

Senior Notes

A bimonthly publication for members of the Yellow Springs Senior Center



Volunteer service and financial contributions are vital to the operation of the Senior Center.
227 Xenia Avenue, Yellow Springs, OH 45387 • 937-767-5751 • ysseniors.org

Director's Comments

Stories aren't told in words alone. Data and numbers are how we frame facts and explain thresholds, opinion, or comparisons. My grad school statistics class was foreign territory – working with numbers has always been a grind for me, and the skills did not seem relevant to my goals. However, when it came time to apply those skills to my Capstone research project, I found true delight discovering the correlations, trends, and differences that were explained by the data collected. Completed in 2016 with my classmate Emily Stamas, the report “Bring on the Boomers” examined the interest levels of participating in senior centers throughout Greene County.

Starting in October, YSSC asked the community to provide feedback and insight by offering a survey in the *Yellow Springs News*. As of the end of November there have been 109 respondents. There were some indications of what the community is most interested in, but perhaps missing the male perspective, since 80% of the surveys were completed by females. Here are some insights we have learned so far:

- Lectures, academic instruction, and exercise classes generated the most interest.
- YS is mostly DISinterested in Bingo, as well as Billiards or Ping Pong
- 20% (20 people) of respondents would consider moving to senior apartments either immediately or in the next 5 years
- 52% attend events at the Library, 42% participate in online activities through YSSC or other groups
- Over half of respondents report they are able to walk to the Center, 25% can bike

- 41% of respondents live alone
- The “Yellow Springs Senior Center” as a name is satisfactory for most people

The numbers are providing some evidence, generalizations, and trends. The data will only be better as we get additional responses. If you haven't yet participated, you are welcome to pick up a paper copy of the survey at the Center, or complete it on our website.

Please see page 10 to learn more details of the survey results. I will continue to develop more facts as I examine correlations (such as, is there a difference between age groups for preferred activities, schedule, challenges to participating) and how to plan for the future. Planning for the next chapters in our shared story relies on factual knowledge. Thank you for making your experience part of the collective.

– Caroline Mullin, Executive Director
937-767-5751 x 101, cmullin@ysseniors.org

Congratulations!

Congratulations to **Eve Fleck** who won the “Diamonds are Forever” quilt made by Fran LaSalle. The Center raised \$990 with Fran's generous donation of the quilt.

Also kudos to **Cynthia Olsen!** Her idea for the Sienna Van car wrap will be the inspiration for the design. Look for it in the coming months.

CLASSES & GROUPS

Exercise, Movement, & Yoga

Yoga with Reena*, Mon. & Thurs. 1:30 pm

Beginner's yoga on the floor or seated. *In the Great Room and on Zoom.*

Qi Gong, Tues. & Fri. 1–1:45 pm

The group follows an easy DVD on the big screen. *In the Great Room.*

Tai Chi with Dee, Tues. 5:15 pm & Fri. 11:30 am

Dee Arianne Rockwood teaches this gentle form of low or no impact exercise. *In the Great Room.*

Dancing with Parkinson's*, Wed. 2–3 pm

For people with Parkinson's and their spouses or caregivers. *In the Great Room and on Zoom.*

Strength Training with Andrew, Thurs. 1 pm

Work out with a certified personal trainer. *On Zoom.*

Learn a Language

Advanced Beginner Spanish, Mon. 4–5 pm

¡Hola Amigos! Judith Skillings is teaching Advanced Beginner Spanish. *On Zoom.*

Spanish, Wed. noon–1 pm

Taught by Judith Skillings. *On Zoom. Limited enrollment, contact JudithSkillings@yahoo.com.*

Intermediate Spanish with Josefina, Thurs. 4 pm

Taught by Josefina Sosa from Cuernavaca, Mexico. Suggested donation \$100 for 10 sessions. *On Zoom. Contact JudithSkillings@yahoo.com.*

All Level Spanish Class, Fri. 10 am

An all level Spanish Class. *In the Great Room*

Red classes are on Zoom or online,
Underlined* are hybrid (in person & on Zoom)

For updates and Zoom links: ysseniors.org

Winter Weather: If the Yellow Springs Schools are closed due to weather, the Senior Center will also be closed. Closings will also be posted on the website (www.ysseniors.org) and the Facebook page. Transportation services may also be affected by weather conditions.

French Class, Tues. 2 pm

For those with basic to advanced French skills to read and converse in French. *On Zoom, contact Lynda at lyndalh7@hotmail.com.*

German in Review, Tues. 3:30–4:30 pm

Dr. Robert Conard is teaching using the book, *Elementary German*, 2nd ed. *In the Fireplace Room.*

Card & Strategy Games

Rummikub, Tues. 2 pm

Like Rummy & Mahjong combined with only numbers. Easy to play. *In the Great Room.*

Bridge, Second & Fourth Wed. 1–3:30 pm

Bridge. *In the Fireplace Room.*

Bridge, Wed. 6:30–9 pm

Duplicate bridge. *In the Great Room.*

Euchre Online, Mon. & Wed. 1:30 pm

Call Brad, 707-321-2341 for information. *Online.*

Mahjong, Thurs. & Sat. 1–4 pm

A game of mental finesse. *Thurs. in the Fireplace Room; Sat. in the Great Room.*

Scrabble, Sat. 1–3:30 pm

In the Fireplace Room.

