

Senior Notes

A bimonthly publication for members of the Yellow Springs Senior Center



Volunteer service and financial contributions are vital to the operation of the Senior Center.
227 Xenia Avenue, Yellow Springs, OH 45387 • 937-767-5751 • ysseniors.org

Director's Comments

How did you arrive in Yellow Springs? Was it a job, college, retirement destination, perhaps joining a family member? Many Yellow Springers have lived in the village since birth.

However it happened that this place became your home, the long and interesting history of this village surely played a part. Many innovators, educators and altruistic citizens helped shape the community. The long list of those leaders would be impressive for a community ten times as large.

The path laid for our village by forerunners continues to allow us to grow and learn together.

Programs started in our village have been examples and inspiration for other communities.

Yellow Springs has one of the oldest Senior Centers (1959), pioneering educational options (Antioch College 1852, The Antioch School 1921, Community Children's Center 1926), and a rich history of activism.

The Senior Center celebrates the many varied backgrounds and life experiences of those who gather here. We also seek ways to continue innovating and learning from each other.

If you have ideas of how the Senior Center can expand, develop, or prepare for the future I would like to hear from you.

Let's continue to build the path so that the next generations will thrive and determine that the village is their home, too.

With great appreciation for those who got us here...

— Caroline Mullin, Executive Director
937-767-5751 x 101, cmullin@ysseniors.org



In October the Central Chapel AME Church held their 155th Celebration where they recognized the meaningful work of the Village of Yellow Springs, YS Schools, YS Senior Center, YS News, Friends Care, and several other local nonprofits and community leaders. Here is YSSC executive director Caroline Mullin accepting the certificate in recognition of the work of YS Senior Center staff, volunteers and community services.

Giving Tuesday

Giving Tuesday, a community-wide fundraiser through the YS Community Foundation, has helped to fund village nonprofits.

The generous support of the Senior Center during 2020's Giving Tuesday supported the bronze plaque honoring the Center's founding director, Wesley Matthews.

This year our Giving Tuesday goal is to raise funds for improvement of outdoor space, creating an improved courtyard area with seating between the Senior Center building and the Emporium.

Please visit the website www.yscf.org to donate to the Senior Center and other organizations on this year's Giving Tuesday on November 30.

CLASSES & GROUPS

Check the Calendar on the website for updates and Zoom links: ysseniors.org

Exercise, Movement, & Yoga

Yoga with Reena, Mon. & Thurs. 1:30 pm

Beginner's yoga on the floor or seated. *In the Great Room and on Zoom.*

Chair Interval Training, Tues. & Thurs. 11 am–noon

Lynn Hardman instructs this class which is good for people with limited mobility. *Tuesday's class is virtual on youtube.com/c/CommunityAccessYellowSprings/featured and Spectrum cable Channel 5. Thursday's class is in person in the Great Room.*

Qi Gong, Tues. 1–1:45 pm & Fri. 10:30–11:15 am

The group follows an easy DVD on the big screen. *In the Great Room.*

Dancing with Parkinson's, Wed. 2–2:45 pm

For people with Parkinson's and their spouses or caregivers. *In person in the Great Room and on Zoom.*

Zumba Bold, Wed. 5:30–6:30 pm

Lynn Hardman leads this low impact dance party. *In person in the John Bryan Community Gym and on Zoom.*

Tai Chi, Fri. 11:30 am

Dee Arianne Rockwood teaches this gentle form of low or no impact exercise. *In the Great Room.*

Strength Training with Andrew, Fri. 2:45 pm

On Zoom.

Learn a Language

Spanish Review, Mon. 2:30–3:45 pm

This is NOT a class, but an opportunity to review. *In the Fireplace Room.*

Advanced Beginner Spanish, Mon. 4–5 pm

¡Hola Amigos! Judy Skillings is teaching Advanced Beginner Spanish. *Comprende Ud.?* *On Zoom.*

Absolute Beginner Spanish, Wed. noon–1 pm

Judy Skillings is teaching using the book "Easy Spanish Step-By-Step" by Barbara Bregstein. *On Zoom.*

