

# Senior Notes

A bimonthly publication for members of the Yellow Springs Senior Center



*Volunteer service and financial contributions are vital to the operation of the Senior Center.*  
227 Xenia Avenue, Yellow Springs, OH 45387 • 937-767-5751 • [ysseniors.org](http://ysseniors.org)

## Director's Comments

### Moving Right Along

Have you spotted the Sunflower car yet? It's hard to miss. Not only is it eye-catching and fun, but it's also a fantastic example of what can come out of working together. The purchase of the Honda CRV in 2020 was funded by the Greene County Council on Aging with funds from the Senior Services Levy. The design for the car's sunflower wrap was a blend of art from three people's submissions. Volunteer drivers keep that car (and our two others) on the move – taking villagers to medical appointments, shopping trips and errands. Sometimes they are also delivering grocery orders from Tom's Market or lunches from the "Local Fare" restaurant meals funded by the Yellow Springs Community Foundation.

The activities and programs of YSSC come out of the community and YSSC members taking ownership of the Center. In recent months, programs have developed out of member suggestions, including the Ethical Wills presentations, Friday Zoom Social Hour, and upcoming Game Nights. One inspired member delivered a collection of greeting cards with postage available for the community to send to anyone. The Rainbow Elder Care presentation May 23 is a cooperative presentation with YS Pride as we partner to address the unique challenges LGBTQ+ individuals cope with as they need more personal care.

### Some other developments to share:

- The new 2022 Hybrid Toyota Sienna van will be available this summer for wheelchair-bound riders, (Thanks again to GCCOA for the generous purchase of this new vehicle!)
- Repair work on the building's exterior includes work to "let the bricks breathe" as we begin the

change from a painted white building to having exposed bricks. This should correct water seeping into the building.

- The Volunteer Medical Escort Program, first developed in 2011, is being renewed so that a reassuring person can accompany individuals when needed.
- We have applied for a grant to fund the construction of a patio in the space between our building and the Emporium.

We await your inspiration or suggestion for what could happen next. The Center and its programs are products of the community, individuals and culture of our Village. We will all continue to age, grow, and develop together.

### Local Fare

The Senior Center would like to thank Current Cuisine, the Emporium, the Greene Canteen, Mama's Midnight Bakery, Tom's Market, the Veganry, the YS Baking Company, and Young's for participating in the Local Fare program and a huge thank you to the Yellow Springs Community Foundation for their support.

– Caroline Mullin, Executive Director  
937-767-5751 x 101, [cmullin@ysseniors.org](mailto:cmullin@ysseniors.org)

## Annual Meeting!

**Wednesday, June 22 at 5 pm**

The Annual Meeting of the Yellow Springs Senior Center is Wednesday, June 22 at 5:00 pm on Zoom. A mailing will be sent to all members in early June.

# CLASSES & GROUPS

## Exercise, Movement, & Yoga

### Yoga with Reena\*, Mon. & Thurs. 1:30 pm

Beginner's yoga on the floor or seated. *In the Great Room and on Zoom.*

### Qi Gong, Tues. & Fri. 1–1:45 pm

The group follows an easy DVD on the big screen. *In the Great Room.*

### Dancing with Parkinson's\*, Wed. 2–3 pm

For people with Parkinson's and their spouses or caregivers. *In the Great Room and on Zoom.*

### Tai Chi\*, Fri. 11:30 am

Dee Arianne Rockwood teaches this gentle form of low or no impact exercise. *In the Great Room and on Zoom.*

### Strength Training with Andrew, Thurs. 1 pm

Work out with a certified personal trainer. *On Zoom.*

## Learn a Language

### Spanish Review, Mon. 2:30–3:45 pm

This is NOT a class, but an opportunity to review. *In the Fireplace Room.*

### Advanced Beginner Spanish, Mon. 4–5 pm

¡Hola Amigos! Judy Skillings is teaching Advanced Beginner Spanish. *On Zoom.*

### Beginner Spanish, Wed. noon–1 pm

Taught by Judy Skillings. *On Zoom. Limited enrollment, contact JudithSkillings@yahoo.com.*

### Intermediate Spanish with Josefina, Thurs. 4 pm

Taught by Josefina Sosa from Cuernavaca, Mexico. Suggested donations \$100 for 10 sessions. *On Zoom. Limited enrollment, contact JudithSkillings@yahoo.com.*