Other Social Activities

Ethical Wills with Artie Isaac

Convey your values, stories and info to loved ones. *Jan. 9 at 6:30 pm, in the Fireplace Room*

Ukulele Class, Tues. 10 am

Introduction to ukulele playing, with instruction part group and part individual. Ukuleles are provided for in-class use. *In the Great Room*

Hearing Aid Help, Fourth Tues. 10 am

From Xenia Hearing Center. *In the Fireplace Room*

Knitting, Crochet, & Crafts, Wed. 10 am

Weekly knitting/crocheting. *In the Great Room*

Tech Help, Third Fri., 2:30–3:30 pm

In January and February this is only on the third Friday. No appointment needed. *In the Fireplace Room*

UPCOMING EVENTS & NEW ACTIVITIES

3

Community Colloquy Series

Third Thursday of the month, 7–8:30 pm

YSSC will host monthly guests to share their expertise and knowledge with the community. The guests for **January 19** are Matt Raska and Alex Melamed speaking on “An Invitation to Zoning Reform,” on their proposals to use zoning to promote affordable housing in YS. On **February 16** Anne Randolph and Artie Isaac will read from their published work and speak on their creative process on “From Life to Poetry.”

Programs will meet in the Great Room and also be on Zoom. All are welcome. The Zoom link can be found on the calendar on the website at ysseniors.org/calendar.

Yellow Springs Winter Farmer’s Market

Saturdays 8:30–11 am

The YS Winters Farmers Market has returned indoors to the Senior Center Great Room. Open 9–11 am, with a half hour for seniors and high-risk individuals from 8:30–9 am.

The outdoor YS Farmers Market, held in the Bryan Center parking lot, will continue to be open from 9–11 am each Saturday through March. EBT will be accepted at both markets; new tokens will be available at the indoor market at the Senior Center.

Share the Love Social

Friday, February 10, 2:30 pm

Please come for free treats and some fun together on Friday, February 10 at 2:30 pm. Everyone is welcome.

Day Trips to Local Museums

The Senior Center is offering trips to museums, one in January and one in February.

The January trip to Springfield Museum of Art is leaving from the Bryan Center parking lot, west side, at 1 pm on Wednesday, January 18. Admission is \$3. Register for this trip by Wednesday, January 11 by calling 937-767-5751 or sending an email to info@ysseniors.org.

Special Exhibits are the Lake Valley short film, and “Mirror, Mirror,” an exhibit of 60 works by women, and “Wild and Tenacious,” Beth Edwards’ hyper-realistic paintings of flowers and garden oases.

In honor of Black History Month, the February trip is to the National Afro-American Museum and Cultural Center in Wilberforce. Departure is from the Bryan Center parking lot, west side, at 1 pm on Friday, February 24, 2023. Admission is \$5. Register for this trip by Friday, February 17 by calling 937-767-5751 or sending an email to info@ysseniors.org.

The museum is exhibiting the ninth annual “Art of Soul” juried art show, with themes relating to the African diaspora and African-American culture and history, and other exhibits.

The expected return time from these trips to Yellow Springs is by approximately 4:30 pm.

Volunteer drivers are needed for this trip, please contact me if you can help.

– Corinne Pelzl, Program Assistant
937-767-5751 x105, cpelzl@ysseniors.org

MySeniorCenter, a New Computer Check-In System

We have a new, automated check-in system called MySeniorCenter which has been installed in the lobby at the Senior Center. The new system is extremely easy to use:

- All members and volunteers will receive a small keytag. (The card contains no personal info, but allows the new system to recognize you.)
- Instead of signing into the book, you’ll scan your keytag at the scanner, or enter your name on the touchscreen.
- Press the touchscreen to select the programs you’ll be participating in that day.
- Press FINISH.

Even though MySeniorCenter is designed to be user-friendly, the front desk volunteer will be available to help people operate the new check-in system. There will also be instructions on our website, and also sent out through our email alerts. You’ll even be able to check out the Senior Center’s Calendar and register for events.

A huge thank you to the Yellow Springs Community Foundation for providing the grant to cover the costs of the new database.



Hearing Aid Help

As I write, Open Enrollment is ending, and so far I have helped 75 people save about \$25,000 by comparing Medicare Prescription Drug Plans.

Hearing Aid Help will take a holiday break in December, but will start back up on January 24. On February 28 there will be a short informational session on insurance and hearing aid costs in conjunction with Hearing Aid Help.

Here's to a happy and healthy 2023!