Intermediate Spanish with Josefina, Thurs. 4 pm

Taught by Josefina Sosa from Cuernavaca, Mexico. Suggested donations \$100 for 10 sessions. *On Zoom.* *Limited enrollment, contact JudithSkillings@yahoo.com.*

French Class, Tues. 2 pm

Taught by Lynda Hicks for those with basic French skills. *Nous serions ravis de vous rencontrer!* *On Zoom.*

Beginning German, Tues. 3:30–4:30 pm

Dr. Robert Conard is teaching using the book, *Elementary German*, 2nd ed. *In the Fireplace Room.*

Card & Strategy Games

Rummikub, Tues. 2 pm

Like Rummy & Mahjong combined. Easy to learn. *In the Great Room.*

Bridge, Wed. 6:30–9 pm

Duplicate bridge. *In the Great Room.*

Euchre Online, Wed. & Sun 1:30 pm

Call Brad, 707-321-2341 for information. *Online.*

Mahjong, Thurs. & Sat. 1–4 pm

A game of mental finesse. *Thurs. in the Fireplace Room; Sat. in the Great Room.*

Other Social Activities

Lunch & Meet Thursdays, Thurs. noon–1 pm

Join us Thursdays at noon for this Zoom event featuring guest speakers or performers while you eat at home. Registration is required, email info@ysseniors.org or call 937-767-5751. *On Zoom.*

Great Novels & Poetry, First & Third Wed. 3:15 pm

Jo Ann Kiser leads this group discussing books, poetry, and authors. *In the Great Room*

Day Trippin', Second & Fourth Wed. 3 pm

Gather with others to watch videos of travel in a variety of destinations. *In the Great Room*

Writer's Group, Thurs. 3 pm

In the Great Room.

Writers Eclectic, First & Third Sun. at 2 pm

Writers share and support each other's writing. *In the Fireplace Room.*

Financial Series, Second Mon. 6:30 pm

Ryan Beach, Financial Advisor with Edward Jones in Xenia presents finance information. *April–November.*

Upcoming Events and New Activities 3

The Writer's Group is back in the Great Room at 3 pm on Thursdays. Also, do you have an idea for a person who might like to be a speaker for the Center's "Local Knowledge" series which is upcoming? If so, please give a call to 937-767-5751. The Pebble Art Workshop in October was fun, led by Linda Sikes, Encore Miller Fellow for the Senior Center. She has more art ideas to come!

– Corinne Pelzl, Program Assistant
937-767-5751 x 105, cpelzl@ysseniors.org

Knit/Crochet Group

Wed. Nov. 3, 10, 17 & Dec. 1, 10:30 am

Do you like to knit and/or crochet, and would you like to create for a good cause? The group is making Valentine's Day gift bag items for foster students in college. The group will meet in the Great Room for four Wednesdays. A great way to enjoy the company of others and be creative at the same time! Led by Linda Sikes. Bring useful items if you have them. Please sign up by calling 937-767-5751, or email info@ysseniors.org.

A Concert for Everyone

November 12, 7–9 pm, please see back cover for details!

Cocoa, Cookies, & Carols Social

December 14, 2 pm

Please come for free hot cocoa, cookies, and carols on Tuesday, December 14 at 2 pm provided by Friends Care Community. It will be held on the outside "patio" (aka the carport) so dress for the weather. Everyone is welcome but please call ahead at 937-767-5751 to reserve a spot.

Visits at a Distance

Have relatives afar, or is someone in your world isolating again? The Senior Center's Zoom "studio" and big screen in the Great Room may be scheduled during our open hours for Zoom "visits at a distance." Yellow Springs and Miami Township residents may use the service free of charge; certain restrictions apply. Call 937-767-5751.

Tablet Lending Program

Do you need access to a computer, or know of a senior that doesn't have access to a computer, and would benefit from having one? The Senior Center has tablets to lend to seniors to access Zoom classes and events. Call 937-767-5751.

Thanks to everyone who came out to enjoy brats, pretzels, and rootBEER at the Oktoberfest Social, and a big thanks to Becky Baker from Friends Care Community who provided the festive food. Fortunately the weather cooperated and we were able to partake on the "patio" (aka the carport). And thank you to our new neighbor "The Veganry" vegan restaurant for samples of ice cream.



