

Senior Notes

Please note: all staff will be wearing masks, we require all visitors/participants to wear masks also.



JULY - AUGUST 2020

Abridged Edition

A bimonthly publication for members of the Yellow Springs Senior Center.

The volunteer services and financial contributions by members are vital to the operation of the Senior Center.



**227 Xenia Avenue
Yellow Springs
OH 45387
937-767-5751**

web site: ysseniors.org

Transportation Program Notes

“When this is over, may we never again take for granted
A handshake with a stranger
Full shelves at the store
Conversations with neighbors
A crowded theater
Friday night out ...” - Laura Kelly Fanucci, *When This Is Over*

Nearly all rides by the volunteer drivers are to medical appointments. The Yellow Springs community owes many thanks to a handful of active folks willing to devote their time to driving people in Senior Center cars to and from appointments and other destinations.

Here are a few helpful tips for medical riders. First, see if your doctor offers ‘virtual’ appointments, either by phone or by internet. Many are doing so. If yours doesn’t, schedule a morning or right-after-lunch appointment to avoid late pm return.

To best assure transportation from the Senior Center, **please schedule your ride 4 days in advance.**

Big Thanks to our newest volunteer drivers, Kim Iconis, Richard Zopf and Connie Crockett. If you have some time to drive for this project, please call the Center, 937-767-5751, or contact info@ysseniors.org with “volunteer driver” in the subject line. You don’t need to have a car.

- **Robert Libecap, Transportation Program Manager,**
937-767-5751 x 104,
rilibecap@ysseniors.org

PLEASE NOTE: This is an extremely challenging time across our country. **Racism impacts people of all ages.** It is unacceptable that older adults are experiencing racism and systemic oppression. Police brutality, injustice and violence to black people must stop.

The YS Senior Center will continue to speak out against racism, against ageism, and against elder abuse. We believe in the power of inclusion, and we must hold ourselves accountable. **Board of Trustees and Karen Wolford, Executive Director**

Members,

We still find ourselves amid a worldwide pandemic. As of this writing, Senior Centers remain closed by order of the Governor of the State of Ohio. While many businesses and other nonprofits have been able to open their doors, we have not. I was reminded the other day that just because the doors to the Senior Center building have been closed, it doesn’t mean we are closed to the business of providing services to older adults in Yellow Springs and Miami Township.

Yes, things are different. As rapidly as possible, activities are being added to the calendar that can be done virtually. The Annual Meeting was held virtually. For many of you and many of the staff, this way of conducting activities and events is unfamiliar.

You will find in this issue of the newsletter some links to activities and some activities where you can call us and we will send a link when the time gets closer to the event. You will also notice that we are doing some of our traditional events...with a twist.

If you would like to be added to our email list so that you can get email notifications, please send along your email address to us. Emails, generally, go out on Fridays. As more information becomes available, we will let you know.

Until we can see you again in person, stay well and continue to be safe.

- **Karen Wolford, Executive Director**

Garden Dinner Party with a Twist

The 7th Annual Garden Dinner Party will be held on **Saturday, August 1, 2020** at a time convenient for the participant and at a place in their own home...outside or inside. The Fundraising Committee wanted to make sure that even though we could not gather, an acknowledgment of the 7th annual event was still made. Participants are encouraged to send pictures of their own meal on that evening and a slide show will be put together.

The Garden Dinner Party is an annual fundraising event for the Center, and it is important that those funds continue to be received to support the operations of the Senior Center. The cost is a \$50 donation.



ONLINE WORKSHOPS



Welcome
NEW
Members!

Heartfelt thanks to all for your generous support through membership!

Julia Cady
John Lane
Sally Lane
Eve Odiorne Sullivan

Membership dues per year:
Single: \$20

**\$15 for each
additional household member**

**To subscribe & read the
Senior Notes online:**

1. Go to:
ourseniorcenter.com
2. In the "community name" space - type in:
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This will provide a box where you type in your name & email.
5. Click 'subscribe,' and you're done!
You will get an email notice when the new issue is available. The past issues are continuously available. Just click the issue you want to see.

Great Novels & Poetry Class - Note

The two novels to be discussed are **Colette's *My Mother's House***, an exciting portrait of the author's mother, an earth mother whom Colette renders beautifully and powerfully, and **Camus's *The First Man***, which *The Nation's* critic called "the most ambitious and compassionate of his books." *The First Man* is a posthumous autobiographical novel quite different from the spare, mythic style of *The Plague* and *The Stranger*.

Two more meetings in July - 7 and 21.