– **Stephanie Lawson, RN, Support Services Manager**
937-767-5751, ext. 108, slawson@ysseniors.org

Hopes, Dreams, & Wishes

Imagine the winter wonderland of fresh snow covering the Midwest landscape as a canvas for our lives. It is clean and uncompromised, ready for fresh ideas that can range from a colorful kaleidoscope to a single pastel shade reflecting the hopes, dreams and wishes for 2023.

Our homemaking program is welcoming new clients as well as new workers in this new year. I invite you to look into our program and how it can enhance your home life.

Contact me with questions, inquiries or just to hear how we may be of help.

– **Teresa Bondurant, Homemaker Program Manager**
937-767-5751 x107, tbondurant@ysseniors.org

Membership Renewal

January is the month that all YSSC memberships renew. A membership envelope has been included with this newsletter. During January, you can renew at the 2022 rate (\$20 for an individual).

Due to increased postage costs, membership dues are **increased beginning February 1, 2023** to \$25 for an individual. Each additional household member remains \$15 extra. If you are unable to pay the membership dues, contact Stephanie Lawson, Support Services Manager, to discuss a reduced rate.

Make checks payable to **Yellow Springs Senior Center**, and drop off at or mail to:
YSSC, 227 Xenia Ave., Yellow Springs, OH, 45387
or pay online at ysseniors.org/membership.

A Strong Community

*If the world had a front porch like we did back then
We'd still have our problems but we'd all be friends*

– Tracy Lawrence, *If the World Had a Front Porch*

An editorial in the New York Times caught my attention: As Gen X and Boomers age, they confront living alone. More older Americans are living by themselves than ever before. Perhaps this concern has been on your mind, as well. Our village has a median age over 53 years, according to the census report, and 45% of our town is over the age of 64.

Social isolation is an important concern of our times. How do we measure the harm in experiencing social isolation? Many people experience depression, anxiety, lethargy, insomnia, memory loss, and suffer from poor self-care.

I don't believe the phenomenon of social isolation is only a consequence of recent health protocols. Although Covid added a new facet to the trend, there have been many other factors exacerbating our tendency to withdraw from each other, to retreat from community. How serious a problem is social isolation in Yellow Springs? Such a phenomenon, by definition, is difficult to uncover. Yet a measure of awareness as to its occurrence might serve us well.

I grew up with front porches up and down the street. The public-facing porticos were invitational, by design, to welcome the casual passerby into our space. Here, people casually met and, through casual conversations, learned more about their neighbors. Yellow Springs still offers this ambiance in many of our neighborhoods, downtown, and in opportunities over a cup of coffee at one of our eateries.

Go to the back page for more about added patio space at the Center. In his book, *The Great Good Place*, Ray Oldenburg investigates the want in community of a "third place" – a place outside of work and home where human connections revive and thrive. I hope our new patio becomes such a place, a community "porch," where we feel happy, comfortable, and connected.

There are additional steps to take to stave off social isolation. Get involved in being a good neighbor. Take time to understand and know your neighbors. You might find time to volunteer to help lift up the good works in our community. Many opportunities await.

– **Robert Libecap, Transportation Manager**
937-767-5751 x104, rllibecap@ysseniors.org

THURSDAY

FRIDAY

SAT / SUN

<p>2</p> <p>1:00 — Mahjong 1:00 — Strength Training with Andrew 1:30 — <u>Yoga with Reena*</u> 4:00 — Intermediate Spanish</p>	<p>3</p> <p>10:00 — All Level Spanish Class 11:30 — Tai Chi 1:00 — Qi Gong</p>	<p>4</p> <p>8:30 — Winter Farmer's Market 1:00 — Mahjong 1:00 — Scrabble</p> <hr/> <p>5</p>
<p>9</p> <p>1:00 — Mahjong 1:00 — Strength Training with Andrew 1:30 — <u>Yoga with Reena*</u> 4:00 — Intermediate Spanish</p>	<p>10</p> <p>10:00 — All Level Spanish Class 11:30 — Tai Chi 1:00 — Qi Gong 2:30 — Share the Love Social, p. 3</p>	<p>11</p> <p>8:30 — Winter Farmer's Market 1:00 — Mahjong 1:00 — Scrabble</p> <hr/> <p>12</p>
<p>16</p> <p>1:00 — Mahjong 1:00 — Strength Training with Andrew 1:30 — <u>Yoga with Reena*</u> 4:00 — Intermediate Spanish 7:00 — Community Colloquy: Anne Randolph & Artie Isaac, p. 3</p>	<p>17</p> <p>10:00 — All Level Spanish Class 11:30 — Tai Chi 1:00 — Qi Gong 2:30 — Tech Help</p>	<p>18</p> <p>8:30 — Winter Farmer's Market 1:00 — Mahjong 1:00 — Scrabble</p> <hr/> <p>19</p> <p>12:30 — Grandmother Council</p>
<p>23</p> <p>1:00 — Mahjong 1:00 — Strength Training with Andrew 1:30 — <u>Yoga with Reena*</u> 4:00 — Intermediate Spanish</p>	<p>24</p> <p>10:00 — All Level Spanish Class 11:30 — Tai Chi 1:00 — Qi Gong 1:00 — Trip to the National Afro-American Museum and Cultural Center, p. 3</p>	<p>25</p> <p>8:30 — Winter Farmer's Market 1:00 — Mahjong 1:00 — Scrabble</p> <hr/> <p>26</p>

