

Senior Notes

A bimonthly publication for members of the Yellow Springs Senior Center



Volunteer services and financial contributions are vital to the operation of the Senior Center.
227 Xenia Avenue, Yellow Springs, OH 45387 • 937-767-5751 • ysseniors.org

Director's Comments

How are you? That casual phrase has typically been a greeting more than a question. However it seems to have taken on more meaning lately. When we get to see friends again, we truly want to know how they are doing. Having a conversation with someone may have greater meaning and emotional connection, but it can be challenging.

Over the past 18 months many of us have been chatting with our plants and pets more than with people. Masks covering our expressions, muffling our words, and making it hard to recognize friends complicate conversations. It may take a little extra effort and time to say "Hello, how are you?" and wait for a genuine answer, but it is worthwhile.

Gatherings at the Center for games, classes and exercise echo with kind words and friendly chatting. The online Zoom activity participants are glad to visit a bit and always include smiles and waves. The Center will continue to provide online options for activities and hope to expand access for those who cannot join in person. Suggestions for new classes and activities are always welcome. Please check page 3 to see upcoming events and new activities that are planned.

– Caroline Mullin, Executive Director
937-767-5751 x 101, cmullin@ysseniors.org

Covid Policies

General Policy: As Covid policies continue to adapt, the Center is monitoring the recommendations of the CDC, local and state health and the Ohio Department of Aging's recommendations including masking requirements. Check the website at www.ysseniors.org for the most up-to-date information.

Transportation Department: Unvaccinated potential riders please call for more information.

Planned Giving

Jill Chapman was a volunteer and frequent participant in activities at the Senior Center. We are honored that she included YSSC in her estate plan. Her generous bequest will help continue the programming that she enjoyed as well as provide services to others in the future. Please share your remembrances of Jill with a staff member; she touched many lives.

If you are interested in including YSSC in your will or any other planned giving, please contact Caroline to discuss.

Welcome New Staff

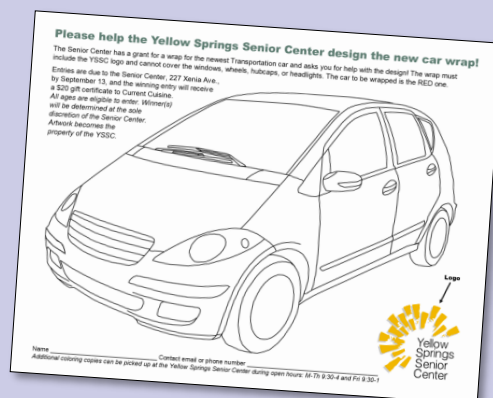
Please help welcome Stephanie Lawson to the YSSC staff. Stephanie, a registered nurse and Yellow Springs resident, is the Center's new Support Services Manager.

There will be more information about her on the website and in the next newsletter.

Volunteer Opportunity

The Center has a need for gardening volunteers to keep up the flower beds. Call 937-767-5751.

The YSSC has a grant for a wrap for the newest Transportation car and asks you for help with the design! Entry sheets with details can be picked up at the Center or downloaded from the website, ysseniors.org, and are due by September 13.



CLASSES & GROUPS

Check the Calendar on the website for updates and Zoom links: ysseniors.org

Exercise, Movement, & Yoga

Yoga with Reena, Mon. & Thurs. 1:30 pm

Beginner's yoga on the floor or seated. *In the Great Room and on Zoom.*

Chair Interval Training, Tues. & Thurs. 11 am–noon

Lynn Hardman instructs this class which is good for people with limited mobility. *Tuesday's class is virtual on [youtube.com/c/CommunityAccessYellowSprings/featured](https://www.youtube.com/c/CommunityAccessYellowSprings/featured) (click on the word Videos) and on Spectrum cable Channel 5. Thursdays's class is in person in the Great Room and also on YouTube and Channel 5.*

