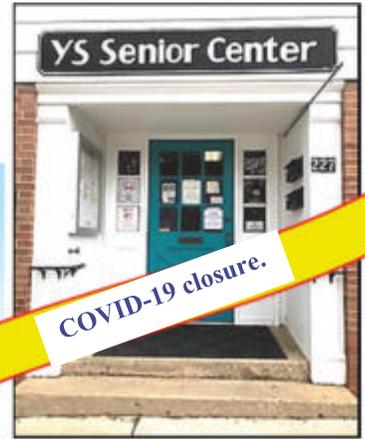




Senior Notes

MAY - JUNE 2020

Abridged Edition



A bimonthly publication for members of the Yellow Springs Senior Center. The volunteer services and financial contributions by members are vital to the operation of the Senior Center.



227 Xenia Avenue
Yellow Springs
OH 45387
937-767-5751

web site: ysseniors.org

PLEASE NOTE: During the COVID-19 pandemic, like many organizations state and worldwide, we are continuing to follow the rapidly changing guidance from the CDC and local and state governments' advice to arrive at the most appropriate decisions that prioritize safety and wellbeing for the entire community. Operations will look different this year, and we will share updates as often as we can. Please stay well.



Like a caterpillar we rest in our own private space "sheltering in," growing, changing until the appointed time when we are released, a beautiful butterfly. After Covid-19, you, our village, and our country will emerge free to fly, free to be...

Please let me know if we can be of assistance.

Teresa Bondurant,
937-767-5751 x 107;
tbondurant@ysseniors.org

Hello Everyone,

As we all do our part to lessen the spread of Covid-19, we are finding new ways to function and go about our daily lives. Please remember that we are still here at the Senior Center to assist you. Many of the questions you may have, regarding Medicare, Medicaid, Food & Housing assistance, can be answered over the phone, or through email.

Please feel free to contact me if you have needs in those areas. Stay well! Val

Valerie French, 937-767-5751 x 106; vfrench@ysseniors.org



Dear Members of the Senior Center,

These are truly unprecedented times. As I write this message I was hoping we would have more clarity about what we can expect in the future, but that is not the case. I applaud everyone's effort in following the stay-at-home order, even though I miss the laughter and chatter at the Senior Center. As Ohioans I believe we have done very nicely in flattening the curve.

In the past few weeks the staff of the Senior Center has diligently worked at adapting to this ever-changing landscape. As I write this, we are looking at Zoom (video conferencing) activities for our members so that you can still stay in touch with each other and get that much-needed social interaction. Also, a YouTube channel was established for the Senior Center. We will post informational videos by some of our local activity leaders.

Also, if we have an email address for you, you should have received an email welcoming you to Constant Contact. Through emails we will be able to invite you to Zoom activities, tell you about what was recently posted to our YouTube channel, or give you important information that cannot wait.

We do acknowledge that for some of you, participating in activities this way will not be easy. One of the first video series we are doing is how to set up your devices to get Zoom activities and watch videos. We also acknowledge that some of you do not have devices that make this possible. To that end we are pursuing a grant to get "loaner" devices in your hands.

In one of the first Constant Contact emails you received you found a quick survey about your needs. It could be a device you need or even internet access. I hope you told us of your needs.

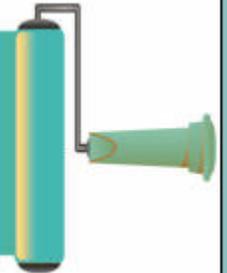
One thing I think we all know for certain is that it appears that a vaccine for COVID-19 is a long way off (12-18 months). As one of the identified vulnerable groups, those over 65, we know that until such time as a vaccine is produced and readily available, our lives will look different.

Please know...your Senior Center is here for you. We look forward to seeing you, at a physical distance, when we can, or seeing your face on a Zoom meeting/activity in the near future. You can always call us just to chat and catch up.

- Karen Wolford, Executive Director



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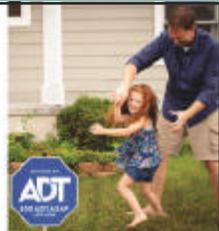
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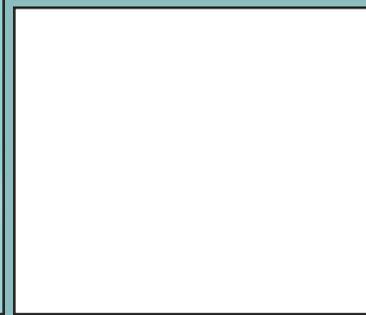
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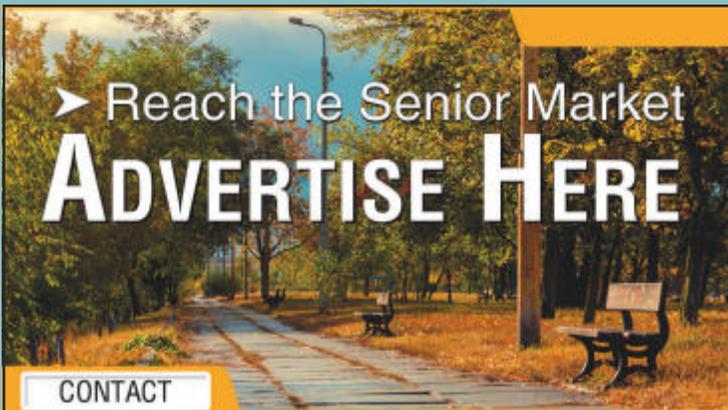
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◀ **Joan Lunden**, journalist, best-selling author, former host of *Good Morning America* and senior living advocate.



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227 Xenia Avenue
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937-767-5751

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Robin with a mouthful of nest building materials

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Senior Notes

May - June 2020

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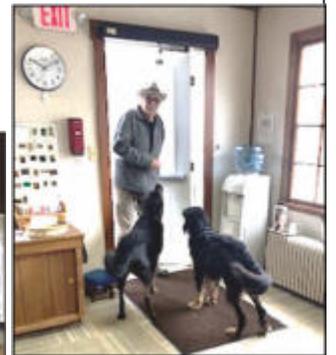


The Senior Center is continuing to serve the YS community while the doors are temporarily closed due to **Covid-19**. Staff temperatures are taken before coming to work. Meetings are held with a wide distance between staff members. **Grocery delivery volunteers** meet & greet at a distance before filling food orders for villagers at Tom’s Market. There are sometimes welcome 4-legged “staffers.” There have been many delicious donations for the staff from members of the board of trustees, plus flowers and donations from thankful community members. Thank you to all!



“...we are saying thank you and waving, dark though it is.” W.S. Merwin
It is difficult to convey a smile to passers-by while wearing a mask! I find myself waving more, trusting such an act might punctuate the now-hidden arched eyebrows, cheek bones, subtle smile and pinched dimples that typically say how glad I am to see you. The wave works from the car as well – whether at stop signs or along our travels. Whether to passing motorists or ambling pedestrians on the sidewalks. Linguistics refers to such behavior as ‘phatic’ communication, i.e., a pleasantry of no particular value other than to say “I am in the world, and I see you.” It will do until we can remove our masks and say, “Hi, how ya’ doin’,” or talk about the weather, or the state of the affairs of the world.

**Robert Libecap, 937-767-5751 x 104,
rlibecap@ysseniors.org**



Cheerful hand-made masks from local volunteers & the YS Community Foundation! THANKS!



Salt Fork Pies & Bellisari eggs!