Zoom links are on the website at
ysseniors.org/calendar
(click on activity, link is in pop up box)

See page 2 for class descriptions

Classes titles in **Red** are on Zoom

Class titles underlined* and with an * are hybrid and are both in person and on Zoom

**Turn over for the
January calendar**

JANUARY 2023

MONDAY

TUESDAY

WEDNESDAY

<p>CLOSED for New Year's Day</p>	<p>2</p> <p>10:00 — Ukulele Class 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — German in Review 5:15 — Tai Chi 7:00 — YS Strings Rehearsal</p>	<p>3</p> <p>10:00 — Knitting, Crochet, & Crafts 12:00 — Spanish 1:30 — Euchre Online 2:00 — <u>Dancing with Parkinson's*</u> 6:30 — Bridge</p>
<p>9</p> <p>1:30 — <u>Yoga with Reena*</u> 1:30 — Euchre Online 4:00 — Adv. Beginner Spanish 6:30 — Ethical Wills</p>	<p>10</p> <p>10:00 — Ukulele Class 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — German in Review 5:15 — Tai Chi 7:00 — YS Strings Rehearsal</p>	<p>11</p> <p>10:00 — Knitting, Crochet, & Crafts 12:00 — Spanish 1:00 — Bridge 1:30 — Euchre Online 2:00 — <u>Dancing with Parkinson's*</u> 6:30 — Bridge</p>
<p>CLOSED for Martin Luther King, Jr. Day</p>	<p>16</p> <p>10:00 — Ukulele Class 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — German in Review 5:15 — Tai Chi 7:00 — YS Strings Rehearsal</p>	<p>17</p> <p>10:00 — Knitting, Crochet, & Crafts 12:00 — Spanish 1:00 — Trip to the Springfield Museum of Art, p. 3 1:30 — Euchre Online 2:00 — <u>Dancing with Parkinson's*</u> 6:30 — Bridge</p>
<p>23</p> <p>1:30 — <u>Yoga with Reena*</u> 1:30 — Euchre Online 4:00 — Adv. Beginner Spanish</p>	<p>24</p> <p>10:00 — Hearing Aid Help 10:00 — Ukulele Class 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — German in Review 5:15 — Tai Chi 7:00 — YS Strings Rehearsal</p>	<p>25</p> <p>10:00 — Knitting, Crochet, & Crafts 12:00 — Spanish 1:00 — Bridge 1:30 — Euchre Online 2:00 — <u>Dancing with Parkinson's*</u> 5:00 — YSSC Board Meeting 6:30 — Bridge</p>
<p>30</p> <p>1:30 — <u>Yoga with Reena*</u> 1:30 — Euchre Online 4:00 — Adv. Beginner Spanish</p>	<p>31</p> <p>10:00 — Ukulele Class 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — German in Review 5:15 — Tai Chi 7:00 — YS Strings Rehearsal</p>	

THURSDAY

FRIDAY

SAT / SUN

<p>5</p> <p>1:00 — Mahjong 1:00 — Strength Training with Andrew 1:30 — <u>Yoga with Reena*</u> 4:00 — Intermediate Spanish</p>	<p>6</p> <p>10:00 — All Level Spanish Class 11:30 — Tai Chi 1:00 — Qi Gong</p>	<p>7</p> <p>8:30 — Winter Farmer's Market 1:00 — Mahjong 1:00 — Scrabble</p> <hr/> <p>8</p>
<p>12</p> <p>1:00 — Mahjong 1:00 — Strength Training with Andrew 1:30 — <u>Yoga with Reena*</u> 4:00 — Intermediate Spanish</p>	<p>13</p> <p>10:00 — All Level Spanish Class 11:30 — Tai Chi 1:00 — Qi Gong 4:00 — Art Reception for Mary Cargan, p. 9</p>	<p>14</p> <p>8:30 — Winter Farmer's Market 1:00 — Mahjong 1:00 — Scrabble</p> <hr/> <p>15</p>
<p>19</p> <p>1:00 — Mahjong 1:00 — Strength Training with Andrew 1:30 — <u>Yoga with Reena*</u> 4:00 — Intermediate Spanish 7:00 — Community Colloquy: Matt Raska and Alex Melamed, p. 3</p>	<p>20</p> <p>10:00 — All Level Spanish Class 11:30 — Tai Chi 1:00 — Qi Gong 2:30 — Tech Help</p>	<p>21</p> <p>8:30 — Winter Farmer's Market 1:00 — Mahjong 1:00 — Scrabble</p> <hr/> <p>22</p> <p>12:30 — Grandmother Council</p>
<p>26</p> <p>1:00 — Mahjong 1:00 — Strength Training with Andrew 1:30 — <u>Yoga with Reena*</u> 4:00 — Intermediate Spanish</p>	<p>27</p> <p>10:00 — All Level Spanish Class 11:30 — Tai Chi 1:00 — Qi Gong</p>	<p>28</p> <p>8:30 — Winter Farmer's Market 1:00 — Mahjong 1:00 — Scrabble</p> <hr/> <p>29</p>