Qi Gong, Tues. 1–1:45 pm & Fri. 10:30–11:30 am

The group follows an easy DVD on the big screen. *In the Great Room.*

Dancing with Parkinson's, Wed. 2–2:45 pm

For people with Parkinson's and their spouses or caregivers. *In person in the Great Room and on Zoom.*

Zumba Bold, Wed. 5:30–6:30 pm

Lynn Hardman leads this low impact, dance party. *In person in the John Bryan Community Gym and on Zoom.*

Tai Chi, Fri. 11:30 am—**Restarting in Sept.!**

Dee Arianne Rockwood teaches this gentle form of low or no impact exercise. *In the Great Room.*

Strength Training with Andrew, Fri. 2:45 pm

On Zoom.

Learn a Language

Spanish Review, Mon. 2:30–3:45 pm

This is NOT a class, but an opportunity to review. *In the Fireplace Room.*

Advanced Beginner Spanish, Mon. 4–5 pm

¡Hola Amigos! Judy Skillings is teaching Advanced Beginner Spanish. *Comprende Ud.? On Zoom.*

Spanish Chat, Wed. 11 am–noon

Participants are matched for 15 minute conversations then reassigned. Skill level are matched. *On Zoom.*

Absolute Beginner Spanish, Wed. noon–1 pm

Judy Skillings is teaching using the book "Easy Spanish Step-By-Step" by Barbara Bregstein. *On Zoom.*

Intermediate Spanish with Josefina, Thurs. 4 pm

Taught by Josefina Sosa from Cuernavaca, Mexico. Suggested donations of \$100 for 10 sessions for those able to pay. *This class has a limited enrollment. Contact: JudithSkillings@yahoo.com for info. On Zoom.*

French Class, Tues. 2 pm

Taught by Lynda for those with basic French language skills. *Nous serions ravis de vous rencontrer! On Zoom.*

Beginning German, Tues. 3:30–4:30 pm

Dr. Robert Conard is teaching using the book, *Elementary German*, 2nd ed. *In the Fireplace Room.*

Card & Strategy Games

Rummikub, Tues. 2 pm

Like Rummy & Mahjong combined. *In the Great Room.*

Bridge, Wed. 6:30–9 pm

Duplicate bridge. *In the Great Room.*

Euchre Online, Wed. & Sun 1:30 pm

Call Brad, 707-321-2341 for information. *Online.*

Mahjong, Sat. 1–4 pm

A game of mental finesse. *In the Great Room.*

Other Social Activities

Lunch & Meet Thursdays, Thurs. noon–1 pm

Join us Thursdays at noon for this Zoom event featuring guest speakers or performers while you eat at home. Registration is required, email info@ysseniors.org or call 937-767-5751. *On Zoom.*

Great Novels & Poetry, Alternate Tues. 3:30 pm (see the Calendar for dates)

Jo Ann Kiser, Ph.D. from the Univ. of Chicago, with a focus on international literature, leads this group discussing books, poetry, and authors. *On Zoom.*

Writers Eclectic, First & Third Sun. at 2 pm

—Restarting in Sept.! Writers share and support each other's writing. *In the Fireplace Room.*

Financial Series, Second Mon. 6:30 pm

Ryan Beach, Financial Advisor with Edward Jones in Xenia presents finance related information every month in person in the Great Room. *April–November.*

Upcoming Events and New Activities 3

Day Trippin'

September 8 and 22, October 13 and 27, from 3–4 pm, and continuing on the 2nd and 4th Wednesdays
Gather with others in the Great Room to watch videos of travel in a variety of destinations.

Agraria Crock Pot Cooking

Thursday, September 9, 10–11 am, on Zoom

The Agraria Center for Regenerative Practice is dedicated to establishing ecological mindful land and farm practices, promoting environmental education for all learners, and developing a robust and equitable food system.

A central component of our food system is ensuring community members are able to access the resources to purchase food, as well as how to cook it! In this course we will demonstrate how to make a nutritious, locally sourced crock pot meal on a budget (vegetarian friendly). Call the YSSC at 937-767-5751 to register. The first 10 households who want one will be given a free crock pot.