Assisting With Needs

Arms are stretched wide embracing the senior villagers to assess and assist with a variety of needs. We are midway through a busy season of Medicare checkups. There is ongoing help for seniors who need assistance (light housecleaning, cooking, errands, etc.) to remain comfortably in their own homes, aging in place. The generosity of our villagers knows no bounds, and we have a donated supply of wheelchairs, assistive devices, Depends, bed pads, etc. So before you spend your money call us, we may have the very item you are looking for.

–Teresa Bondurant, Homemaker & Outreach Manager
937-767-5751 x107, tbondurant@ysseniors.org

Medicare Enrollment

Medicare plans (both Part D prescription and Advantage plans) may CHANGE for 2022. The open enrollment opportunity to review and change plan options for 2022 ends December 7, 2021. The YSSC staff can help you review your current plan, compare options, and sign up for a new plan. Call 937-767-5751, e-mail info@ysseniors.org or go to www.ysseniors.org to get information or a form to be completed prior to your appointment. We look forward to serving all seniors in the Village of Yellow Springs and Miami Township.

Thanks for the warm welcome!

Fall is finally here! It is one of my favorite times of the year and I am thankful to be part of the Yellow Springs Senior Center family, a group of caring and dedicated people who are great examples of what it means to be part of a community. The Senior Center is here to help you with your questions and concerns. I look forward to hearing from you!

A little bit about me: I moved to Yellow Springs in 2010 with my husband and four children. My degree is in nursing and I am also a substitute school nurse. I enjoy being outdoors in my garden.

– Stephanie Lawson, Support Services Manager, (937) 767-5751, ext. 108, slawson@ysseniors.org

Membership Dues

\$20 annual membership, \$15 for each additional household member, due in January. Make checks to **YSSC or Yellow Springs Senior Center.**

Mail to, drop off at, or drop in front door slot:

YSSC, 227 Xenia Ave., Yellow Springs, OH 45387

Choosing the Right Gift

...I see a kid looking for a ride home...

I say to myself,

I'll give him a ride if he wants, and I even begin to slow down, but he didn't

put up his thumb. Just when I went by, he waved, real quick and shy, but still like he was trying to reach me. I drove on. Then I bust out crying.

–Eternity Blues, Hayden Carruth

We live, by necessity, in a cash economy. We are able to complete routine personal and anonymous transactions daily – efficiently and dispassionately – to the extent our budget will allow.

Gift giving offers insight as to the limits of this cash economy. Granted, many gift exchanges are so prescribed, there is little thought beyond meeting no need to share or gain anything of personal value in the transaction. We simply buy a gift in accordance with group expectations. Such examples as holiday exchanges, white elephant family gift swapping, a dropped \$10 bill into the seasonal charity pot come to mind. We have invested little of ourselves in the gift.

In our intimate circles, gifts carry greater import. Yet, even in this web, one sometimes strategically wheels and deals token gifts that point to, emphasize and substitute for gifts of the heart – allowing us to mask our own vulnerable spirits. The cash economy – guided by social conventions and economic prerogatives – offers limitless suggestions to help us find “just the right gift.”

What is the alternative? How do we give in a manner that might lessen our “eternity blues?” We all know the answer, of course. We, each of us, have received that crayon and macaroni masterpiece, the leather lanyard or handpicked bouquet of flowers given freely by a child. These are gifts asking for no reciprocation. Gifts that lighten our step, fill our heart with indescribable joy.

We can do the same in our daily encounters: lending a neighbor a helping hand, taking time to talk to the person at the park, a friendly wave at the intersection, finding ways to be present and mindful in the world as much as you can – every day. In this way, you create a gift that moves – from you, through another, and on and on and on...