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(click on activity, link is in pop up box)

See page 2 for class descriptions

Classes titles in **Red** are on Zoom

Class titles underlined* and with an * are hybrid and are both in person and on Zoom

Turn over for the February calendar

FEBRUARY 2023

MONDAY

TUESDAY

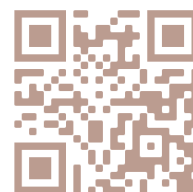
WEDNESDAY

Winter Weather

If the Yellow Springs Schools are closed due to weather, the Senior Center will also be closed. Closings will also be posted on the website (www.ysseniors.org) and the Facebook page.

Transportation services may also be affected by weather conditions.

<p>6</p> <p>1:30 — <u>Yoga with Reena*</u> 1:30 — <u>Euchre Online</u> 4:00 — Adv. Beginner Spanish</p>	<p>7</p> <p>10:00 — Ukulele Class 1:00 — Qi Gong 2:00 — <u>French Class</u> 2:00 — Rummikub 3:30 — German in Review 5:15 — Tai Chi 7:00 — YS Strings Rehearsal</p>	<p>1</p> <p>10:00 — Knitting, Crochet, & Crafts 12:00 — <u>Spanish</u> 1:30 — <u>Euchre Online</u> 2:00 — <u>Dancing with Parkinson's*</u> 6:30 — Bridge</p>
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<p>20</p> <p>CLOSED for Presidents' Day</p>	<p>21</p> <p>10:00 — Ukulele Class 1:00 — Qi Gong 2:00 — <u>French Class</u> 2:00 — Rummikub 3:30 — German in Review 5:15 — Tai Chi 7:00 — YS Strings Rehearsal</p>	<p>15</p> <p>10:00 — Knitting, Crochet, & Crafts 12:00 — <u>Spanish</u> 1:30 — <u>Euchre Online</u> 2:00 — <u>Dancing with Parkinson's*</u> 6:30 — Bridge</p>
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Greene County Council on Aging Events

- **Caregiver Support Group:** Mondays, Jan. 9* and Feb. 6 (first Mondays) from 6–7:30 pm at the First Presbyterian Church in Yellow Springs (**Due to the New Year's Day holiday, the January meeting will be held on Jan. 9, the second Monday of the month.*)
- **Grief & Loss Group:** Mondays, Jan. 9 and Feb. 13 (second Mondays) from 10 am–noon at Peace Lutheran Church in Beavercreek.
- **Memory Loss, Dementia & Alzheimer's Disease:** Wednesday, Jan. 11 from 2:30–4:30 pm at the Xenia Community Center (XCC) next door to the GCCOA Office.
- **Legal Chat:** Thursday, Jan. 19 and Feb. 16 (third Thursdays) at 2:30 pm at Peace Lutheran Church, 3530 Dayton-Xenia Road, Beavercreek. Enter at lower level door with awning.
- **Medicare 101:** Wednesday, Feb. 15, 2:30–4:30 pm at the Xenia Community Center (XCC) next door to the GCCOA Office.

Contact GCCOA with questions or to register for these events at 937-376-5486 or send an email to YourFriends@gcco.org. Information about these events are also available on their website at gcco.org.

Ripples 2023

Ripples, an annual literary magazine featuring poems and articles by or about older adults in Yellow Springs or Miami Township, is accepting submissions of stories, poems, and photos created by or featuring residents age 55 and over. Submission guidelines are available at the Center and at yseniors.org/Ripples. The deadline is March 15, 2023.

Send your typed, ready to print submissions along with a submission form to: YSSC–*Ripples*, 227 Xenia Ave., Yellow Springs, OH 45387. Or email to pgeisel@yseniors.org.

Copies of past issues are available at the Senior Center and the 2021 and 2022 issues can also be read on the website at the address above.

Grocery Delivery

The Senior Center shops for groceries weekly from Tom's Market for anyone homebound due to transportation, mobility, or health issues. Deliveries are on **Fridays** and **orders are due by 11 am on Thursdays**. Orders are accepted one of three ways:

- e-mail to info@yseniors.org
- yseniors.org/grocery-delivery-program
- calling 937-767-5751 Mon.–Fri. 9:30 am–4 pm

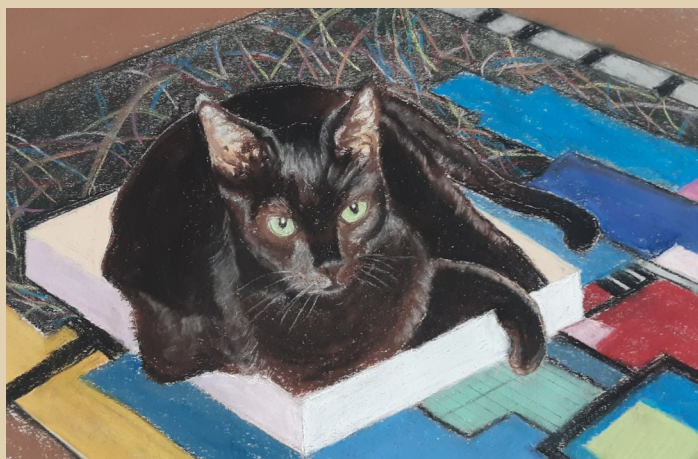
A Credit Card/Debit Card/EBT card is used. This is a free service; donations gratefully accepted.