- Jo Ann Kiser, Instructor

Financial Series



Ryan Beach, Financial Advisor with **Edward Jones in Xenia**, has begun another series of financial presentations. He has been putting together presentations on topics that are pertinent to what is happening in the industry. His presentations occur on the **2nd Monday of each month at 6:30 pm, Monday, July 13 and Monday, August 10**. These presentations are held on Zoom. Please make a call to 937-767-5751 or send an email to info@ys seniors.org and ask for the link to the next presentation.

Anti-Racism Resource List

Sharing, in conjunction with the Yellow Springs Non-profit Network (YSNN), **Project 365**, and The Morgan Family Foundation, a few items from a longer list.

Online Viewing:

Amazon Prime, Netflix and Hulu have all curated "Black Lives Matter" viewing lists. Some highlights:

- **Amazon Prime:** I am Not Your Negro, Just Mercy, The Uncomfortable Truth, Back to Natural
- **Netflix:** 13th, American Son, 8:46 (all three also available on YouTube)
- **Hulu:** Whose Streets? and Crime + Punishment

Books: White Fragility by Robin Diangelo

How to be an Antiracist by Ibram X. Kendi

The New Jim Crow by Michelle Alexander

Culturally Diverse Books for Kids: discover online by this title:

2020 Winners of the Coretta Scott King Awards – Children's books by African-American Authors and Illustrators.



Technology Support

Are you having difficulty figuring out how to use a device you have, i.e. android cellphone, I-phone, Tablet, laptop computer, or another type of computer? Or do you want to know how to get on some of our Zoom events, need a Facebook page, or need help in setting something up to talk to your children or grandchildren? We have

help available to you!

Jorian Johnson, Activities/Technology Manager at the Senior Center can help you. You can call 937-767-5751 and leave a message for Jorian, and he will call and set up a time to chat with you and help you remotely OR, if proper physical distancing protocols, masks, etc., can be used he could come to your home to help.

This is not a repair service... this is simply making sure you can download some things on your device and begin to use it.



Rev. Dr. Wesley Matthews Recognition

Members of the Senior Center are planning a memorial plaque commemorating the extraordinary leadership of Rev. Dr. Wesley Matthews in initiating the Yellow Springs Senior Center. The bronze plaque will be a visible piece of the unique Black History of Yellow Springs, and will recognize this important community leader, especially his concern and care for older adults. **Katie Egart, Karen McKee and Cathy Hill** are coordinating this project for the Senior Center. If you wish to contribute to this project, please send your contribution to the Senior Center, 227 Xenia Ave., Yellow Springs, OH 45387 and mark it for *Matthews Project*.



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New donation of PPE items for use in the Homemaker Program.



July 2020

sunday	monday	tuesday	wednesday	thursday	friday	saturday
			1 2:00 – Dancing with Parkinson's	2 1:30 – Yoga with Reena 2:00 – Euchre	3 Senior Center CLOSED in observance of July 4th.	4 
5	6 1:30 – Yoga with Reena	7 2:00 – French class 3:30 – Great Novels & Poetry class	8 2:00 – Dancing with Parkinson's	9 1:30 – Yoga with Reena 2:00 – Euchre	10 2:45 – Strength Training with Andrew	11
12	13 1:30 – Yoga with Reena 6:30 – Finance Series, p. 2	14 2:00 – French class	15 2:00 – Dancing with Parkinson's	16 1:30 – Yoga with Reena 2:00 – Euchre	17 2:45 – Strength Training with Andrew	18
19	20 1:30 – Yoga with Reena	21 2:00 – French class 3:30 – Great Novels & Poetry class	22 2:00 – Dancing with Parkinson's	23 1:30 – Yoga with Reena 2:00 – Euchre	24 2:45 – Strength Training with Andrew	25
26	27 1:30 – Yoga with Reena	28 2:00 – French class	29 2:00 – Dancing with Parkinson's	30 1:30 – Yoga with Reena 2:00 – Euchre	31 2:45 – Strength Training with Andrew	
			Thanks to Lynn Hardman, Fitness Instructor , at left, via Zoom, for leading YSSC staff and other members at home, for the 2020 (Quarantine) Annual			



Links for joining classes.....