### All Level Spanish Class, Fri. 10 am

Judith Skillings teaches an All Level Spanish Class in person. *In the Great Room*

### French Class, Tues. 2 pm

For those with basic to advanced French skills to read and converse in French. *On Zoom or in person, contact Lynda Hicks at lyndalh7@hotmail.com for info.*

### Beginning German, Tues. 3:30–4:30 pm

Dr. Robert Conard is teaching using the book, *Elementary German*, 2nd ed. *In the Fireplace Room.*

## Card & Strategy Games

### Rummikub, Tues. 2 pm

Like Rummy & Mahjong combined with only numbers. Easy to play. *In the Great Room.*

### Bridge, Second & Fourth Wed. 1–3:30 pm

Bridge. *In the Fireplace Room.*

### Bridge, Wed. 6:30–9 pm

Duplicate bridge. *In the Great Room.*

### Euchre Online, Wed. & Sun. 1:30 pm

Call Brad, 707-321-2341 for information. *Online.*

### Mahjong, Thurs. & Sat. 1–4 pm

A game of mental finesse. *Thurs. in the Fireplace Room; Sat. in the Great Room.*

## Other Social Activities

### Lunch & Meet Thursdays, Thurs. noon–1 pm

Join us Thursdays at noon for this Zoom event featuring guest speakers or performers while you eat at home. Registration is required, email info@ysseniors.org or call 937-767-5751. *On Zoom.*

### Hearing Aid Help, Fourth Tues. 10 am

From Xenia Hearing Center. *In the Fireplace Room*

### Knitting, Crochet, & Crafts, Wed. 10:30 am

Weekly knitting/crocheting with occasional special craft projects which will be announced on the website and on Facebook. *In the Great Room*

### YS Social Zoom Hour, Second & Fourth Fri. 4 pm

The second and fourth Fridays. *On Zoom*

### Financial Series, Mon., May 9 & June 13, 6:30 pm

Ryan Beach, Financial Advisor with Edward Jones in Xenia presents finance information every month. *In the Great Room, the second Mondays April–November.*

**Red classes** are on Zoom,  
**Underlined\*** are hybrid (in person & on Zoom)

**Check the website Calendar for  
updates and Zoom links: [ysseniors.org](http://ysseniors.org)**

# UPCOMING EVENTS & NEW ACTIVITIES 3

## Ohio Prehistory Tours

Southwestern Ohio is the heartland of two great prehistoric cultural traditions, the Adena and the Hopewell, also known as the Mound Builders, who created hundreds of magnificent earthen structures in this area long ago. The Senior Center is hosting day trips to see some of these great structures that have survived thousands of years of time and erosion.

On **Wednesday, May 11** we will visit local Adena mounds including the Williamson Mound, Kinsey Mound, Wright Brothers Memorial Group Mounds, and the Miamisburg Mound as well as going to Sunwatch Indian Village.

On **Wednesday, June 15** we will visit the Newark Earthworks and Hopewell Culture National Park.

On **Thursday, July 14** we will visit Fort Ancient and the Serpent Mound.

We will travel by personal auto; car-pooling is recommended. Tours leave from the Senior Center at 9 am and arrive back around 5 pm. A local anthropologist will guide each tour. Some walking will be necessary – you should be able to walk about one-half mile. Box lunches (your choice of meals) and bottled water will be provided.

The cost of each tour is \$50, which includes admission fees, parking fees, and box lunches; please pay by one week prior to the tour. Reservations can be made by sending a check to the Senior Center. To pay with a credit card or for more information visit [ysseniors.org/tours](http://ysseniors.org/tours).

## Community Colloquy Series

*Third Thursday of the month, 7–8:30 pm*

YSSC will host monthly guests to share their expertise and knowledge with the community. The guest for **May 19 is Jane Fernandes**, President of Antioch College will give an update on the college. On **June 16 Dr. Judith Skillings** will speak on speak on “White privilege and everyday life.”

Programs will meet in the Great Room and also be on Zoom. All are welcome but seating may be limited, so please register in advance by calling 937-767-5751 or emailing [info@ysseniors.org](mailto:info@ysseniors.org).

