcolm
08/25 Janet Tomas
08/26 Maria Varandani
08/27 Judith Sigmund
08/27 Larry Gerthoffer
08/27 Peggy Shank
08/28 Carol Young
08/29 Joseph Ayres
08/29 Jennifer Johnson
08/30 Marie Hertzler
08/30 Sheila Drennen
08/31 Michael Kraus

We apologize to anyone who may have been left off in error.

Yellow Springs Senior Center

Yellow Springs Senior Citizens, Inc.

Established 1959

Board of Trustees

Jerry Sutton, *President*
Sue Augustus, *Vice-President*
Steve Bujenovic, *Treasurer*
Michael Slaughter, *Secretary*
Ven Adkins, Scott Fife, Terry Graham, David Heckler, Chara Hutchinson,

Staff – 937-767-5751

Executive Director
Caroline Mullin, x101
Homemaker Program Manager
Teresa Bondurant, x107
Support Services Manager
Stephanie Lawson, x108
Transportation Manager
Robert Libecap, x104
Activities & Volunteer Coordinator
Maggie Dean, x109
Project Assistant
Madison Stephenson, x110
Bookkeeper
Jeanna GunderKline
Operations Assistant
Sara Beltran, x103
Marketing Manager
Pam Geisel, x106
Activities Assistant
Angela Beltran
Miller Fellow
Ciara Scarver
Homemakers: Vicci Ayers, Amy Bennett, Beth Corlett, Sarah Fisher, Jennifer A. Johnson, Jennifer E. Johnson, Heather Neill, Tamara Smith, Aiysha Walker

Newsletter Deadline

Copy deadline is **Aug. 1 for Sep/Oct,** emailed to **pgeisel@ysseniors.org**

Mailing Volunteers

Catherine Annis, Karla Bristow, Simone Demarzi, Elly Marshall

All issues of Senior Notes are on the website at ysseniors.org/enewsletter

Yellow Springs Senior Center

227 Xenia Avenue
Yellow Springs OH
45387

937-767-5751

www.ysseniors.org

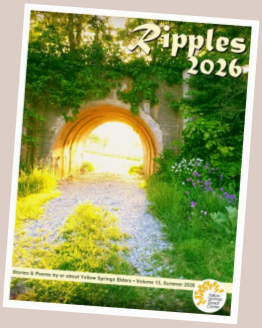
Nonprofit
Organization
US Postage
PAID
Permit No. 281
Xenia, OH 45385

Jul/Aug 2026

YSSC Services

- Transportation
- Support Services
- Homemaker Program
- Activities Program

Ripples is here!



CURRENT RESIDENT OR:

Senior Center Hours

Mon.–Fri. 9:30 am–4:00 pm

Closed: *New Year's Day, Martin Luther King, Jr. Day, Presidents' Day, Memorial Day, Juneteenth, Independence Day, Labor Day, Thanksgiving Day, Day after Thanksgiving, & Christmas Day. Closing at noon on Christmas Eve and New Year's Eve*

2017 Prius V with 60K Miles – Raffle tickets are $100 each and only 200 will be sold. Tickets can be purchased at the Senior Center. The drawing will be held at Fall Street Fair on October 10 (if there are unsold tickets the raffle will be extended). Winner does not have to be present. Proceeds benefit the Senior Center.

Mission: To enhance the dignity and quality of life of seniors in Yellow Springs and Miami Township and to foster interaction among them and with the community.