Monday Yoga: <https://us02web.zoom.us/j/82122840575>

Thursday Yoga: <https://us02web.zoom.us/j/85433462585>

Great Novels and Poetry: <https://us02web.zoom.us/j/82373064361>

Dancing with Parkinson's: <https://us02web.zoom.us/j/86545072001?pwd=UUo1QIRBaEZPbUf6a01UYWWhrWE0yQT09>

Strength Training: <https://us02web.zoom.us/j/89130965196>

notes



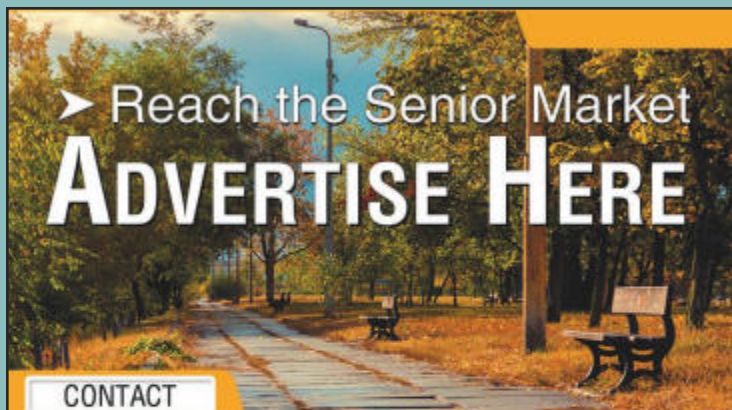
August 2020

sunday	monday	tuesday	wednesday	thursday	friday	saturday
						1 Garden Dinner Party, p. 1 
2	3 1:30 – Yoga with Reena	4 2:00 – French class	5 2:00 – Dancing with Parkinson's	6 1:30 – Yoga with Reena 2:00 – Euchre	7 2:45 – Strength Training with Andrew	8
9	10 1:30 – Yoga with Reena 6:30 – Finance Series, p. 2	11 2:00 – French class	12 2:00 – Dancing with Parkinson's	13 1:30 – Yoga with Reena 2:00 – Euchre	14 2:45 – Strength Training with Andrew	15
16	17 1:30 – Yoga with Reena	18 2:00 – French class	19 2:00 – Dancing with Parkinson's	20 1:30 – Yoga with Reena 2:00 – Euchre	21 2:45 – Strength Training with Andrew	22
23	24 1:30 – Yoga with Reena	25 2:00 – French class	26 2:00 – Dancing with Parkinson's	27 1:30 – Yoga with Reena 2:00 – Euchre	28 2:45 – Strength Training with Andrew	29
30	31 1:30 – Yoga with Reena	<p>The YSSC Euchre Group is meeting and playing on-line regularly. We are using an app called Euchre 3D which is available on PCs, Macs, tablets and smart phones. If there are other members who wish to join in, they should contact me for details and for an invite to our user group on facebook: "YSSC Euchre." - Brad Terry, Coordinator, 707 321-2341 (voice or text) bradxt78@gmail.com</p>				



Links for joining classes.....

Monday Yoga: <https://us02web.zoom.us/j/82122840575> Thursday Yoga: <https://us02web.zoom.us/j/85433462585>
 Great Novels and Poetry: <https://us02web.zoom.us/j/82373064361>
 Dancing with Parkinson's: <https://us02web.zoom.us/j/86545072001?pwd=UUo1QIRBaEZPbU6a01UYWhrWE0yQT09>
 Strength Training: <https://us02web.zoom.us/j/89130965196>



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14-1448

BIRTHDAYS



Birthdays:

07/00 Andy Holyoke
 07/01 Alan Raney
 07/02 Thomas Macaulay
 07/04 Jane Boucher
 07/05* Mary Bushrui
 07/05 Susan Freeman
 07/05 Jan Holbrook
 07/06 Linda Reeves
 07/06 Patricia A. Wright
 07/06 Selwa Whitesell
 07/07 Anne Randolph
 07/08 Richard Bullock
 07/08 Helen Filler
 07/08* Martie Jensen
 07/08 Mitzie Miller
 07/10* Lenore Doctor
 07/10* Maria Donat
 07/12* Robert Darrow
 07/14* Dorothy Drake
 07/14 Sonia Kiser
 07/14 Marcia Sutherland
 07/15* Donna Denman
 07/17* George Coder
 07/18 Pat Robinow
 07/19* Wilbur Brown
 07/19 Margaret Veenstra
 07/21* Joyce Robinson
 07/22 Karen Rasey
 07/24 Heidi Eastman
 07/25* Joan Champie
 07/25 Deborah Dillon-Bloch
 07/26* Polly Miller
 07/26 Ardis Macaulay
 07/26 Lidia Stone
 07/27* Harriet Blackman
 07/29 Denise Robinow
 07/30 James Tetz
 07/31 Kathy Carr

* Indicates those known to be 80 or over.