## Tea Party Social

*Friday, May 6, 2 pm*

Please come for tea and refreshments in the Great Room. Everyone is welcome but please call ahead at 937-767-5751 or email [info@ysseniors.org](mailto:info@ysseniors.org) to reserve a spot.

## Ethical Wills

*Monday, May 9, noon–1:30 pm*

Artie Isaac will present information on Ethical Wills. Ethical wills are not a legal document or about material items, they are a way to convey your values, stories, and important information to loved ones. Artie’s presentation will help you start crafting your own way to express your ideas. Registration is required, call 937-767-5751 or send an email to [info@ysseniors.org](mailto:info@ysseniors.org), limited to 8 participants.

## Shall We Play a Game?

*Friday, May 20, 7 pm*

Please join us at the Center for an evening playing board games. We will have the classics (like Sorry or Monopoly) as well as some newer games (Catan, Dominion, Code Names). You are welcome to bring a game you might like to share, and so long as health requirements allow, you are welcome to bring snacks and drinks. All ages are welcome.

## Rainbow Elder Care

*Monday, May 23, 6:30 pm*

Rainbow Elder Care is a Dayton non-profit organization providing advocacy, educational resources, support and referral services to the elder LGBTQ community and straight allies. They will share a presentation about special considerations as personal care needs increase for LGBTQ individuals. YS Pride representatives will be here to join this conversation. All are welcome to this free event in the Great Room and on Zoom.



*Left to right: Ava Taylor, Ken Coleman and Helen Eier, co-winners of the YSSC “Car Wrap Design” Contest, gathered to see the final design inspired by their submissions. Additional photos and the submissions are at [ysseniors.org/carwrap](http://ysseniors.org/carwrap).*

## 4 Think Globally, Act Locally!

*Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.* –Margaret Mead

We live in the shadow of the future. A recent book, *Homo Prospectus*, suggests that we dwell on the future – both our immediate tomorrows as well as more distant horizons – up to 50% of our waking hours. The authors then study and evaluate how our “futuring” motivates thought and action more than our thinking about the present or the past. And, of late, contemplating the future doesn’t always feel so good! The headlines are full of horrific news – daily updates from the pandemic and war, to climate and social injustices.

The problems we face today are immense. They are complex and far-reaching with no easy or simple solutions. Unfortunately, just one person, believing that one can impact – let alone, fix – any one of these problems is, in itself, delusional and a problem of a different order. Simply stated, one can’t. However, by not doing *something*, we risk becoming numb or fatalistic, encouraging our withdrawal from the state of affairs, engendering a cynical, “*why bother*,” attitude.

What are we to do?

I first learned the concept of *Think Globally, Act Locally* from the iconoclastic futurist and economist, Hazel Henderson (*The Politics of the Solar Age*, 1975). The quote is attributed to other authors as well. It offers each of us a concept of how we might be an agent for world change. There are many examples and opportunities to do so in our own backyard.

Consider the weekly congregation of peace activists at Limestone St. and Xenia Ave. Or, the gathering of the World House Choir at various locales in the Village. Other local practices and organizations exemplify the measured steps we can take and the partnerships we can make to contribute to improving our tomorrows. For example, take a quick tally of all the volunteers at the Community Food Pantry, the Miami Township Fire-Rescue, Agraria, the 365 Project, Tecumseh Land Trust, the YS Arts Council, Glen Helen, the local schools and churches, and other local not-for-profit organizations.

Yellow Springs abounds with endless opportunities to *act locally* and help create the future we want.

– Robert Libecap, Transportation Manager  
937-767-5751 x104, rlibecap@ysseniors.org

## Hidden Gems

The modern senior center has roots dating back to the 1940s in New York City where they were first established. Focused on meeting the needs of their community there are now an estimated 14,000 plus centers all over America.

The Yellow Springs Senior Center works continuously to meet the needs of the community. Interaction with the seniors in the Village has revealed lots of hidden gems among our population. Artists, writers, mentors, tree lovers, fighters for justice, and more. You name it, they are here. YSSC provides opportunities for individuals to shine when they wish to and to reach as many as possible. Individuals may benefit from classes and groups including: yoga, mahjong, Spanish, German, Dancing with Parkinson’s, French, and more. We also provide food deliveries, homemakers, and senior services that permit seniors to thrive in place right here in the Springs.