– Robert Libecap, Transportation Manager
937-767-5751 x104, rlibecap@ysseniors.org

THURSDAY

FRIDAY

SAT / SUN

<p>2</p> <p>11:00 — Chair Interval 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 3:00 — Writer's Group 4:00 — Intermediate Spanish</p>	<p>3</p> <p>10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew</p>	<p>4</p> <p>1:00 — Mahjong</p> <hr/> <p>5</p> <p>1:30 — Euchre Online 2:00 — Writers Eclectic</p>
<p>9</p> <p>11:00 — Chair Interval 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 3:00 — Writer's Group 4:00 — Intermediate Spanish</p>	<p>10</p> <p>10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew</p>	<p>11</p> <p>1:00 — Mahjong</p> <hr/> <p>12</p> <p>1:30 — Euchre Online</p>
<p>16</p> <p>11:00 — Chair Interval 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 3:00 — Writer's Group 4:00 — Intermediate Spanish</p>	<p>17</p> <p>10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew</p>	<p>18</p> <p>1:00 — Mahjong</p> <hr/> <p>19</p> <p>12:30 — Grandmother Council 1:30 — Euchre Online 2:00 — Writers Eclectic</p>
<p>23</p> <p>11:00 — Chair Interval 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 3:00 — Writer's Group 4:00 — Intermediate Spanish</p>	<p>24</p> <p>CLOSED for Christmas</p>	<p>25</p> <p>CLOSED for Christmas</p> <hr/> <p>26</p> <p>1:30 — Euchre Online</p>
<p>30</p> <p>11:00 — Chair Interval 12:00 — Lunch & Meet 1:30 — Yoga with Reena* 3:00 — Writer's Group 4:00 — Intermediate Spanish</p>	<p>31</p> <p>CLOSED for New Year's</p>	<p>Turn over for November calendar</p>

NOVEMBER 2021

MONDAY

TUESDAY

WEDNESDAY

1 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish	2 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal	3 12:00 — Beginner Spanish 10:30 — Knit/Crochet 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:15 — Great Novels/Poetry 5:30 — Zumba Bold* 6:30 — Bridge
8 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish 6:30 — Financial Series: <i>Foundations of Investing</i>	9 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal	10 12:00 — Beginner Spanish 10:30 — Knit/Crochet 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:00 — Day Trippin' 5:30 — Zumba Bold* 6:30 — Bridge
15 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish	16 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal	17 12:00 — Beginner Spanish 10:30 — Knit/Crochet 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:15 — Great Novels/Poetry 5:30 — Zumba Bold* 6:30 — Bridge
22 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish	23 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal	24 12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:00 — Day Trippin' 5:30 — Zumba Bold* 6:30 — Bridge
29 1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish	30 11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal	

THURSDAY

FRIDAY

SAT / SUN

<p>4</p> <p>11:00 — Chair Interval 12:00 — Lunch & Meet 1:00 — Mahjong 1:30 — Yoga with Reena* 3:00 — Writer's Group 4:00 — Intermediate Spanish</p>	<p>5</p> <p>10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew</p>	<p>6</p> <p>1:00 — Mahjong</p> <hr/> <p>1:30 — Euchre Online 2:00 — Writers Eclectic</p> <p>7</p>
<p>11</p> <p>11:00 — Chair Interval 12:00 — Lunch & Meet 1:00 — Mahjong 1:30 — Yoga with Reena* 3:00 — Writer's Group 4:00 — Intermediate Spanish</p>	<p>12</p> <p>10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew 7:00 — A Concert for Everyone Zoom Fundraiser</p>	<p>13</p> <p>1:00 — Mahjong</p> <hr/> <p>1:30 — Euchre Online</p> <p>14</p>
<p>18</p> <p>11:00 — Chair Interval 12:00 — Lunch & Meet 1:00 — Mahjong 1:30 — Yoga with Reena* 3:00 — Writer's Group 4:00 — Intermediate Spanish</p>	<p>19</p> <p>10:30 — Qi Gong 11:30 — Tai Chi 2:45 — Strength Training with Andrew</p>	<p>20</p> <p>1:00 — Mahjong</p> <hr/> <p>21</p> <p>12:30 — Grandmother Council 1:30 — Euchre Online 2:00 — Writers Eclectic</p>
<p>25</p> <p>CLOSED for Thanksgiving</p>	<p>26</p> <p>CLOSED for Thanksgiving</p>	<p>27</p> <p>1:00 — Mahjong</p> <hr/> <p>28</p> <p>1:30 — Euchre Online</p>

**Links for Zoom/YouTube events are on the calendar
on our website at www.ysseniors.org/calendar
(select the activity, link is in the pop up box)**