Visits at a Distance

Have relatives afar, or is someone in your world isolating again? The Senior Center's Zoom "studio" and big screen in the Great Room may be scheduled during our open hours for Zoom "visits at a distance." Yellow Springs and Miami Township residents may use the service free of charge; certain restrictions apply. Call the Senior Center for details, 937-767-5751.

Healthy U This Fall

There is one more opportunity in 2021 to attend the Area Agency on Aging's free Healthy U at Home programs which help develop healthier habits and better manage chronic conditions, diabetes, or chronic pain.

The free materials are shipped to participants' homes, the phone discussion groups last an hour, and the Zoom workshop is two hours long.

Please contact Ann Finnicum at 937-567-0284 or send an email to HealthyUAnn@gmail.com before the September 15 to register or for more information.

Upcoming programs are listed on the agency website at www.info4seniors.org/news/wellness-programs/

Oktoberfest Social

October 5, 2 pm

Please join us to enjoy free brats, pretzels, and root BEER on our "Patio" (aka the carport), provided by Friends Care. All are welcome, but please call ahead at 937-757-5751 to reserve a spot.

Tablet Lending Program

Do you need access to a computer, or know of a senior that doesn't have access to a computer, and would benefit from having one? The Senior Center has some laptops to lend out to seniors who don't have a way to access Zoom classes and events. Have them give us a call at 937-767-5751 for more information.



A big thanks the Garden Dinner Party Hosts: Toni Dosik and Len Kramer, Bob and Tia Huston, Sue Neff, Bill Kent and Gayle Guyre, Margaret Dunn and Bill Spohn, Jerry Sutton and Sandy McHugh, Anna Bellisari and Paulette Olson, Ruth and Hank Lapp, and Beth Wiley. Over \$7,000 was raised by donations to the Garden Dinner Party, 60 guests enjoyed meals prepared by local chefs, and many new acquaintances were made.



SEPTEMBER 2021

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SAT / SUN

6 CLOSED In honor of Labor Day	7 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal	1 11:00 — Spanish Chat 12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 5:30 — Zumba Bold* 6:30 — Bridge	2 11:00 — Chair Interval* 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 4:00 — Intermediate Spanish	3 10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew	4 1:00 — Mahjong 1:30 — Euchre Online 2:00 — Writers Eclectic
	13 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish 6:30 — Financial Series: <i>The Four Pillars of the New Retirement</i>	14 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 3:30 — Great Novels/Poetry 7:00 — YS Strings Rehearsal	15 11:00 — Spanish Chat 12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 5:30 — Zumba Bold* 6:30 — Bridge	16 11:00 — Chair Interval* 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 4:00 — Intermediate Spanish	17 10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew
	20 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish	21 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal	22 11:00 — Spanish Chat 12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:00 — Day Trippin' 5:00 — YSSC Board Meeting 5:30 — Zumba Bold* 6:30 — Bridge	23 11:00 — Chair Interval* 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 4:00 — Intermediate Spanish	24 10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew
27 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish	28 11:00 — Virt. Chair Intrvl. 1:00 — Qi Gong 1:00 — Medicare 101 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 3:30 — Great Novels/Poetry 7:00 — YS Strings Rehearsal	29 11:00 — Spanish Chat 12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 5:30 — Zumba Bold* 6:30 — Bridge	30 11:00 — Chair Interval* 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 4:00 — Intermediate Spanish	3 10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew	11 1:00 — Mahjong 1:30 — Euchre Online 2:00 — Writers Eclectic
13 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish 6:30 — Financial Series: <i>The Four Pillars of the New Retirement</i>	14 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 3:30 — Great Novels/Poetry 7:00 — YS Strings Rehearsal	15 11:00 — Spanish Chat 12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 5:30 — Zumba Bold* 6:30 — Bridge	16 11:00 — Chair Interval* 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 4:00 — Intermediate Spanish	17 10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew	18 1:00 — Mahjong 1:30 — Euchre Online 2:00 — Writers Eclectic
20 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish	21 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal	22 11:00 — Spanish Chat 12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:00 — Day Trippin' 5:00 — YSSC Board Meeting 5:30 — Zumba Bold* 6:30 — Bridge	23 11:00 — Chair Interval* 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 4:00 — Intermediate Spanish	24 10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew	25 1:00 — Mahjong 1:30 — Euchre Online 2:00 — Writers Eclectic
27 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish	28 11:00 — Virt. Chair Intrvl. 1:00 — Qi Gong 1:00 — Medicare 101 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 3:30 — Great Novels/Poetry 7:00 — YS Strings Rehearsal	29 11:00 — Spanish Chat 12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 5:30 — Zumba Bold* 6:30 — Bridge	30 11:00 — Chair Interval* 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 4:00 — Intermediate Spanish	3 10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew	11 1:00 — Mahjong 1:30 — Euchre Online 2:00 — Writers Eclectic