Come in, give us a try, and you may find that we can make you shine.

–Teresa Bondurant, Homemaker Program Manager  
937-767-5751 x107, tbondurant@ysseniors.org

## Hearing Aid Help

Happy Spring! I am excited to let everyone know that Hearing Aid Help will be starting up again. It will be held on the fourth Tuesday of every month at 10 am, in the Fireplace Room. A big thank you to Xenia Hearing Center for providing this service.

As always, we are here to help you with your insurance and Medicare questions. We also have information on food and housing assistance and many other services that can help seniors age in place in their own homes.

Stephanie Lawson, Support Services Manager  
937-767-5751, ext. 108, slawson@ysseniors.org

## Flash Mob

To celebrate National Senior Health & Fitness Day on Wednesday, May 25, 1 pm on Short Street, the YSSC is presenting the annual Flash Mob event choreographed by Lynn Hardman.

There will be three practice sessions with Kristyn Andrews in the Great Room on Mondays May 9, 16, and 23 from 1–1:30 pm.

The goal of National Senior Health & Fitness Day is to promote regular physical activity.

## THURSDAY

## FRIDAY

## SAT / SUN

<p><b>2</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish</p>	<p><b>3</b></p> <p>10:00 — All Level Spanish Class  11:30 — Tai Chi*  1:00 — Qi Gong</p>	<p><b>4</b></p> <p>1:00 — Mahjong</p> <hr/> <p><b>5</b></p> <p>1:30 — Euchre Online</p>
<p><b>9</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish</p>	<p><b>10</b></p> <p>10:00 — All Level Spanish Class  11:30 — Tai Chi*  1:00 — Qi Gong  4:00 — YS Social Zoom Hour</p>	<p><b>11</b></p> <p>1:00 — Mahjong</p> <hr/> <p><b>12</b></p> <p>1:30 — Euchre Online</p>
<p><b>16</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish  7:00 — <u>Community Colloquy:</u>  <u>Judith Skillings*</u></p>	<p><b>17</b></p> <p>10:00 — All Level Spanish Class  11:30 — Tai Chi*  1:00 — Qi Gong</p>	<p><b>18</b></p> <p>1:00 — Mahjong</p> <hr/> <p><b>19</b></p> <p>12:30 — Grandmother Council  1:30 — Euchre Online</p>
<p><b>23</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish</p>	<p><b>24</b></p> <p>10:00 — All Level Spanish Class  11:30 — Tai Chi*  1:00 — Qi Gong  4:00 — YS Social Zoom Hour</p>	<p><b>25</b></p> <p>1:00 — Mahjong</p> <hr/> <p><b>26</b></p> <p>1:30 — Euchre Online</p>
<p><b>30</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish</p>	<div data-bbox="717 1743 904 1929" data-label="Image"> </div> <div data-bbox="1218 1799 1464 1873" data-label="Text"> <p><b>Turn over for May calendar</b></p> </div>	