Flora and Fauna, Pastel & Colored Pencil by Mary Cargan, Dec. 30, 2022–Feb 28, 2023

Mary's earliest formal training was in an art class at the Worcester Art Museum (MA) at the age of 5. Her formal training continued as an adult with drawing classes at The Rosewood Gallery, Cox Arboretum, and Wright State. While wintering in Florida she was introduced to pastel, which became her favorite medium due to the rich colors and texture.

She has shown her work locally at the Fairborn Art Association, winning a Popular Choice Award in 2012 and an honorable mention in 2013. She's participated in group shows with the Monday Morning Artists, at the Senior Center, and most recently in the member show at the Springfield Museum of Art.

Mary feels that art is a creative solving process using colored pencils or pastel as tools. She works from her own photographs, choosing subjects offering contrast of light and shadow. Her work



is detailed, requiring viewers to step forward for a closer look.

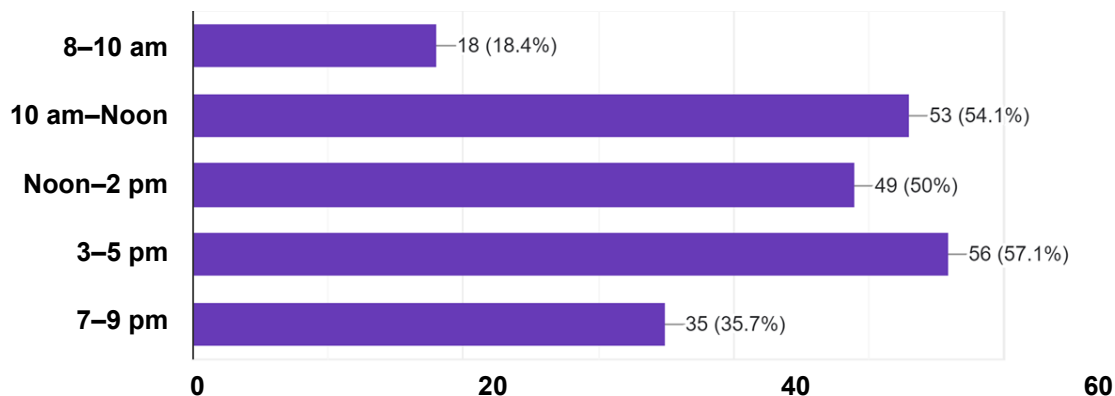
Her show can be viewed during the Center's open hours of Monday–Friday from 9:30 am–4 pm, unless there is a class in the Fireplace Room at the time.

There will be an artist reception on Friday, January 13, from 4–6 pm.

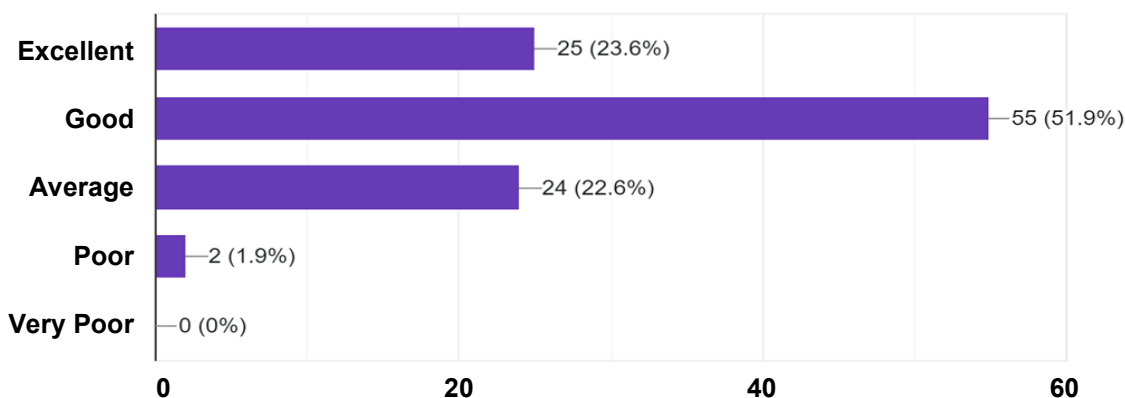
Initial Survey Results

At press time, the survey results were still being compiled. Completed results will be on the website in January (ysseniors.org/surveyresults). If you'd prefer to have the results mailed to you, contact info@ysseniors.org.