Links for Zoom/YouTube events are on the calendar on our website at www.ysseniors.org/calendar (select the activity, link is in the pop up box)

**Hybrid class: online and in person*

OCTOBER 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT / SUN



Links for Zoom/YouTube events are on the calendar on our website at www.ysseniors.org/calendar (select the activity, link is in the pop up box)

**Hybrid class: online and in person*

<p>4</p> <p>1:30 — Yoga with Reena*</p> <p>2:30 — Spanish Review</p> <p>4:00 — Adv. Beginner Spanish</p>	<p>5</p> <p>11:00 — Virtual Chair Interval</p> <p>1:00 — Qi Gong</p> <p>2:00 — Oktoberfest Social</p> <p>2:00 — French Class</p> <p>2:00 — Rummikub</p> <p>3:30 — Beginning German</p> <p>7:00 — YS Strings Rehearsal</p>	<p>6</p> <p>11:00 — Spanish Chat</p> <p>12:00 — Beginner Spanish</p> <p>1:30 — Euchre Online</p> <p>2:00 — Dancing with Parkinson's*</p> <p>5:30 — Zumba Bold*</p> <p>6:30 — Bridge</p>	<p>7</p> <p>11:00 — Chair Interval*</p> <p>12:00 — Lunch & Meet</p> <p>1:30 — Yoga with Reena*</p> <p>4:00 — Intermediate Spanish</p>	<p>8</p> <p>10:30 — Qi Gong</p> <p>11:30 — Tai Chi</p> <p>2:45 — Strength Training with Andrew</p>	<p>9</p> <p>1:00 — Mahjong</p> <p>1:30 — Euchre Online</p> <p>10</p>
<p>11</p> <p>1:30 — Yoga with Reena*</p> <p>2:30 — Spanish Review</p> <p>4:00 — Adv. Beginner Spanish</p> <p>6:30 — Financial Series: Stocks: <i>The Nuts and Bolts</i></p>	<p>12</p> <p>11:00 — Virtual Chair Interval</p> <p>1:00 — Qi Gong</p> <p>2:00 — French Class</p> <p>2:00 — Rummikub</p> <p>3:30 — Beginning German</p> <p>3:30 — Great Novels/Poetry</p> <p>7:00 — YS Strings Rehearsal</p>	<p>13</p> <p>11:00 — Spanish Chat</p> <p>12:00 — Beginner Spanish</p> <p>1:30 — Euchre Online</p> <p>2:00 — Dancing with Parkinson's*</p> <p>3:00 — Day Trippin'</p> <p>5:30 — Zumba Bold*</p> <p>6:30 — Bridge</p>	<p>14</p> <p>11:00 — Chair Interval*</p> <p>12:00 — Lunch & Meet</p> <p>1:30 — Yoga with Reena*</p> <p>4:00 — Intermediate Spanish</p>	<p>15</p> <p>10:30 — Qi Gong</p> <p>11:30 — Tai Chi</p> <p>2:45 — Strength Training with Andrew</p>	<p>16</p> <p>1:00 — Mahjong</p> <p>12:30 — Grandmother Council</p> <p>1:30 — Euchre Online</p> <p>2:00 — Writers Eclectic</p> <p>17</p>