# MAY 2022

## MONDAY

## TUESDAY

## WEDNESDAY

<p><b>2</b></p> <p>1:30 — <u>Yoga with Reena*</u>  2:30 — Spanish Review  4:00 — Adv. Beginner Spanish</p>	<p><b>3</b></p> <p>1:00 — Qi Gong  2:00 — French Class  2:00 — Rummikub  3:30 — Beginning German  7:00 — YS Strings Rehearsal</p>	<p><b>4</b></p> <p>10:30 — Knitting, Crochet, &amp; Crafts  12:00 — Beginner Spanish  1:30 — Euchre Online  2:00 — <u>Dancing with Parkinson's*</u>  6:30 — Bridge</p>
<p><b>9</b></p> <p>12:00 — Ethical Wills, pg. 3  1:00 — Flash Mob Practice, pg. 3  1:30 — <u>Yoga with Reena*</u>  2:30 — Spanish Review  4:00 — Adv. Beginner Spanish  6:30 — Financial Series</p>	<p><b>10</b></p> <p>1:00 — Qi Gong  2:00 — French Class  2:00 — Rummikub  3:30 — Beginning German  7:00 — YS Strings Rehearsal</p>	<p><b>11</b></p> <p>9:00 — Mound Tour #1, pg. 3  10:30 — Knitting, Crochet, &amp; Crafts  12:00 — Beginner Spanish  1:00 — Bridge  1:30 — Euchre Online  2:00 — <u>Dancing with Parkinson's*</u>  6:30 — Bridge</p>
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<p><b>23</b></p> <p>1:00 — Flash Mob Practice, pg. 3  1:30 — <u>Yoga with Reena*</u>  2:30 — Spanish Review  4:00 — Adv. Beginner Spanish  6:30 — <u>Rainbow Elder Care Presentation, pg. 3*</u></p>	<p><b>24</b></p> <p>10:00 — Hearing Aid Help  1:00 — Qi Gong  2:00 — French Class  2:00 — Rummikub  3:30 — Beginning German  7:00 — YS Strings Rehearsal</p>	<p><b>25</b></p> <p>10:30 — Knitting, Crochet, &amp; Crafts  12:00 — Beginner Spanish  1:00 — Flash Mob, pg. 4  1:00 — Bridge  1:30 — Euchre Online  2:00 — <u>Dancing with Parkinson's*</u>  5:00 — YSSC Board Meeting  6:30 — Bridge</p>
<p><b>30</b></p> <p>CLOSED for Memorial Day</p>	<p><b>31</b></p> <p>1:00 — Qi Gong  2:00 — French Class  2:00 — Rummikub  3:30 — Beginning German  7:00 — YS Strings Rehearsal</p>	

## THURSDAY

## FRIDAY

## SAT / SUN

<p><b>5</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish</p>	<p><b>6</b></p> <p>10:00 — All Level Spanish Clas  11:30 — <u>Tai Chi</u>*  1:00 — Qi Gong  2:00 — Tea Party Social, pg 3</p>	<p><b>1</b></p> <p>1:30 — Euchre Online</p> <p><b>7</b></p> <p>1:00 — Mahjong</p> <p><b>8</b></p> <p>1:30 — Euchre Online</p>
<p><b>12</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish</p>	<p><b>13</b></p> <p>10:00 — All Level Spanish Class  11:30 — <u>Tai Chi</u>*  1:00 — Qi Gong  4:00 — YS Social Zoom Hour</p>	<p><b>14</b></p> <p>1:00 — Mahjong</p> <p><b>15</b></p> <p>12:30 — Grandmother Council  1:30 — Euchre Online</p>
<p><b>19</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish  7:00 — <u>Community Colloquy:</u>  <u>Jane Fernandes</u>*</p>	<p><b>20</b></p> <p>10:00 — All Level Spanish Class  11:30 — <u>Tai Chi</u>*  1:00 — Qi Gong  7:00 — Game Night, pg. 3</p>	<p><b>21</b></p> <p>1:00 — Mahjong</p> <p><b>22</b></p> <p>1:30 — Euchre Online</p>
<p><b>26</b></p> <p>12:00 — Lunch &amp; Meet  1:00 — Mahjong  1:00 — Strength Training with Andrew  1:30 — Yoga with Reena*  4:00 — Intermediate Spanish</p>	<p><b>27</b></p> <p>10:00 — All Level Spanish Class  11:30 — <u>Tai Chi</u>*  1:00 — Qi Gong  4:00 — YS Social Zoom Hour</p>	<p><b>28</b></p> <p>1:00 — Mahjong</p> <p><b>29</b></p> <p>1:30 — Euchre Online</p>

Zoom links are on the website at  
[ysseniors.org/calendar](https://ysseniors.org/calendar)  
(select activity, link is in pop up box)

See page 2 for class descriptions  
Classes titles in **Red** are on Zoom

Class titles underlined\* and with an \* are hybrid and are both in person and on Zoom

**Turn over for  
June calendar**

# JUNE 2022

## MONDAY

## TUESDAY

## WEDNESDAY

Zoom links are on the website at  
[ysseniors.org/calendar](https://ysseniors.org/calendar)  
 (select activity, link is in pop up box)

See page 2 for class descriptions

Classes titles in **Red** are on Zoom

Class titles underlined\* and with an \* are hybrid and are both in person and on Zoom