My preferred schedule for programs
(98 responses)

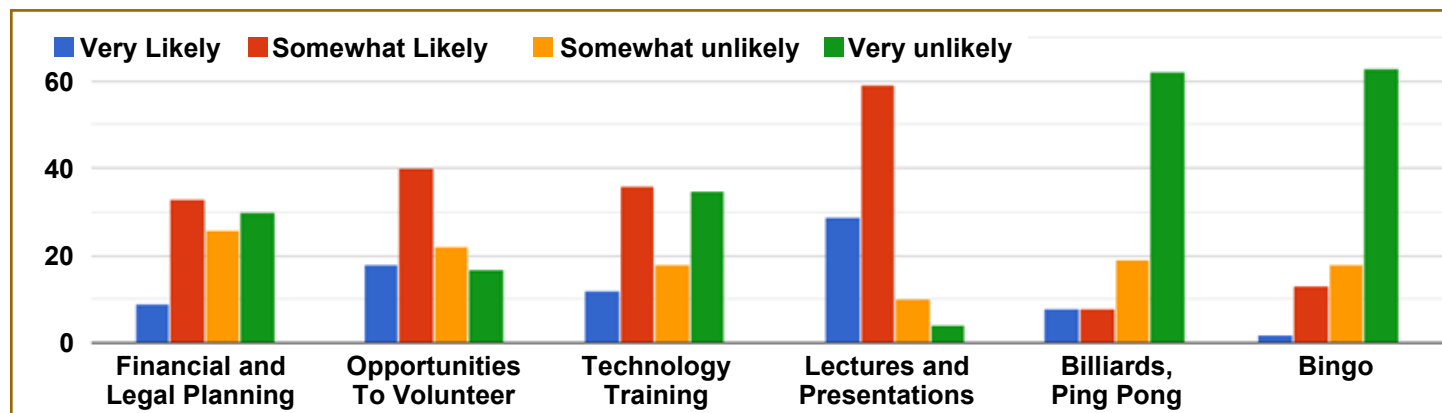


I would rate my physical health as
(105 responses)



57% report there are no difficulties preventing their participation in activities. The most common reasons reported that make participation difficult were:

- 13% feel they are too young
- 13% have family obligations
- 11% reported difficulty finding parking
- 9% programs not offered at a time they are available
- 9% reported transportation challenges



Welcome NEW Members!

Anthony Barrett • Karla Bristow • Rebecca Mark • Mary Ricks • Lorena Ann Christopher Skinner
 Alicia Marie Christopher • Barbara & Rick Klopp • Julie Howell Richardson • Marie McBrien
 Linda Rudawski • Barbara Stockley • Annette Newman Valey • Bonnie Werner • Maria Whittaker

January Birthdays

01/01* Betty Hairston
 01/01* Jean Nealon
 01/02* Rosemarie Friz
 01/02* Don Gasho
 01/03* Mary Gail Simpson
 01/03 Deborah McGee
 01/03 Cindy Shaw
 01/03* Frances Simon
 01/05 Shirley Hatfield
 01/06 Diana Atkins
 01/10* Paul Beck
 01/10 Roger Reynolds
 01/11 Brenda Hubbard
 01/12* Bruce Bradford
 01/17 Amy Achor
 01/18 Barbara Byrd
 01/18* Griffin M. Johnson
 01/19* Dan Beverly
 01/19 Dianne Collinson
 01/19 Lawrence McKeever
 01/22 Emily Brucker
 01/22* Dorothy Freeman
 01/23* Bea Biteman
 01/23 Ruth Paige
 01/26 Anthony Barrett
 01/27 Mary Frost-Pierson
 01/27 Bette Kelley
 01/27 Marianne MacQueen
 01/27 Katherine Schooler-Williams
 01/28* Patty Alexander
 01/28* Gail Bauman
 01/28* Judy Rose
 01/28 Faye Choo
 01/28 Veronica Frost
 01/29 Mark Crawford
 01/29 Roseanna Dufault
 01/30* Mary Lamborg

***Indicates those known to be 80 or older.** *Current members who have shared their birth date are listed. Apologies to anyone left off in error.*

February Birthdays

02/01 Donna Caslin
 02/02 Celia Diamond
 02/02* Diana Hayman
 02/03* Helen Eier
 02/03 Lois Gladchild
 02/03 JK Lourens
 02/03 Diana Partee
 02/03 Sue Pfeiffer
 02/06 Joyce Dey
 02/07 Molly GunderKline
 02/07 MJ Kalkis
 02/07* Nina Myatt
 02/07 Kathy Robertson
 02/07 Margie Wehner
 02/08* Phyllis Evans
 02/08 Carolyn Smith
 02/10 Patti Dallas
 02/11 Pamela Davis
 02/12* Nora Barth
 02/12 Irena Brawley
 02/13 Greg Treadwell
 02/13 Kimberly Horn
 02/14 Cheryl Smith
 02/15 Barbara Klopp
 02/16 Jeff Huntington
 02/16* Maggie Heston
 02/16 Susan Murphy
 02/16* Peter Whitson
 02/16 Charlene Prestopino
 02/16 Barbara Zulliger
 02/17 Maria Valentine Wright
 02/17* Janeal Ravndal
 02/18 Robert Lytle
 02/18 Bill Randolph
 02/21 Margrit Tydings-Petrie
 02/22* Dinah Anderson
 02/22 Mark Partee
 02/23 Carolyn Ray
 02/23* Wilford Simon
 02/25 Marna Street
 02/26 Scott Kellogg
 02/26 David Robinow
 02/27 Ralita Chambers
 02/28 Barbara Stockley
 02/29 Claire Burbank