**Hybrid class: online and in person*

**Turn over for
December calendar**

DECEMBER 2021

MONDAY

TUESDAY

WEDNESDAY

Links for Zoom/YouTube events are on the calendar on our website at www.ysseniors.org/calendar (select the activity, link is in the pop up box)

**Hybrid class: online and in person*

<p>6</p> <p>1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish</p>	<p>7</p> <p>11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal</p>	<p>1</p> <p>12:00 — Beginner Spanish 10:30 — Knit/Crochet 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:15 — Great Novels/Poetry 5:00 — YSSC Board Meeting 5:30 — Zumba Bold* 6:30 — Bridge</p>
<p>13</p> <p>1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish</p>	<p>14</p> <p>11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — Cocoa, Cookies, & Carols Social 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal</p>	<p>8</p> <p>12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:00 — Day Trippin' 5:30 — Zumba Bold* 6:30 — Bridge</p>
<p>20</p> <p>1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish</p>	<p>21</p> <p>11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal</p>	<p>15</p> <p>12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 3:15 — Great Novels/Poetry 5:30 — Zumba Bold* 6:30 — Bridge</p>
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<p>29</p> <p>1:30 — Yoga with Reena* 2:30 — Spanish Review 4:00 — Adv. Beginner Spanish</p>	<p>29</p> <p>11:00 — Virtual Chair Interval 1:00 — Qi Gong 2:00 — French Class 2:00 — Rummikub 3:30 — Beginning German 7:00 — YS Strings Rehearsal</p>	<p>29</p> <p>12:00 — Beginner Spanish 1:30 — Euchre Online 2:00 — Dancing with Parkinson's* 5:30 — Zumba Bold* 6:30 — Bridge</p>

Ripples 2022

The seventh edition of *Ripples*, the Center's literary magazine, was published and inserted in the July/August newsletter. Thank you to everyone who submitted their work.

The *Ripples* Committee hopes that you will be inspired to write your stories and poems early for the 2022 edition. Extra copies and guidelines are available at the Senior Center and on the website at www.ysseniors.org/Ripples. The deadline is March 28, 2022.

Please mail to:

YSSC – *Ripples*

227 Xenia Ave.

Yellow Springs, OH 45387

Or email to spatterson@yellowsprings.com.

The committee includes Suzanne Patterson, chair; Jane Baker, Mary Cargan, Lee Huntington, Janeal Ravndal, Marianne Whelchel, Pam Geisel, YSSC Staff; and Caroline Mullin, YSSC Director.

Grocery Delivery

The Senior Center continues to shop for groceries weekly from Tom's Market for anyone who is homebound due to transportation, mobility, or health issues. Deliveries are on **Fridays** and orders are due to the Senior Center by noon on Thursdays. Orders are accepted one of three ways:

- e-mail to info@ysseniors.org
- by using the form at:
ysseniors.org/grocery-delivery-program
- calling 937-767-5751 Mon.–Fri. 9:30 am–4 pm

Credit Card/Debit Card/EBT cards are accepted, and a representative of the Senior Center will call on Thursday to get card information. This is a free service. Donations are gratefully accepted.

Mobile Farmers Market

The Foodbank, Inc., has a Mobile Farmers Market in the Yellow Springs area. Their Mobile Farmers Market program is a free food distribution with a focus on fresh fruits and vegetables.

It is held every third Thursday of the month from 1–3 pm at First Baptist Church, 600 Dayton Street. This is a walk-up mobile market. Please bring bags or a cart for transporting items to your car.

Community Thanksgiving

The organizers of the annual Yellow Springs Community Thanksgiving Dinner have announced that the event has been canceled for 2021 due to the ongoing pandemic.

eNewsletter

On the Center's website there are PDF files of the bimonthly Newsletter going back to 2019. Starting with this edition, an electronic Newsletter will also be sent to everyone who is signed up to get the weekly email blasts. If you don't currently get the email blasts and would like to, send an email to info@ysseniors.org or go to the website and sign up using the link on the home page.

Covid Policies

General Policy: As Covid policies continue to adapt, the Center is monitoring the recommendations of the CDC, local and state health and the Ohio Department of Aging's recommendations including masking requirements. Check the website at www.ysseniors.org for the most up-to-date information.