<p><b>6</b></p> <p>1:30 — <u>Yoga with Reena*</u>          2:30 — Spanish Review          4:00 — <b>Adv. Beginner Spanish</b></p>	<p><b>7</b></p> <p>1:00 — Qi Gong          2:00 — <b>French Class</b>          2:00 — Rummikub          3:30 — Beginning German          7:00 — YS Strings Rehearsal</p>	<p><b>1</b></p> <p>10:30 — Knitting, Crochet, &amp; Crafts          12:00 — <b>Beginner Spanish</b>          1:30 — <b>Euchre Online</b>          2:00 — <u>Dancing with Parkinson's*</u>          6:30 — Bridge</p>
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## Survey Results

Thanks to all responded to our recent survey. A more comprehensive survey will happen later in the year to help determine if YSSC is aging as well as our villagers are. With 84 respondents, about 20% of our members, here are some results:

- 26% report all their family or key support people live far away
- 41% state they moved to Yellow Springs AFTER the age of 50
- 2% expect to have to leave Yellow Springs and live elsewhere when their needs change
- 43% are attending activities in person
- 27% have been participating in online activities

## eNewsletter

PDF files of the bimonthly Newsletter, going back to 2019, are available on [ysseniors.org/enewsletter](https://ysseniors.org/enewsletter). An eNewsletter is also sent to everyone who gets the weekly email blasts.

If you would like to get these emails, email [info@ysseniors.org](mailto:info@ysseniors.org) or go to the website to sign up using the link on the home page.

## Recognition Award

The Yellow Springs Community Foundation recently recognized the Yellow Springs Senior Center with the “Nonprofit Community Impact Award” (along with the 365 Project) and the Center’s Encore Miller Fellow Linda Sikes with the “Encore Miller Fellow Engagement Award.” Both awards were presented at the YSCF Annual Meeting on April 7.

## Grocery Delivery

The Senior Center continues to shop for groceries weekly from Tom’s Market for anyone who is homebound due to transportation, mobility, or health issues. Deliveries are on **Fridays** and **orders are due by 11 am on Thursdays**. Orders are accepted one of three ways:

- e-mail to [info@ysseniors.org](mailto:info@ysseniors.org)
- by using the form at: [ysseniors.org/grocery-delivery-program](https://ysseniors.org/grocery-delivery-program)
- calling 937-767-5751 Mon.–Fri. 9:30 am–4 pm

Credit Card/Debit Card/EBT cards are accepted. This is a free service. Donations are gratefully accepted.



A Memorial Exhibit of Sue Brezine’s artwork is showing in the Yellow Springs Senior Center’s Fireplace Room Gallery. Sue was a native Daytonian and long-time Yellow Springs resident and an award-winning and widely respected watercolor painter, including recognition from the Western Ohio Watercolor Society and “The Artist Magazine.” The show will be up from April 1-June 29 and can be seen during the Center’s open hours of M-F 9:30 am-4 pm, except during class time. Please check the calendar or call before you come. For more information, visit [ysseniors.org/art](https://ysseniors.org/art).

## SeniorPalooza 2022: Making an Impression

This year's SeniorPalooza is a combination of online videos, trivia, and activities you can do at home, as well as in-person events. All the information you need for the SeniorPalooza has been recorded in the Itinerary, which can be found on the Council's website, mailed if requested, or picked-up at the Drive-By Event.

The **Drive-By Event** is Wednesday, May 4 from 1:30–3 pm in the Xenia Community Center parking lot, 1265 W. Second St., next to the Council's office. Your Council Team will be on hand to offer you an Impressive Takeaway Bag with the Itinerary, a challenge kit, several surprises, and the registration form for the Senior Field & Impression Day.

The **Senior Field & Impression Day** at the XCC is Thursday May 19 from 11:30 am–2:30 pm with fun games and challenges including a warm-up, move to the beat, then tackle a medley relay. The event will move into the gym for snacks and hands-on activities: creating an impression in clay for a trinket tray, and a timed creativity challenge. A Grab'n'Go Supper will be available. Advance registration is required, and space is limited for this afternoon of outside and indoor fun.

The registration form will be in the Impressive Takeaway Bag and online at [gcco.org](http://gcco.org). Videos will be posted to the Council's Facebook Page, website, and YouTube channel starting May 1, including videos of Brick and Baum who will be practicing their best impressions.

For more information or to request an itinerary, contact the Council at [YourFriends@gcco.org](mailto:YourFriends@gcco.org) or 937-376-5486 or on their website at [gcco.org](http://gcco.org).