<p>18</p> <p>1:30 — Yoga with Reena*</p> <p>2:30 — Spanish Review</p> <p>4:00 — Adv. Beginner Spanish</p>	<p>19</p> <p>11:00 — Virtual Chair Interval</p> <p>1:00 — Qi Gong</p> <p>2:00 — French Class</p> <p>2:00 — Rummikub</p> <p>3:30 — Beginning German</p> <p>7:00 — YS Strings Rehearsal</p>	<p>20</p> <p>11:00 — Spanish Chat</p> <p>12:00 — Beginner Spanish</p> <p>1:30 — Euchre Online</p> <p>2:00 — Dancing with Parkinson's*</p> <p>5:00 — YSSC Board Meeting</p> <p>5:30 — Zumba Bold*</p> <p>6:30 — Bridge</p>	<p>21</p> <p>11:00 — Chair Interval*</p> <p>12:00 — Lunch & Meet</p> <p>1:30 — Yoga with Reena*</p> <p>4:00 — Intermediate Spanish</p>	<p>22</p> <p>10:30 — Qi Gong</p> <p>11:30 — Tai Chi</p> <p>2:45 — Strength Training with Andrew</p>	<p>23</p> <p>1:00 — Mahjong</p> <p>1:30 — Euchre Online</p> <p>24</p>
<p>25</p> <p>1:30 — Yoga with Reena*</p> <p>2:30 — Spanish Review</p> <p>4:00 — Adv. Beginner Spanish</p>	<p>26</p> <p>11:00 — Virtual Chair Interval</p> <p>1:00 — Qi Gong</p> <p>2:00 — French Class</p> <p>2:00 — Rummikub</p> <p>3:30 — Beginning German</p> <p>3:30 — Great Novels/Poetry</p> <p>7:00 — YS Strings Rehearsal</p>	<p>27</p> <p>11:00 — Spanish Chat</p> <p>12:00 — Beginner Spanish</p> <p>1:30 — Euchre Online</p> <p>2:00 — Dancing with Parkinson's*</p> <p>3:00 — Day Trippin'</p> <p>5:30 — Zumba Bold*</p> <p>6:30 — Bridge</p>	<p>28</p> <p>11:00 — Chair Interval*</p> <p>12:00 — Lunch & Meet</p> <p>1:30 — Yoga with Reena*</p> <p>4:00 — Intermediate Spanish</p>	<p>29</p> <p>10:30 — Qi Gong</p> <p>11:30 — Tai Chi</p> <p>2:45 — Strength Training with Andrew</p>	<p>30</p> <p>1:00 — Mahjong</p> <p>1:30 — Euchre Online</p> <p>31</p>

Medicare Information

Medicare 101

Tuesday, September 28, 1 pm at the new Miami Township Fire-Rescue community room

Are you approaching 65? Caregiver to someone on Medicare? Take the fear out of the unknown, the anxiety out of Medicare choices. Learn important information about signing up for Medicare from an expert who can answer questions and give key insights. Limited to 8 participants. Pre-registration required. Call 937-767-5751.

Medicare Open Enrollment 2022

Medicare plans (both Part D prescription and Advantage plans) may CHANGE for 2022. The Open Enrollment opportunity to review plan options for 2022 is October 15–December 7, 2021. The YSSC staff can help you review your current plan, compare options, and sign up for a new plan. Call us at 937-767-5751, e-mail info@ysseniors.org or go to www.ysseniors.org to get information or a form to be completed prior to your appointment. We look forward to serving all seniors in the Village of Yellow Springs and Miami Township.