**Yellow Springs
 Senior Citizens, Inc.**
Established 1959

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Staff – 937-767-5751

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Homemaker Program Manager

Teresa Bondurant, x107

Support Services Manager

Stephanie Lawson, x108

Transportation Manager

Robert Libecap, x104

Program Assistant

Corinne Pelzl, x105

Bookkeeper

Jeanna Gunderkline, x102

Operations Assistant

Lin Wood, x103

Marketing Manager

Pam Geisel, x106

Miller Fellows

Linda Sikes, x109

Homemakers: Vicci Ayers, Amy Bennett, Suzann Blanton, Jennifer Johnson, Brenda McDonald, Heather Neill, and Tamara Smith

Newsletter Deadline

Copy deadline is **Feb. 1 for Mar/Apr.** Mail, deliver to the Center, or email it to pgeisel@ysseniors.org

Mailing Volunteers

Andree Bogner, Susan Bothwell, Kathy Buck, Rosie Caraway, Donna Caslin, Alvaro Demarzi, Simone Demarzi, Luan Heit, Maggie Heston, Anna Hogarty, Sally Lane, Marcella Link, Barbara Mann, Larry McKeever, Misty Monee, Eve Odiorne Sullivan, Sue Pfeiffer, Diana Quirk, Francie Thomas, Patty Tindall, Maria Whitaker, Chris Zurbuchen



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www.ysseniors.org

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Senior Notes

January/February 2023

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CURRENT RESIDENT OR:

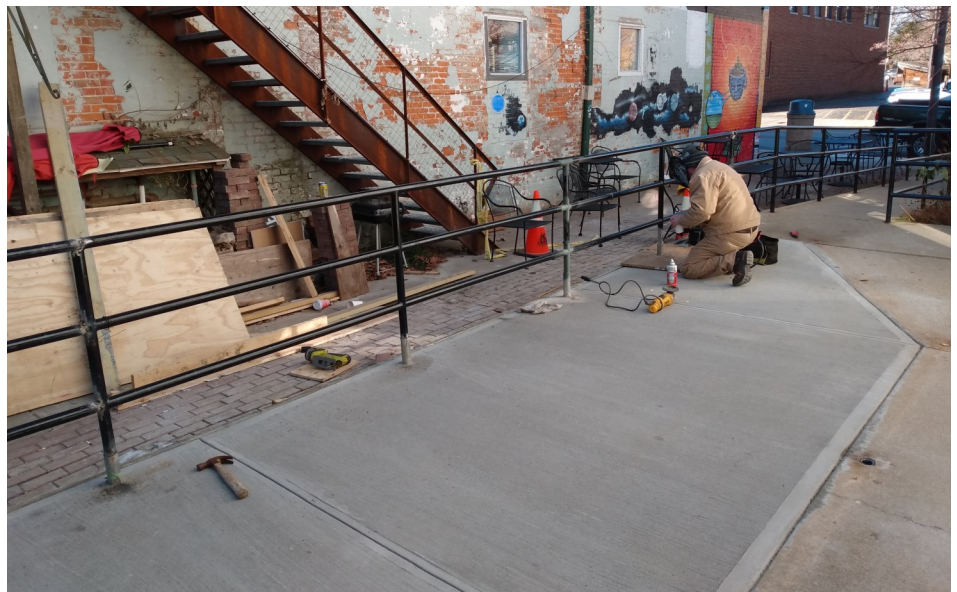
Senior Center Services

- Transportation
- Support Services
- Homemaker Program
- Activities Program

Senior Center Hours

Mon.–Fri. 9:30 am–4:00 pm

Closed: New Year's Day,
Martin Luther King, Jr. Day,
Presidents' Day, Memorial Day,
Juneteenth, Independence Day,
Labor Day, Thanksgiving Day,
Day after Thanksgiving,
& Christmas Day



Dennis Leckey and Jeff Reed have been busy the last few months creating the new outdoor patio which will become an improved courtyard area with seating between the Senior Center building and the Emporium. This project is funded by 62 individual donors who gave a total of \$13,631 specifically for this project. The Yellow Springs Community Foundation 2022 Giving Tuesday raised \$1662 for the purchase of patio furniture.

Mission: To enhance the dignity and quality of life of seniors in Yellow Springs and Miami Township and to foster interaction among them and with the community.