Transportation Department: Unvaccinated potential riders please call for more information.

the Yellow Springs Community Foundation

Together we can do more.
JOIN US!

Give for Today, Plan for Tomorrow

YSCF.org | 937-767-2655

SINCE 1960

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937-767-1140
dunphyrealestate.com

FRIENDS CARE
COMMUNITY
OF YELLOW SPRINGS

Independent Homes & Assisted Living Apts. Available!

Caregiver Support

The Greene County Council on Aging can provide to caregivers compassionate and knowledgeable professionals who can listen, share information, and help solve problems.

Team members are available to meet in person to discuss concerns and frustrations and answer questions.

The GCCOA has resource materials available on many subjects and offers respite care for caregivers, either through adult day services or in the home, to give caregivers some deserved time away. Calls and e-mails to the Council are confidential.

Contact them for assistance or information at 937-376-5486.

Caregiver Support Groups

The GCCOA also sponsors monthly support groups for caregivers, both in-person and online. While perhaps not for everyone, attending a support group can provide a caregiver with useful information, and a connection to others in similar situations.

- First Tuesdays of the month at 2:30 pm, at the GCCOA main office in Xenia
- Second & fourth Tuesdays at 9:30 am, Peace Lutheran Church (lower level) in Beavercreek
- Third Tuesdays at 2:30 pm, online only

Reservations and masks required for in-person groups.

2021 Holiday Gift Soirée

The GCCOA's annual Holiday Gift Soirée is Wednesday, December 1 from 10 am–6 pm at the Xenia Community Center next to the Council's office. There will be one-of-a-kind handcrafted items and homemade treats available to purchase.

2022 GCCOA Calendar

The GCCOA's 2022 calendar will be available at the Greene County senior centers, libraries and other community locations. There are still two more months of the beautiful 2021 calendar, but many people are already scheduling appointments and activities into 2022 and there is no better place to record these than the Council's printed calendar!

Other GCCOA Events

- **Grief & Loss Group:** November 8 (the second Monday) from 10 am–noon at Peace Lutheran Church in Beavercreek
- **Memory Loss, Dementia & Alzheimer's Disease:** Wednesday, November 10 from 2:30–4:30 pm at the Xenia GCCOA Office
- **Medicare 101:** Wednesday, November 17, 3–4:30 pm at the Beavercreek GCCOA Office

Contact GCCOA with questions or to register for these events at 937-376-5486.



The GCCOA had a Fall Prevention Awareness challenge during the month of September to walk with great purpose and for any length of time in any location. The YSSC staff took a few group walks in downtown and along the bike path. Walking is very good exercise!



November Birthdays

11/00 Beth Holyoke
 11/01 Dan Robinow
 11/02 Vernon Courtney
 11/02 Linda Chernick
 11/03 Christopher Cox
 11/03 Chris Murphy
 11/03* Richard Simons
 11/04 Diane Diller
 11/04 Pamela Gillespie Dapore
 11/04 Lisa Kuhbander
 11/06 Christine Roberts
 11/07 Linda Cox
 11/08 Mitch Coleman
 11/09* JoAnn Kiser
 11/09* Ruth Darrow
 11/09 Florence Randolph
 11/11 Nancy Farnlacher
 11/12* Peggy Erskine
 11/13 Janice Bishop
 11/13 Connie Collett
 11/14 Lynda Ream
 11/14* Mary Cargan
 11/14 Dione Greenberg
 11/14 Margo McDaniel
 11/17 Cindy Piatt
 11/18 Barbara Orr
 11/19 Marcilina Meigs-Kilby
 11/20 William Barnette
 11/20* Rosa Martinez
 11/21 Harriett Dadrass
 11/21 Sally Lane
 11/24 Franklin Halley
 11/24* Ernest Koerlin
 11/24 Jane Scott
 11/24* Grover Criswell
 11/25 Barbara Treadwell
 11/27* John Lane
 11/27 Janice Corlett
 11/28 Tom Logsdon

Welcome NEW Members!