–Teresa Bondurant, Homemaker & Outreach Manager
937-767-5751 x107, tbondurant@ysseniors.org

Transportation Notes

*If a poem you would write...If you have a task to do...
If you have a word of praise...If you have a kiss to give...
If you have a prayer to pray...Now's the time!*

–Anonymous

Whooooosh! Did you hear it? Maybe it was just my imagination, but I could've sworn spring was just beginning a couple of days ago. The number of Covid vaccinations was climbing, haltingly, but climbing. Masks were coming off. Smiles and

greetings on the street were easy and relaxed. There was a hint of gaiety in the air. July 4th was celebrated both as an anniversary of our Declaration of Independence and as an affirmation that we had made it through the pandemic.

Whooooosh! Spells of heat, news of wildfires and *The Variant* swept through the ensuing weeks with the might of my childhood neighbor, Mrs. Scott, wielding her 30¢ straw broom across her wooden porch every Saturday morning. The “swash” and “swish” of current events has disrupted family celebrations, vacations, and our anticipated return to normalcy. Collectively, we retreated to our homes, to air conditioning, to Netflix, and to Amazon to restock our supplies of KN95s.

Whooooosh! Can we find a leeward side where we might shield ourselves and loved ones from these prevailing currents? Yes...and, no. Historically, there have been many “times that try men’s [and, women’s] souls” and, yet, here we are. How do we best carry on against the headwinds? Here are some suggestions:

- Keep to your daily routines.
- Exercise and eat well.
- Schedule “me” time to relax, read, watch a movie, take a walk.
- Try something new. “It’s never too late to start playing the cello,” a friend of mine once said.
- Stay up-to-date with events but not up-to-the-minute. Take a vacation from Facebook, Twitter, Instagram and the like.
- Engage your community daily. You know that I favor big smiles (even with a mask on), enthusiastic hand waving (to friends and strangers alike) and random acts of kindness.

In every moment we are *present* we have a chance to shape the future.

Robert Libecap, Transportation Manager
937-767-5751 x104, rllibecap@ysseniors.org



Together we can do more.
JOIN US!



Give for Today, Plan for Tomorrow

YSCF.org | 937-767-2655



SINCE 1960
DUNPHY
REAL ESTATE INC.

937-767-1140
dunphyrealestate.com



FRIENDS CARE COMMUNITY
OF YELLOW SPRINGS

Independent Homes & Assisted Living Apts. Available!

September Birthdays

09/01* Lois Pelekoudas
 09/01 Mary Ann Townsend
 09/04* Donna Lipsitt
 09/06 Joann Hausser
 09/06 Ellis Jacobs
 09/06 Henry Lapp
 09/07* Bonnie Rahim
 09/08* Suzanne Patterson
 09/08 Saul Greenberg
 09/08 Denise Runyon
 09/08 Joy Bartenstein
 09/09 Barbara Bullock
 09/10 Julane Chaney
 09/11 Ken Coleman
 09/11 Alvaro Demarzi
 09/11 Bill Hardman
 09/12* Oliver Clemens
 09/15 Melinda Squibb
 09/16 Vijay Bathija
 09/18* Gordon Cowperthwaite
 09/19 Pat Barker
 09/19 Joseph Hamlin
 09/22* Harvey Paige
 09/22* Alyce Earl-Jenkins
 09/22* Marianne Whelchel
 09/22 Jim Stone
 09/22 Nora Chalfont
 09/23 Jennifer Davis
 09/23* Joan Horn
 09/25* Judith Williams
 09/26* Nancy Lewkowicz
 09/26 David Casenhiser
 09/26 Monty Cox
 09/26* Parviz Dadras
 09/26 Danny Kiser
 09/27 Patricia Fleck
 09/29* Andrée Bognár