We apologize to anyone who may have been left off the Birthday List by mistake.

We only include current members who have shared their birth date.

Happy Birthday



August Birthdays:

08/01 John Atkins
 08/01 Phyllis J. Davis
 08/02 Susan Bothwell
 08/04* Geneva Brisbane
 08/04 Joseph Dowdell
 08/04 Niki Foor
 08/05 Elaine Szulewski
 08/06* Ted Barker
 08/06 Patricia Dewees
 08/07 Brian Gaughan
 08/08 Dan Carrigan
 08/08 Doug Klappich
 08/10* Perry M. Stewart
 08/10 Chris Zurbuchen
 08/14 Judy James
 08/15 Dorothy Smith
 08/16 Nancy Hirsch
 08/16 Heather Neill
 08/19 Joy Fishbain
 08/21 Toni Dosik
 08/21 Pete Wehner
 08/23 Joan Chappelle
 08/23 Allan Ryder
 08/23 Louis Sims
 08/24* Ned Oldham
 08/24* Sue Parker
 08/24 David Anderson
 08/24 Gyamfi Gyamerah
 08/24 Marianna Stewart
 08/25 Tom Malcolm
 08/26* Maria Varandani
 08/27 Larry Gerthoffer Jr.
 08/27 Peggy Shank
 08/29 Joe Ayres
 08/30 Isidro Fernandez, Jr.
 08/30* Bob Fogarty
 08/30 Moya Shea
 08/30 Sheila Drennen
 08/31* Michael Kraus
 08/31 Stephanie Robinson

Note: the Senior Center does NOT sell or share your personal information, nor do we keep credit card information or numbers on file.

Greeting to all our friends and neighbors,

Although our doors remain closed and your presence at YSSC is missed so very much, the Center continues to serve older adults of the Village. Senior Services is a phone call away for your Medicare needs, medical equipment and other services.

After closing the Homemaker Program service due to Covid-19 we are finally adding new members to our staff and beginning to serve clients once again! You and your well-being is of the utmost importance and we are working to safely and responsibly meet your needs.

While the world is cautiously re-emerging our arms are open wide and our spirits are high.



Please give me a call,

**Teresa Bondurant,
Homemaker Program &
Senior Support Services
Manager**

937-767-5751 x 107;

tbondurant@yssseniors.org



The Senior Center will be **CLOSED** on **Friday, July 3** in observance of the **4th of July Holiday**.

Senior Center 937-767-5751



227 Xenia Avenue
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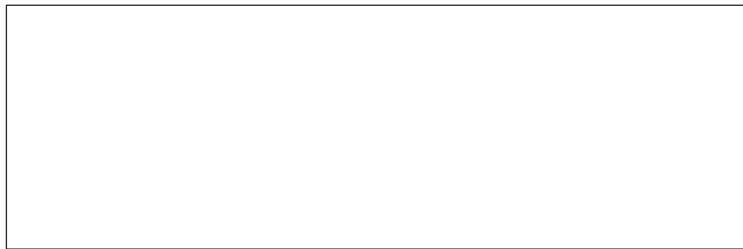
Senior Notes

July - August 2020

All classes & events are **via internet** at
time of print deadline.



CURRENT RESIDENT, OR:



**BLACK
LIVES
MATTER**

“I must remind you that starving a child is violence. Neglecting school children is violence. Punishing a mother and her family is violence. Discrimination against a working man is violence. Ghetto housing is violence. Ignoring medical need is violence. Contempt for poverty is violence.” - **Coretta Scott King** (photo at right as a student at Antioch College, Yellow Springs Ohio).



“A government which has power to tax a man in peace, draft him in war, should have power to defend his life in the hour of peril. A government which can protect and defend its citizens from wrong and outrage and does not, is vicious. A government which would do it and cannot is weak; and where human life is insecure through either weakness or viciousness in the administration of law, there must be a lack of justice, and where this is wanting, nothing can make up the deficiency.”

- **Frances Ellen Watkins Harper** of the National Council of Women, 1891.

This happy photo at right shows just a few of the 18 members of the **YSSC French language class**, continuing online with Zoom during the quarantine:

“Voilà! We had such fun for this photo! Susan is not smoking - she thought it was needed for effect! She could be expounding on the influence of Kant & Nietzsche on Jean Paul Sartre!”

- **Lynda Hicks, Instructor**, top left photo in maroon hat.
If you are interested in learning more about the French language class, please contact the instructor at lyndalh7@gmail.com, and in the subject line please put **French Class**.