Barbara Candella
 Cindy K. Diehl
 Rosemarie Friz
 Barbara Hartwick
 Luan Heit
 Jim Leonard
 Michael Meier
 Sally Meier

December Birthdays

12/01 Christina Smith
 12/01 Carl Champney
 12/02 Julia Harris
 12/04 Rebecca Ramsey Fenton
 12/04* Dave Anthony
 12/04 Betty Ross
 12/04 Fred Bartenstein
 12/05 Victoria Brookshire
 12/05* Juanita Richardson
 12/06* Edmond Vernot
 12/08* Dee Krieg
 12/08* Anna Bellisari
 12/10 Simone Stave Demarzi
 12/11 Dawn Clark
 12/12* Sharon Mohler
 12/12 George Wanicek, Jr.
 12/12 Michael Meier
 12/15* James Felder
 12/15* Marcella Link
 12/16* Juanita Johnson
 12/17 Joe Beatty
 12/18 Judith Schimpf
 12/18 Nancy Zant
 12/19* Tia Huston
 12/19 Darlene Russell
 12/20 Ken Dahms
 12/20 Eve Odiorne Sullivan
 12/20 KellyAnn Tracy
 12/21 Holly Knight
 12/22 Sandra Damewood
 12/22* Allen Hunt
 12/23* Dolores Conrad
 12/23* Joe O'Conner
 12/23* Ann Higdon
 12/24* Patricia Simon
 12/24 Karen Coy
 12/25 John Layh
 12/27 Marianne MacQueen
 12/27 Kate Anderson
 12/27 Grace Lefthand-Jennings
 12/28 Gayle Gyure
 12/29 Elizabeth Porter
 12/30* Dr. Carl Hyde

***Indicates those known to be 80 or older.** *Current members who have shared their birth date are listed. Apologies to anyone left off in error.*



**Yellow Springs
 Senior Citizens, Inc.**
Established 1959

Board of Trustees

Ken Dahms, *President*
 Diane Chiddister, *Vice-President*
 Anna Bellisari, *Secretary*
 Wayne Gulden, *Treasurer*
 Susan Alberter, Cathy Hill, Ruth Lapp,
 Karen McKee, Linda Scutt

Staff – 937-767-5751

Executive Director

Caroline Mullin, x101

Homemaker & Outreach Manager

Teresa Bondurant, x107

Support Services Manager

Stephanie Lawson, x108

Transportation Manager

Robert Libecap, x104

Program Assistant

Corinne Pelzl, x105

Bookkeeper

Jeanna Gunderkline, x102

Operations Assistant

Lin Wood, x103

Marketing Manager

Pam Geisel, x106

Homemakers: Vicci Ayers, Susan Harrison, Jacqueline Hunt, Jennifer Johnson, Melissa Kuhns, and Heather Neill

Newsletter Deadline

Copy deadline is **Dec. 5 for Jan/Feb.** When submitting items please stay under 350 words and include your name and phone number. Place it in the mailbox for Pam Geisel in the front hall area or email it to Pam at pgeisel@ysseniors.org

Mailing Volunteers

Sept/Oct: Pat Robinow, Arati Cacciolfi, Anna Hogarty, Susan Bothwell, Andree Bogner, Marcella Link, Suzanne Patterson, Gayle Gyure

This issue and past issues of Senior Notes are on the website under the Other tab:
www.ysseniors.org/enewsletter



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Yellow Springs OH
45387

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www.ysseniors.org

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Senior Notes

November/December 2021

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CURRENT RESIDENT OR:

Senior Center Services

- Transportation
- Support Services
- Homemaker Program
- Activities Program

Senior Center Hours

Mon.–Fri. 9:30 am–4:00 pm

Closed: New Year's Day,
Martin Luther King Jr. Day,
Presidents Day, Memorial Day,
Independence Day, Labor Day,
Thanksgiving Day, Day after
Thanksgiving, & Christmas Day

Mission: To enhance the
dignity and quality of life of
seniors in Yellow Springs and
Miami Township and to foster
interaction among them and
with the community.

A CONCERT FOR EVERYONE



An on-line Musical Fundraiser for the
Yellow Springs Senior Center

Friday, November 12, 7–9 pm live online

Join in for a variety of music performances.

\$25 suggested donation, RSVP by Nov. 10, 2021

More info: ysseniors.com/events