October Birthdays

10/01 Bob Huston
 10/02 Mike Carr
 10/02* Karl Koehler
 10/02 Virginia Caudill
 10/02 Anne Johnston
 10/04 Catherine Zimmerman
 10/05* Josephine Townsend
 10/05 Robert Libecap
 10/07 Maxine Skuba
 10/08 Eliza Bush
 10/08 Sandy McHugh
 10/09* Joan Ackerman
 10/11* Pat Stempfley
 10/13 Lee Huntington
 10/17* Dimi Reber
 10/18 El'Girtha Ryder
 10/20 Andrzej Bloch
 10/20* James Corbin
 10/22* Fran LaSalle
 10/23* Sheila Filler
 10/23 Caroline Mullin
 10/23 Char Schiff
 10/26 Terry Hardie
 10/26 Laurie Martt
 10/26* Pat Siemer
 10/29* Carolyn Bradford
 10/29 Sherraid Scott
 10/29 Peter Price
 10/31 Bob Zearfoss
 10/31 Cokie Stello

***Indicates those known to be 80 or older.**

We apologize to anyone who may have been left off the Birthday List by mistake. We include current members who have shared their birth date.

Welcome NEW Members!

Janice Bishop
 John Breckner
 Karen Coy
 Linda Leach

Membership Dues

\$20 annual memberships,
 \$15 for each additional
 household member.

Make checks payable to **YSSC** or
Yellow Springs Senior Center
 mail to:

YSCC, 227 Xenia Ave.
 Yellow Springs, OH 45387

We do not sell or share your info.



**Yellow Springs
Senior Citizens, Inc.**
Established 1959

Board of Trustees

Ken Dahms, *President*
 Diane Chiddister, *Vice-President*
 Anna Bellisari, *Secretary*
 Wayne Gulden, *Treasurer*
 Susan Alberter, Cathy Hill, Ruth Lapp,
 Karen McKee, Linda Scutt

Staff – 937-767-5751

Executive Director

Caroline Mullin, x101

Homemaker & Outreach Manager

Teresa Bondurant, x107

Support Services Manager

Stephanie Lawson, x108

Transportation Manager

Robert Libecap, x104

Program Assistant

Corinne Pelzl, x105

Bookkeeper

Jeanna Gunderkline, x102

Operations Assistant

Lin Wood, x103

Marketing Manager

Pam Geisel, x106

Homemakers: Vicci Ayers, Susan
 Harrison, Jennifer Johnson, Melissa
 Kuhns, and Heather Neill

Newsletter Deadline

Copy deadline is **Oct. 5** for Nov/Dec.
 When submitting items please stay
 under 350 words and include your
 name and phone number. Place it in
 the mailbox for Pam Geisel in the
 front hall area or email it to Pam at
pgeisel@ysseniors.org

Newsletter Production & Volunteers

Jul/Aug: Susan Bothwell, Simone
 Demarzi, Arati Cacciolfi, and Anna
 Hogarty

**This issue and past issues
 of Senior Notes are on our
 website under the Other tab:
www.ysseniors.org/enewsletter**



227 Xenia Avenue
Yellow Springs OH
45387
937-767-5751
www.ysseniors.org

Nonprofit
Organization
US Postage
PAID
Permit No. 281
Xenia, OH 45385

Senior Notes

September/October 2021

What's Inside:

Director's Comments	1
Online Classes	2
Upcoming Events & New Activities	3
Calendar	4 & 5
Birthdays	7

CURRENT RESIDENT OR:

Senior Center Services

- Transportation
- Support Services
- Homemaker Program
- Activities Program

Senior Center Hours

Mon.–Thurs. 9:30 am–4:00 pm
Fri. 9:30 am–1:00 pm

Closed: New Year's Day,
Martin Luther King Jr. Day,
Presidents Day, Memorial Day,
Independence Day, Labor Day,
Thanksgiving Day, Day after
Thanksgiving, & Christmas Day



In addition to driving Seniors to medical and social services appointments, the YSSC cars have been parading around this summer, including being in the YS Pride Parade in June (left) and in the July 4th Parade a week later (below left and with the float proclaiming that "Seniors Rock!")



Mission: To enhance the dignity and quality of life of seniors in Yellow Springs and Miami Township and to foster interaction among them and with the community.