## Yard Sale

The Greene County Council on Aging's Annual Yard Sale is Thursday, June 2 from 9 am–4 pm in the GCCOA's Parking Lot, 1195 W. Second St. in Xenia. The event will be held rain or shine and proceeds benefit their Grab Bar Installation Program.

If you have any items to donate, you can drop them off at GCCOA on May 5, 12, and 19 or by appointment by calling 937-376-5486. They will take household items, books, jewelry, crafts, small furniture, tools, kids' toys and accessories, holiday and miscellaneous decor, and gardening items.

## Living Your Legend

The GCCOA invites you to share a bit of your life story and hear the stories of others on Monday, May 16 from noon–2:30 pm at Clifton Senior Center, 141 Clinton St. in Clifton.

Some suggestions of what you can share:

- How was the world different when you were a child?
- What is your family heritage?
- What songs did you sing/games did you play as a child?
- What type of work did you do/are you doing?
- To where have you travelled?
- What are some favorite stories about family and friends?

Participants are encouraged to bring a few photos from childhood through recent years.

Yellow Springs resident Patti Dallas will lead the program which includes a box lunch. Patti is a longtime film producer and musician. Her specialty is community and family histories.

There is no charge to attend, but reservations are required by May 9 to plan for the box lunch and set-up.

To reserve your spot or for questions, please contact Tim Brickey at 937-376-5486 or send an email to [tim.brickey@gcco.org](mailto:tim.brickey@gcco.org).

## Other GCCOA Events

- **Grief & Loss Group:** Mondays, May 9 and June 13 (the second Monday) from 10 am–noon at Peace Lutheran Church in Beavercreek.
- **Memory Loss, Dementia & Alzheimer's Disease:** Wednesday, May 11 from 2:30–4:30 pm at the Xenia Community Center (XCC) next door to the GCCOA Office.
- **Legal Chat:** Thursday, May 19 (the third Thursday) at 2:30 pm at Peace Lutheran Church, 3530 Dayton-Xenia Road, Beavercreek. Enter at lower level door with awning.
- **Medicare 101:** Wednesday, June 8, 2:30–4 pm at the Xenia Community Center (XCC) next door to the GCCOA Office.

Contact GCCOA with questions or to register for these events at 937-376-5486 or send an email to [YourFriends@gcco.org](mailto:YourFriends@gcco.org). Information is also available on their website at [gcco.org](http://gcco.org).

## May Birthdays

5/02\* Polly Chick  
 5/05\* Elsie Richardson  
 5/05 Christine Steele  
 5/07 Diane Chiddister  
 5/08 David Hyde  
 5/08 Joe Johnson III  
 5/08 Jody Johnson  
 5/11\* Paul Abendroth  
 5/11 Dave Goode  
 5/13\* Shirley Mullins  
 5/14 Frances Abrams  
 5/14 Kitty Jensen  
 5/14 Scott Clark  
 5/15 Cynthia Coffman  
 5/15 Elizabeth Tinker  
 5/16 Kathy Heriot  
 5/18\* Marjorie Johnson  
 5/18\* Kathy Beverly  
 5/20 Bob Scott  
 5/20 Diana Glawe  
 5/21 Ellen Hoover  
 5/22 Juanita Melton  
 5/23 Ellen Svendsen  
 5/24 Sally Meier  
 5/25 Elaine Kresge  
 5/25 Susan Stiles  
 5/26 Cathy Hill  
 5/28 Vicci Ayers  
 5/28 Jim Bailey  
 5/28 Wendy Levitch  
 5/29 Keith Kresge  
 5/29 Inge Lake

**\*Indicates those known to be 80 or older.**

*We apologize to anyone who may have been left off the Birthday List by mistake. We include current members who have shared their birth date.*

## June Birthdays

6/01 Deborah Chlebek  
 6/01 Lynn Hardman  
 6/02\* June Allison  
 6/04 Carol Cox  
 6/06 Kristyn Andrews  
 6/07 Pam Geisel  
 6/07 Wayne Gulden  
 6/07\* Harry Lipsitt  
 6/07\* Chris Ravndal  
 6/09 Paul Graham  
 6/13 Susan Gartner  
 6/13 Amy Bennett  
 6/15 Rosemary Bailey  
 6/16 Barbara Hartwick  
 6/18 Peggy Koebernick  
 6/18\* David Westneat  
 6/18\* Bob Baldwin, Jr.  
 6/19 Judith O'Connor  
 6/19 Linda Griffith  
 6/20 Ruth Lapp  
 6/20 Pam von Matthiessen  
 6/22\* Rubin Battino  
 6/22 Mary Reeder  
 6/22\* Walter Rhodes  
 6/24\* Donna Brown  
 6/24\* Katherine Kadish  
 6/26\* Don Mates  
 6/28 Eliza Longstreth  
 6/29 Jeanine Clark  
 6/29 Omintha Petrie

## Welcome NEW Members!

Laura Curliss  
 Deborah Dixon  
 Kay Kendall  
 Robert Lytle

## Senior Center Hours

Mon.–Fri. 9:30 am–4:00 pm

**Closed:** New Year's Day,  
 Martin Luther King, Jr. Day,  
 Presidents' Day, Memorial Day,  
 Juneteenth, Independence Day,  
 Labor Day, Thanksgiving Day,  
 Day after Thanksgiving,  
 & Christmas Day



**Yellow Springs  
 Senior Citizens, Inc.**  
*Established 1959*

### Board of Trustees

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 Diane Chiddister, *Vice-President*  
 Anna Bellisari, *Secretary*  
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### Staff – 937-767-5751

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Teresa Bondurant, x107

#### Support Services Manager

Stephanie Lawson, x108

#### Transportation Manager

Robert Libecap, x104

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Corinne Pelzl, x105

#### Bookkeeper

Jeanna Gunderkline, x102

#### Operations Assistant

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#### Marketing Manager

Pam Geisel, x106

#### Miller Fellows

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Kristyn Andrews, x104

#### Homemakers:

Vicci Ayers, Katia  
 Clod-Svensson, Melanie Evans,  
 Jacqueline Hunt, Jennifer Johnson,  
 Melissa Kuhns, and Heather Neill

### Newsletter Deadline

Copy deadline is **Jun. 1 for Jul/Aug.**  
 When submitting items please stay  
 under 350 words and include your  
 name and phone number. Mail or  
 deliver to the Center or email it to  
 Pam at [pgeisel@ysseniors.org](mailto:pgeisel@ysseniors.org)

### Mailing Volunteers

Mar/Apr: Susan Bothwell, Anna Hogarty,  
 Arati Cacciolfi, Teresa Misty Gill

**This issue and past issues  
 of Senior Notes are on the  
 website under the Other tab:  
[ysseniors.org/enewsletter](http://ysseniors.org/enewsletter)**

## Membership Dues

\$20 annual memberships,  
 \$15 for each additional  
 household member.

Make checks payable to

**Yellow Springs Senior Center**  
 and mail to: YSSC, 227 Xenia Ave.  
 Yellow Springs, OH, 45387

Or pay online at:

[ysseniors.org/membership](http://ysseniors.org/membership)



227 Xenia Avenue  
Yellow Springs OH  
45387  
937-767-5751  
www.ysseniors.org

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CURRENT RESIDENT OR:



# 9th Annual Garden Dinner Party

## Benefit for the Yellow Springs Senior Center

Saturday, June 25, 2022 from 6-9 pm • \$65.00 per person  
RSVP by June 1, 2022 (Seating is limited so please register early)

Please include all persons in your party, limit six, in the envelope with payment. We will do our best to accommodate your requests.

All participants must be fully vaccinated.

Contact the Senior Center at 937-767-5751 or info@ysseniors.org.

Name(s) \_\_\_\_\_

\_\_\_\_\_

Contact Person Name \_\_\_\_\_

Cell # \_\_\_\_\_ Email \_\_\_\_\_

Vegetarian \_\_\_\_\_ Vegan \_\_\_\_\_ Gluten Free \_\_\_\_\_

Other Dietary Restrictions \_\_\_\_\_

Will everyone in your party be fully vaccinated for Covid by June 11, 2022? \_\_\_\_\_

My/Our check(s) in the amount of \$ \_\_\_\_\_ included (Checks made to YSSC)

☐ **No, I/We cannot attend, but wish to make a donation of \$ \_\_\_\_\_.**

